



# Updates for SAPC Prevention Providers

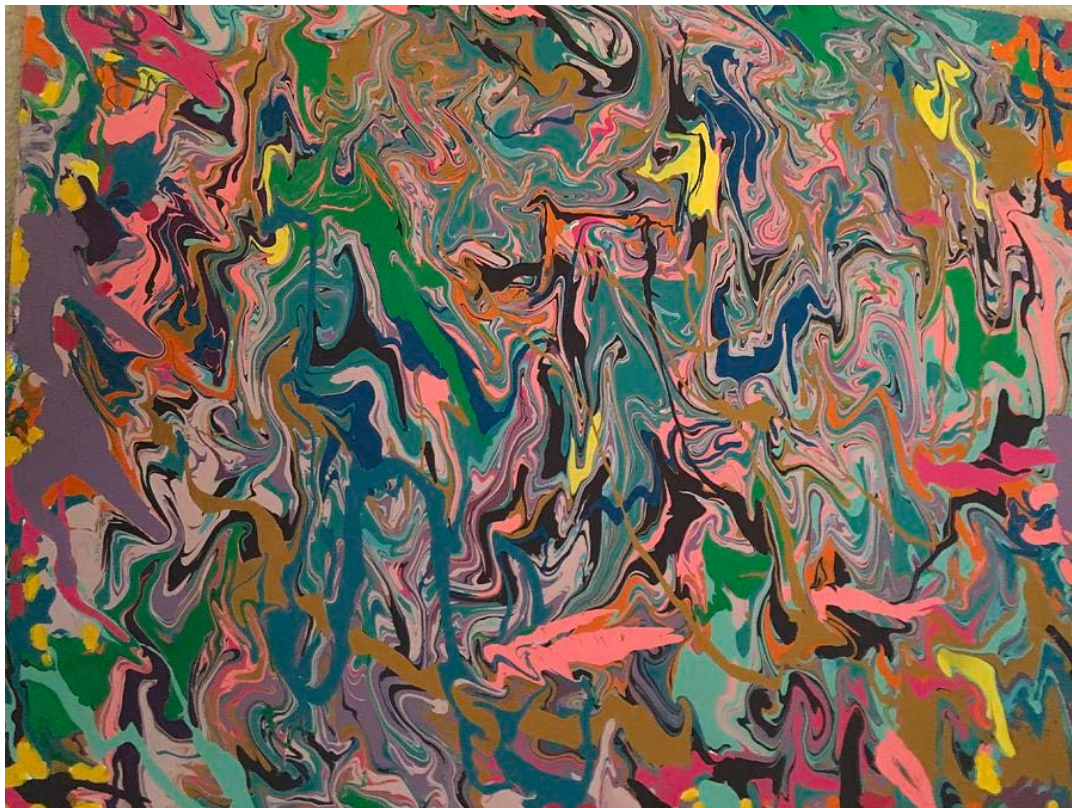
June 25, 2020



Los Angeles Department of Public Health  
Substance Abuse Prevention and Control

# Outline

- **Welcome**
- **Updates**
  - COVID-19
  - Admin





# Welcome

- **Unprecedented challenges**
  - COVID-19
  - Budget challenges
  - Societal unrest due to police brutality and the George Floyd case
- **The importance of gratitude**
  - Jobs
  - Colleagues
  - Doing something we believe in and care about



# COVID-19 Impact on Drug Supply Chain



**Drug Supply Chain = Drug Production → Drug Trafficking → Drug Consumption**

**Short-term predictions:** Drug market disruptions may lead to an increase in harmful drug practices, increase in novel strategies by drug traffickers, and increased access to and popularity of darknet.

May temporarily reduce drug use among general population with recreational drugs but may increase among vulnerable populations who are at risk for SUD.

**Medium-term predictions:** **Increases in drug production and trafficking.** Increased use and illicit activity by vulnerable populations who are most impacted by the economic downturn. Economic crisis may limit government capacity to run counter-narcotic programs, treatment, and prevention programs.

**Long-term predictions:** While unclear, disruption of drug markets may be temporary or lead to lasting drastic changes in drug supply chains.

**Lasting economic consequences may reduce drug-related budgets, and lead to increased poverty** and decreased economic opportunities for already vulnerable populations (similar to 2008 global financial crisis).

**Shift towards cheaper drugs, injecting drugs, and poorer health consequences as a result of increased drug use and unsafe drug use practices.**

# Admin Updates

- Prevention Contract Extensions FY2020-2021
- Work Plans FY2020-2021
- Temporary SAPC Staffing Changes
- FY2018-2019 Year-End Report

Questions?





