

Coalition to End TB in Los Angeles County





#### **Meeting Overview**

Agenda		
Time	Content	Lead
1:00pm – 1:10pm	Welcome & Introductions	Erika Gist-Siever, M.P.H., C.H.E.S., LA County Dept. of Public Health
1:10pm – 1:20pm	<b>TB Story:</b> Perfect Storm: Stopping the Dual Epidemic of Diabetes-Tuberculosis	Video
1:20pm – 1:30pm	TB & Diabetes Presentation	Claire Torres, M.P.H., C.H.E.S. LA County Dept. of Public Health
1:30pm – 1:40pm	Coalition Member Organization Highlight: Accesa Labs	Matt Williamson Accesa Labs
1:40pm – 2:00pm	Socks, Soap and Hope	Joseph Rivas & Stephany Campos Homeless Health Care Los Angeles
2:00pm – 2:10pm	Network Opportunity & Break	All
2:10pm – 2:40pm	World TB Day 2018 Planning Committee Update and Activity	Claire Torres, M.P.H., C.H.E.S. & Erika Gist-Siever, M.P.H., C.H.E.S.
2:40pm – 3:00pm	Announcements	All
3:00pm	Adjourn	All



#### **TB Story**

### Perfect Storm: Stopping the Dual Epidemic of Diabetes - Tuberculosis



## **TB and Diabetes**



#### **Tuberculosis and diabetes**







#### What is diabetes?

- A chronic disease that affects how the body turns food into energy
  - The food we eat is broken down into sugar (glucose) and released into the bloodstream
  - Pancreas makes the hormone insulin which allows the body to use the blood sugar as energy
  - With diabetes, the body either doesn't make enough insulin or can't use the insulin it makes as well as it should



#### Linkages between diabetes and TB

- Diabetes weakens the immune system putting these individuals at a higher risk of progressing from TB infection to TB disease
- Diabetes triples a person's risk of developing TB
- About 15% of TB cases globally are linked to diabetes
- TB can temporarily cause impaired glucose tolerance which is a factor for developing diabetes
- Likelihood of a person with TB dying or relapsing is significantly higher if the person also has diabetes
- TB medications may interfere with the treatment of diabetes and vice versa
- All people with TB should be screened for diabetes



#### Number of TB Cases and Rates: LA County 2000-2016





#### Key Comorbidities among Adult TB Cases: LA County 2012-2016





#### **Key Actions**

- Early detection can help improve care and treatment outcomes
- WHO –recommended treatments should be implemented for people with TB/diabetes
- It is important that proper care for diabetes is provided to minimize the risk of TB
- Diabetes prevention on population level also helps prevent TB
- All people with TB should be screened for diabetes. Systematic screening for TB in people with diabetes should be considered in settings with high TB prevalence.



# Member Highlight: Accesa Labs







### BREAK



# World TB Day Planning Committee



#### World TB Day Planning Committee

- Suggested activities:
  - Community Health Fair / Resource Fair (3/24)
    - Community engagement through a health fair to provide resources and information
  - Walk with a Doc (3/24)
    - TB Doctors lead a 1 mile walk with members of the community and give basic TB information as well as answer any questions.
    - Walk can either be around the resource fair or the doctors/community members can walk to the fair.
  - Art Expo / Exhibit / Contest (3/24)
    - Raising awareness of TB through art (e.g. painting, drawing, photo, etc.)
  - Provider Presentations (3/19 3/23)
    - To help increase awareness around TB and how to effectively prevent TB disease; providers will be encouraged to educate their patients and community as well



#### World TB Day Planning Committee

- Suggested activities:
  - Celebrity Athlete (3/24)
    - Recruit an athlete to assist with the promotion of TB elimination through education
  - Increase Member Representation within Coalition
    - Increase representation of the high-risk populations within the coalition and to assist with World TB Day plans
  - Social Media
    - Build online presence through the use of social media pages (for both the coalition and World TB Day)



### Announcements



## Adjourn

THANK YOU!