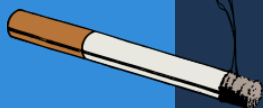


# SPA 1

VIRTUAL EVENTS  
Facebook, Twitter,  
Instagram



INLIBREATED



# SUD Prevention SPA 1

Presented by Tarzana Treatment  
Centers, Inc. and Pueblo y Salud SPA

1



This Photo by Unknown Author  
is licensed under CC BY

This Photo by Unknown Author is licensed under CC BY-NC

This Photo by Unknown  
Author is licensed under CC  
BY-NC

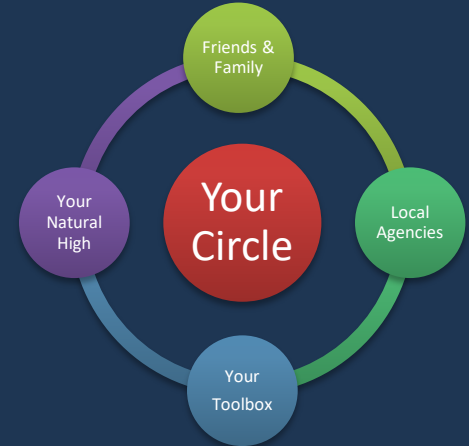
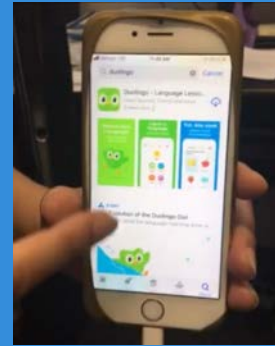




# Preventing Prescription drug and Rx Opioid Misuse / Preventing Illicit Use and Youth Marijuana Use

**NPW**  
national prevention week  
May 10-16, 2020

## Healthy Alternatives:



- ☐ Origami
- ☐ Duolingo
- ☐ Refashioning Clothes



This Photo by Unknown Author is  
licensed under CC BY-ND 4.0

# Preventing Youth Tobacco Use

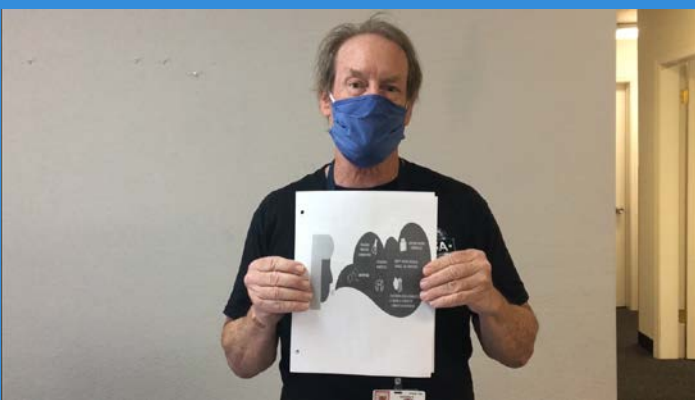
## E-cigarettes and Vaping

**WHY IS AIR IMPORTANT? WHAT IS AEROSOL?**

**APPROXIMATELY 2700 EVALI CASES IN 2019**

So here are some things that are not air.

Cigarette smoke and the vaping aerosol, the “smoke” in vaping/e-cigs.





## Pomegranate Lemon

### Mocktail:

All you need is:

1 Cup pineapple juice

1 Cup lemonade

¼ Cup pomegranate juice

1 Tbsp agave syrup (optional)

1 Lemon wedge to decorate the glass

# MOCKTAILS & SELF-CALMING TOOLKIT

- Tuesday, May 12: Preventing Underage Drinking and Alcohol Misuse- Desirae went over facts and statistics for underage drinking and showed us how to make a delicious Pomegranate Lemon Mocktail to enjoy on nice Spring day!
- Friday, May 15: Preventing Suicide- Desirae showed us how to cope with everyday stressors by going over how to make a calming bottle. And gave information on how to reach a Crisis Counselor on the Crisis Text Line and information for the National Suicide Prevention Lifeline.

**NPW**  
national prevention week  
**May 10-16, 2020**

Preventing Underage  
Drinking and Alcohol  
Misuse/Preventing Suicide

## Calming bottle:

All you need is a clear bottle or jar with a lid, it can be glass or plastic.

Water

Glitter

Sequins

Beads

Or anything else you may want to throw in there

Gorilla glue is optional



# BLOOPERS !



**RADIO OLLIN KROJ 101.5 FM**  
PRESENTS  
**PLATICANDO Y MEJORANDO**  
EVERY MONDAY-FRIDAY  
FROM 6AM-10AM & 11AM-2PM  
LISTEN AT KROJ 101.5 FM  
OR WWW.PYS.ORG

pueblo y salud, Inc  
www.pys.org  
Contact Us at  
radioollin.com

Facebook: @puebloysalud

pueblo y salud, Inc Antelope Valley  
y is •  
• (told) times. Let us hear from to help the people we love know the  
I joins #PysPlaticando #LACP #NHW2020

KNOW THE SIGNS

Healthy People 2030  
Healthy People 2030  
Healthy People 2030  
Healthy People 2030

pueblo y salud, Inc  
PRESENTS  
**National Prevention Week on  
Facebook Live!**

**TUESDAY, MAY 12, 2020**  
• Building an Equitable Community • (21:00pm)  
• Understanding the Community • (2:00pm)

**WEDNESDAY, MAY 13, 2020**  
• Healthy Living y Vida saludable (Spanish) • (11:00am)

**THURSDAY, MAY 14, 2020**  
• Playful Tobacco • COVID-19: Why It Matters • (11am)



**Building an Equitable Community**  
A Virtual Town Hall for Palmdale

Presented by the Palmdale County Department of Public Health



**WeedIn! Out the Truth**

How much do you know about Marijuana?

**TAKE THE QUIZ!**



RADIO OLLIN KROJ 101.5 FM

PRESENTS

**PLATICANDO Y MEJORANDO**

EVERY MONDAY- FRIDAY  
FROM 6AM- 10AM & 11AM-2PM



Pueblo y Salud, Inc  
[www.pys.org](http://www.pys.org)



LISTEN AT KROJ 101.5 FM  
OR [WWW.PYS.ORG](http://WWW.PYS.ORG)



Contact us at  
[pym@radioollin.com](mailto:pym@radioollin.com)

  @PuebloySalud





**Pueblo y Salud, Inc  
Presents...**

## **National Prevention Week on Facebook Live!**

**TUESDAY, MAY 12, 2020**

**Building an Equitable Community @ 12:15pm**

**Underage Drinking (English & Spanish) @ 3pm**

**WEDNESDAY, MAY 13, 2020**

**Healthy Lungs y Vidas Saludables (Spanish) @ 11am**

**THURSDAY, MAY 14, 2020**

**Flavored Tobacco & COVID-19: Why It  
Matters @ 11am**

**FRIDAY, MAY 15, 2020**

**Getting the 411 on MAT (Spanish) @ 11am**

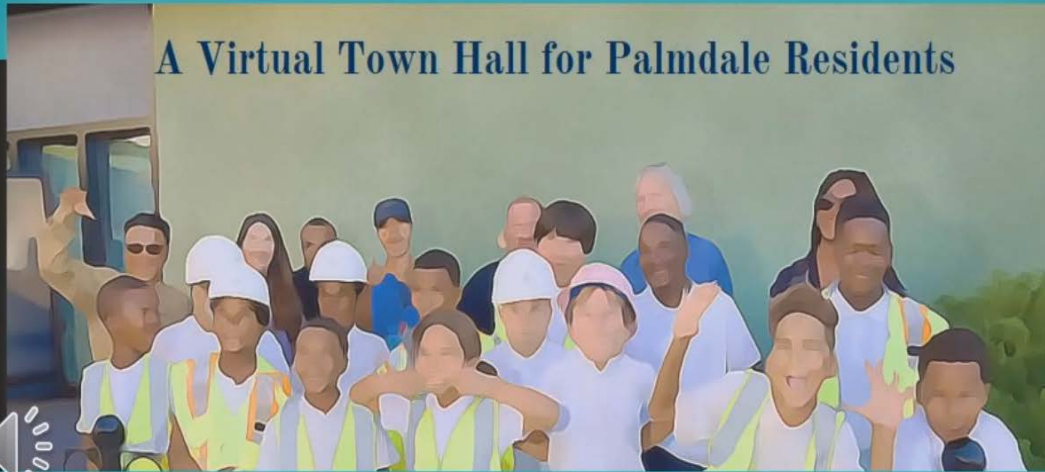
**Know the 5 Signs (Suicide Prevention) @ 1:30pm**



**PUEBLO Y SALUD, INC.**  
**WWW.PYS.ORG**

# Building an Equitable Community

## A Virtual Town Hall for Palmdale Residents



This project funded in part by the Los Angeles County Department of Public Health Substance Abuse Prevention and Control



Pueblo Y Salud Inc. Antelope Valley

May 15 · 🌐

These are tough times. Let us learn how to help the people we love. Know the 5 signs of emotional pain. #PySPalmdale #LACPP #NPW2020





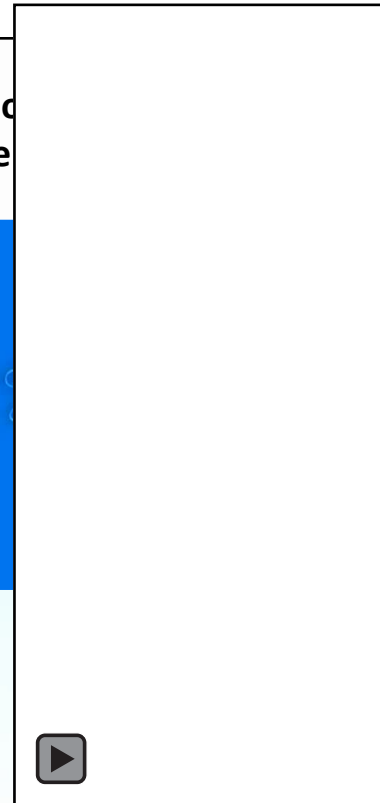
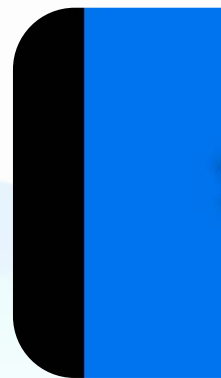
PYS w



ate with Emmy Award winning Chicano  
os. Their influence continued to inspire



les on







We are excited to announce that Pueblo y Salud, Inc. received a grant from **Walmart** giving! We look forward to building an equitable community and improving the lives of our neighbors. #BetterTogether #WalmartGiving #PYSPalmdale #EnvironmentalPrevention

## Weedin' Out the Truth



How much do you know about Marijuana?

TAKE THE QUIZ!



Correct!

True or false: now that marijuana is legalized, I can smoke in public places like the Park

YOUR ANSWER: False

EXPLANATION: It is illegal to consume, smoke, eat or vape cannabis in public. It is illegal to open a package containing cannabis or any cannabis products in public. This includes but is not limited to parks and sidewalks, business and residential areas.

Next



Incorrect!

True or False: I can smoke Marijuana in my car as long as I'm not driving .

YOUR ANSWER: True

CORRECT ANSWER: False

EXPLANATION: Consumption in a motor vehicle is not allowed, neither while driving nor while riding as a passenger. Additionally, one cannot consume cannabis nor have an open container of weed while driving or riding as a passenger in a boat or airplane, all of which come with a \$250 fine. Riding a bicycle under the influence of cannabis is also illegal.

Next



# YOUTH SURVEY

Name: First 3 letters of Last Name \_\_\_\_\_ Last 3 letters of First name \_\_\_\_\_

Date \_\_\_\_\_

Address \_\_\_\_\_

Phone number \_\_\_\_\_ Text Yes \_\_\_ No \_\_\_ email address \_\_\_\_\_

Years living at current address \_\_\_\_\_ Your Age 12-14 \_\_\_ 15-18 \_\_\_ 19-24 \_\_\_

## 1. How would you describe your neighborhood?

Is it safe? yes \_\_\_ no \_\_\_ Are your neighbors friendly? yes \_\_\_ no \_\_\_ Do you feel safe walking alone at night? yes \_\_\_ no \_\_\_  
Is it a good neighborhood for your younger siblings to grow up in? yes \_\_\_ no \_\_\_ Do you see yourself living here 5 years? yes \_\_\_ no \_\_\_ Why?

2. Do you know what alcopops are? yes \_\_\_ no \_\_\_

3. Have you ever drank alcopops? yes \_\_\_ no \_\_\_

4. If yes, how did you get the alcopops? purchased \_\_\_ stolen \_\_\_ shoulder tap \_\_\_ other \_\_\_\_\_

5. Do you know what e-cigarettes/vapes are? yes \_\_\_ no \_\_\_

6. Have you ever smoked e-cigarettes/vapes? Yes \_\_\_ no \_\_\_

7. If yes, how did you get the e-cigarettes/vape? purchased \_\_\_ stolen \_\_\_ shoulder tap \_\_\_ other \_\_\_\_\_

8. Have you ever seen or experienced problems as a result of drinking alcopops and/or using e-cigarettes/vape? yes \_\_\_ no \_\_\_

9. If yes, what kind of problems? Please explain.

10. Where did these problems occur? Home \_\_\_ party \_\_\_ school \_\_\_ friend's house \_\_\_ other \_\_\_\_\_

11. From your perspective, what other alcohol, tobacco or other drug-related problems do you see in your community that you believe merit immediate and/or focused attention?

12. What would you like to see done about these problems?

The seal of the County of Los Angeles, California, featuring a central figure, a star, and the text "COUNTY OF LOS ANGELES" and "CALIFORNIA".

# SPA 2



## Weekly - Parent Sessions via ZOOM



3/30/20 - 4/5/20



5/10/20 - 5/16/20



4/20/20 - FaceBook LIVE session



5/19/20 - NBCLA I-Team news story; part 1



5/22/20 - NBCLA I-Team news story; part 2



6/16/20 - Parent Session via FaceBook LIVE with LAUSD Board District 3



San Fernando Valley Partnership, Inc. SPA 2 Coalition  
Communities In Action





# PARENT WORKSHOPS

*Safety Alliance Group*

Come and learn about current drug trends, effects to your life, family, and community. Certificates will be granted to those who attend the series.

**TIMES:**

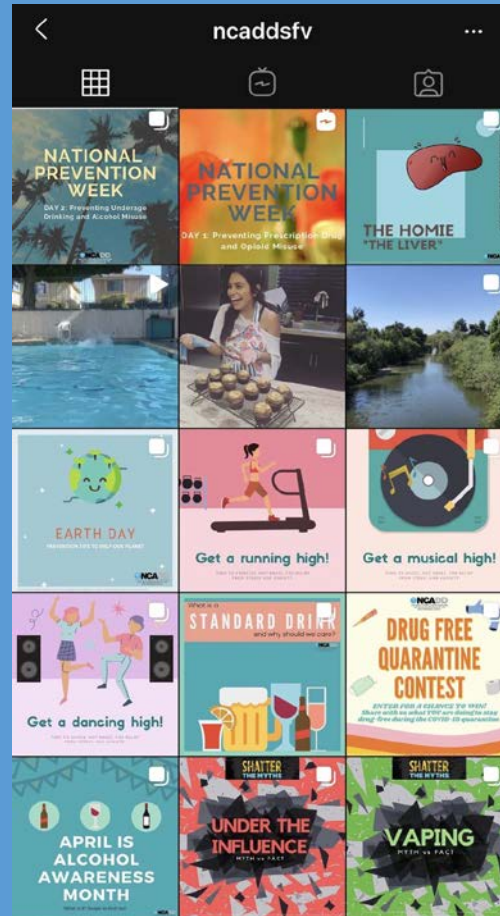
- Español - Lunes 5:30
- English - Wednesday 5:00

**LOCATION: Zoom**

**WEEK 1: ALCOHOL**  
**WEEK 2: MARIJUANA & LAW**  
**WEEK 3: VAPES**  
**WEEK 4: EDIBLES**  
**WEEK 5: OPIOIDS**  
**WEEK 6: FENTANYL**  
**WEEK 7: NALOXONE**

**NCADD**  
NATIONAL COUNCIL ON ALCOHOLISM  
AND DRUG DEPENDENCE  
SAN FERNANDO VALLEY

This material was made possible by funds from the Los Angeles County Department of Public Health, Substance Abuse Prevention and Control.



# I AM ABOVE

## COMMUNITY 5K RUN & RESOURCE FAIR

The event is **FREE** and open to all ages and genders. Register at [www.iamabove.racewire.com](http://www.iamabove.racewire.com) or scan the QR code to sign up.

**NCADD**  
NATIONAL COUNCIL ON ALCOHOLISM  
AND DRUG DEPENDENCE OF THE  
SAN FERNANDO VALLEY

**MAY 17, 2020 8:00AM TO 1:00PM**  
**WOODLEY PARK - SECTION 1**

A special thank you to our sponsors!

**OOFOS** **FLEET FEET** **tailwind**

This event was made possible by funds from the Los Angeles County Department of Public Health, Substance Abuse Prevention and Control.

<https://sites.google.com/view/iamaboveresources>

San Fernando Valley Communities In Action





Phoenix House CALIFORNIA

PHOENIX HOUSES OF CALIFORNIA PREVENTION TEAM PRESENTS

## VIRTUAL PARENT GROUPS

TOGETHER WE CAN MAKE A DIFFERENCE,  
LET'S PREPARE TO HELP OUR YOUTH

JOIN US- ENGLISH ON MAY 12, 19, & 26 TH FROM 3PM TO 4PM ON ZOOM	JOIN US- SPANISH ON MAY 12, 19, & 26 TH FROM 4PM TO 5PM ON ZOOM
MEETING ID: 980 5017 1246 PASSWORD: OPSA	MEETING ID: 980 5017 1246 PASSWORD: OPSA

<https://csun.zoom.us/j/acKhDbVODw>

### TIPS FOR REDUCING STRESS FROM COVID- 19

- Take breaks from watching, reading, or listening to news stories
- Take care of your body: take deep breaths, meditate, stretch, try to eat healthy
- Avoid alcohol and drugs
- Connect with others

-CDC

#YourMentalHealthMatters

Phoenix House

Phoenix House CALIFORNIA

## FREE TUTORING

*Need help with Math & English homework?  
Calm down, breathe, and relax, we can help.*

Zoom tutoring sessions are available just contact our Prevention Specialists to schedule a session.

Zoom

Phoenix House CALIFORNIA

## LET'S NOT GET HIGH THIS 04/20

We understand that you might feel triggered to smoke this upcoming Monday. Lets be real...  
**YOU AREN'T ALONE.**  
Give us a call this 04/20 & let's talk about it.

CALL (818) 686-3000 & DIAL 1 FROM 9:00 AM- 3:30 PM AND ASK TO BE TRANSFERRED TO EITHER CLAUDIA ROBLES OR STEVEN FLAMENCO.

PHOENIX HOUSE PRESENTS:

## IT'S NEVER TOO LATE.

PLEASE JOIN US AT OUR PARENT'S CONFERENCE. WE WILL BE DISCUSSING HOW TO EMPOWER PARENTS THIS DAY IN THE THEME: "IT'S NEVER TOO LATE." SIGNIFIES AS A PARENT IT'S NEVER TOO LATE TO MAKE AN IMPACT IN YOUR CHILD'S LIFE.

Phoenix House CALIFORNIA

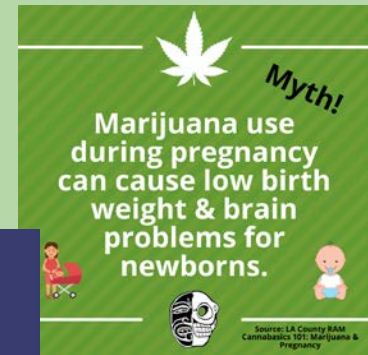
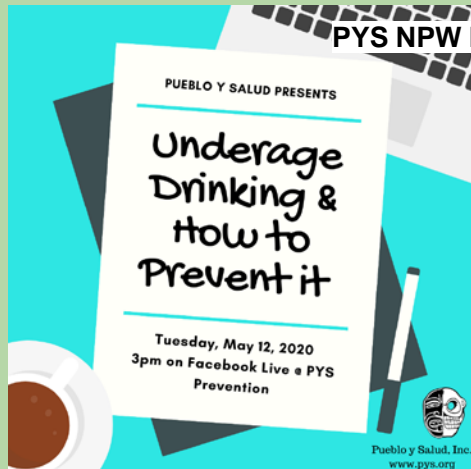
San Fernando Valley Partnership, Inc. SPA 2 Coalition  
**Communities In Action**

<https://forms.gle/Rc3m4BjGhfwcqmiNA>





PYS NPW Facebook Live!!!



PYS NPW & NDAFW Social Media Posts!

PYS Radio Show: Platicando y Mejorando!



LA DAPA Facebook Lives!!

Safe Disposal Site Video to Promote National Take Back Day!



San Francisco Valley Partnership, Inc. 2015-2016  
Communities In Action





## Los opioides

Médicamente, los opioides son analgésicos recetados para el alivio y manejo del dolor crónico o para dolor intenso y severo.

Algunos ejemplos de opioides son:



A three (3) week series, both English & Spanish, on Opioids, Fentanyl, and Naloxone (Partnered with NCADD)

## Naloxone – What is it?

- Prescription medicine
  - Reverses an opioid overdose.
- No effects on a person who has not used opioids.
- Very safe and easy to administer.
  - Can be used on children & pregnant women.
- Takes effect in 1-3 minutes.
- Lasts 30-90 minutes.
- Cannot be used to get high.



## SMART Goals

- Guide to help with goal setting
  - **S** – Specific
  - **M** – Measurable
  - **A** – Attainable
  - **R** – Realistic
  - **T** – Time-specific



“  
50x times more potent than heroin  
and 100x more potent than morphine.”

CENTERS FOR DISEASE CONTROL  
AND PREVENTION



As well as Goals Setting presentation for high school youth in treatment (to our right)





# SPA 3

**RETHINKING ALCOHOL  
& OTHER DRUGS - SPA 3**

**RAD**

Rethinking Alcohol and Other Drugs

[www.rad-sgv.org](http://www.rad-sgv.org)

@RADSGV



# VIRTUAL EDUCATION

- **Life Skills - Summer School**
  - **Pasadena - 30 students**
  - **Pomona- 35 students**
- **Project Alert - During School**
  - **Pasadena 350 students**

A yellow rectangular poster for the SKILLZ 2020 program. The title 'SKILLZ' is in large, bold, black letters, and '2020' is in large, bold, red letters. To the right of the title, the program dates 'June 1st - July 2nd' and time '9am-12:00pm' are listed. Below that, the program location 'Online' is specified. A horizontal line separates the title from the benefits: 'EARN 5 ELECTIVE CREDITS\* | ONLY 20 DAYS | NO SCHOOL FRIDAYS'. Another horizontal line separates the benefits from a paragraph describing the program environment. At the bottom, a small asterisked note states: '\*Will only be applied to Middle School Credit'.

# VIRTUAL EDUCATION

## Marijuana Legalization 101

Thursday, May 21st, 2020 | 4pm. | Online

**REGISTER ONLINE:**  
**PASADENA.EVANCED.INFO/SIGNUP**



Curious about marijuana legalization? Join us for a brief history of marijuana and learn what legalization actually means. Explore how it impacts your local community and your body.

## VAPING 101 - WHAT ARE THE RISKS?

Thursday, May 28th, 2020 | 4pm. | Online

**REGISTER ONLINE:**  
**PASADENA.EVANCED.INFO/SIGNUP**



Explore myths and facts on vaping, see how companies target youth, and learn the real life risks associated with vaping.

## Opioid & Overdose Reversal 101

Wednesday, May 20th, 2020 | 1pm. | Online

**REGISTER ONLINE:**  
**[HTTPS://US02WEB.ZOOM.US/MEETING/REGISTER/  
TZIQDOYQPZKIG90D4JMB9\\_S677IDHA9ZF5HB](https://us02web.zoom.us/join/90258302000)**

AFTER REGISTERING, YOU WILL RECEIVE A CONFIRMATION EMAIL  
CONTAINING INFORMATION ABOUT JOINING THE MEETING.



This workshop will explore the Opioid Epidemic, highlighting what an overdose may look like and what can be done during an opioid overdose. Lastly, we will provide a short demonstration of what Naloxone nasal spray looks like and how it can be administered.



# YOUTH ENGAGEMENT



**Youth Advocate Hangouts**

Every Wednesday on Zoom @ 4pm

 swipe left to learn how to join >>



April 23 / 5:00-6:30 pm

 swipe left to learn more >>

**YOUTH CHECK IN**

## Feel Good FRIDAY

**WHAT:** A DAY TO HANG OUT. PLAY GAMES. CREATE TIKTOKS. COOK. CREATE ART. AND CHILL OUT.

**WHEN:** EVERY FRIDAY FROM 4PM- 5PM


**WHERE:** ZOOM. REGISTER NOW AT [bit.ly/np-fridays](https://bit.ly/np-fridays)

A PROGRAM OF HEALTHRIGHT 360  
This material was made possible by the County of Los Angeles' Department of Public Health, Substance Use Prevention and Control.



# YOUTH ENGAGEMENT





**SKETCHES AND MORE**

**AT HOME FOR TEENS**

**WEDNESDAY  
JUNE 24, 2020  
@ 4PM**


Relax and create some art in this virtual guided session for teens with staff from the Armory. In this session, we'll explore graffiti art & watercolor painting. Supplies available if needed.

Register online <http://pasadena.evanced.info/signup>

**ARMORY**   PASADENA PUBLIC LIBRARY

**VIRTUAL YA BOOK CLUB**

**MONDAY  
MAY 11, 2020  
@ 4PM**





Join us for a discussion of *The Hate U Give* by Angie Thomas.

**ONLINE MEETING**

For teens only. Register online <http://pasadena.evanced.info/signup>  
Reminder: you can borrow ebooks with your library card online for free!

[pasadenapubliclibrary.net](http://pasadenapubliclibrary.net)

 PASADENA PUBLIC LIBRARY COMMUNITY • Tradition • Innovation 

**WUDDUP 4-5pm**

**WEDNESDAYS**

- 5/6 The Comeback is Real**  
Substance Abuse, Entertainment, & You
- 5/13 Be a Better Boo**  
Healthy relationships
- 5/20 The Real Glow-up**  
Body image/ self-esteem
- 5/27 Chew on This!**  
Healthy eating
- 6/3 Pop Culture & Violence**  
Rape culture and the media
- 6/10 Marketing Schemes**  
Marketing of alcohol, tobacco, vapes/THC
- 6/17 College**  
Are you ready?
- 6/24 Digital Drama**  
Cyberbullying

Registration: [bit.ly/wuddup](http://bit.ly/wuddup)

# CARE PACKAGES



**58 delivered**



**20 delivered**

# WEEKLY ACTIVITY PACKS



**60+ delivered**



# FOOD & PREVENTION INFORMATION DISTRIBUTION

- Pasadena
- Pomona
- El Monte



# MEDIA CAMPAIGNS



ALCOHOL IS THE MOST COMMONLY USED AND ABUSED DRUG AMONG YOUTH IN THE UNITED STATES.



**INSPIRE ACTION  
CHANGE LIVES  
#NPW2020**



#NPW2020  
@LACountyPP

# 30 day immunity challenge

Sign up today! Challenge starts May 1st, 2020

[www.lacpp.org](http://www.lacpp.org)

#DODETOX

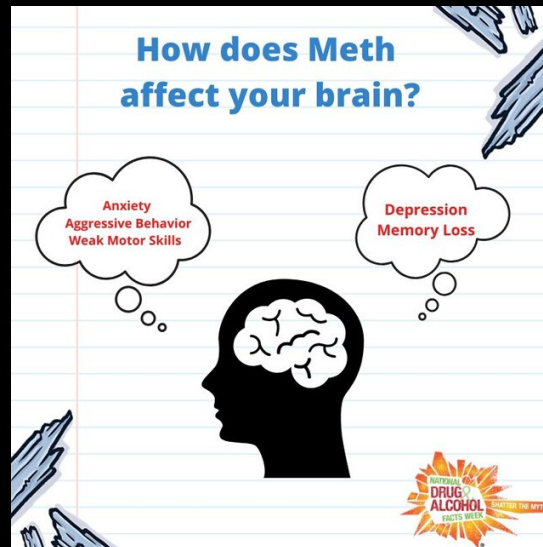
1. Follow **@LACountyPP** on Instagram, Facebook, or both :)
  2. Post a photo of yourself doing the daily challenge for the next 30 days. Tag **@LACountyPP** and **#DODetox** in your daily post.
  3. Earn a chance to win a pair of custom **Apple AirPods** donated by LACPP!
  5. feel better about yourself, and connect with a supportive community!
- Win Win Win!

Let's do this!

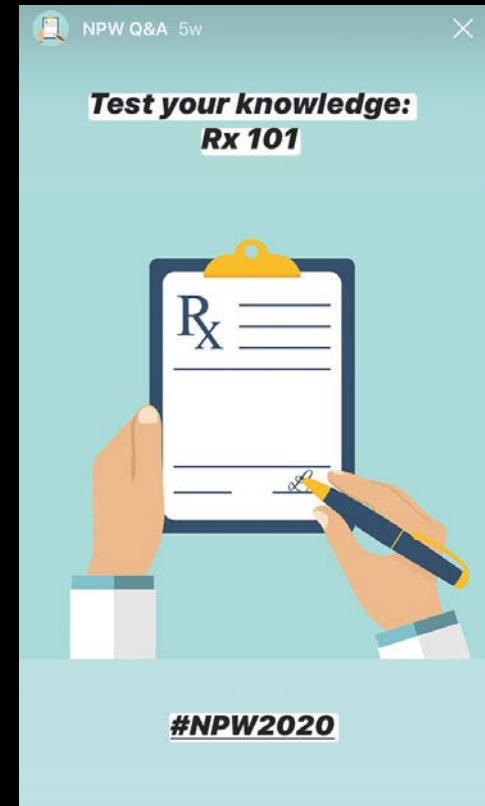
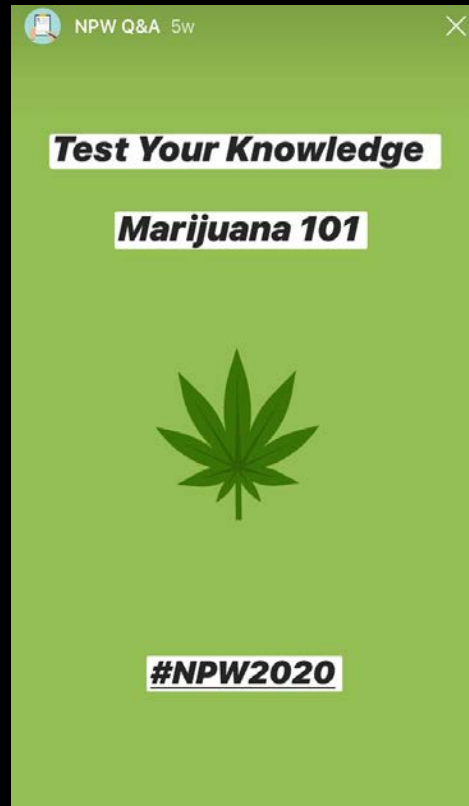
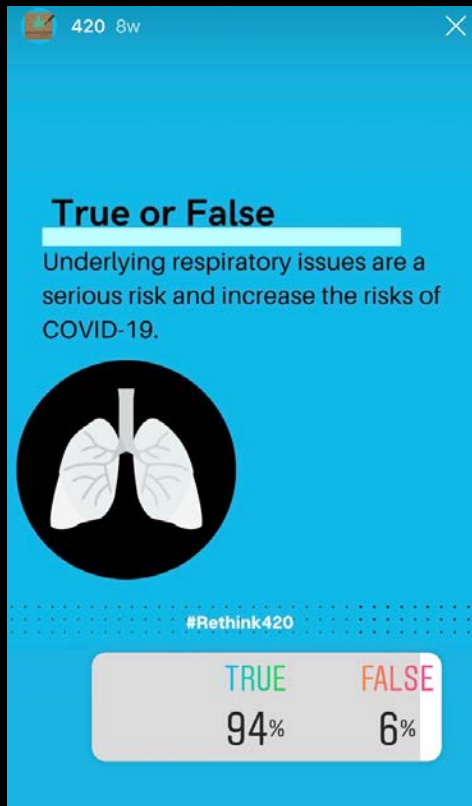
## \*800+ entries!



# MEDIA CAMPAIGNS



# SOCIAL MEDIA QUIZZES



# VIRTUAL EVENTS

## LEADERS IN THE COMMUNITY

A SPEAKER SERIES

Join us for interactive conversations with community leaders in Pomona. Each week, our speakers will highlight their personal stories and answer questions on how they achieved success and dealt with challenges in the process.

**PAOLA VEGA**  
CEO — Mi Cafecillo Coffee

**GEO ESPARZA**  
Owner — The Alley Gallery

**NORA GARCIA**  
Vice Mayor — City of Pomona

**VIRGINIA X**  
Drag Hostess — SoCal

**LISA DIAZ**  
Diabetes Program Manager — PHVMC

**MARISOL RAMIREZ**  
Esq./Associate Attorney — Sidley Austin LLP

do day one



April 29 / 4:30-5:30 pm

## COMMUNITY COVID-19 Q&A

do swipe left to learn more >>

## ALCOHOL AWARENESS MONTH

## Q&A SESSION

APRIL 29TH AT 10:30AM ON FACEBOOK LIVE

With Ricky Garcia, SUD Counselor at NCADD-ESGPV

Come and ask us anything about alcoholism, how you can support loved ones, or about resources for yourself or someone you know.

Send us your questions at:  
[@ncadd\\_esgpv](https://www.instagram.com/ncadd_esgpv) [f ncaddesgpv](https://www.facebook.com/ncaddesgpv)  
 And they will be answered anonymously.

**NCADD**  
NATIONAL COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE  
 10455 VAN CLOUD BLVD, SUITE 200, LOS ANGELES, CA 90024

This material was made possible by the County of Los Angeles, Department of Public Health, Substance Use Prevention and Control.

## Feeling Overwhelmed?

Join us with special guest Dr. Evelin Setaghatian as she guides us through grounding exercises to reduce anxiety. Invite friends!

Wednesday, 5/20 @ 2pm - IG Live!





## Cafecito para el Alma

Martes a las 10:00am  
 Enlace de ZOOM:  
[bit.ly/P3CAFEICITO](https://bit.ly/P3CAFEICITO)

2 de Junio| Autocuidados

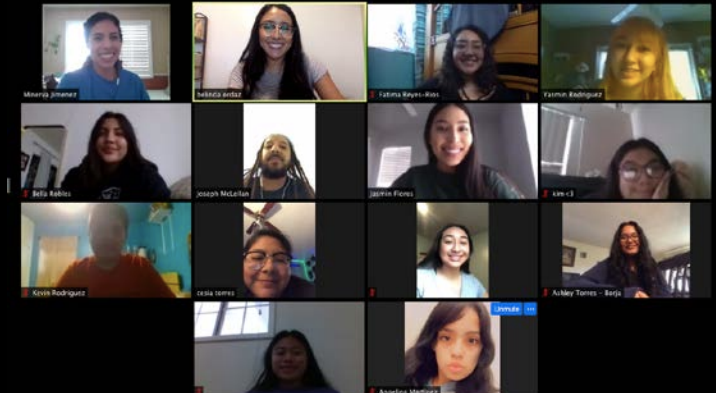
9 de Junio| Limites

16 de Junio| Marijuana

23 de Junio| Medicamentos Recetados









# SPA 4



## **Service Planning Area 4 Spring 2020 Highlights**



## CoPALM Organizations

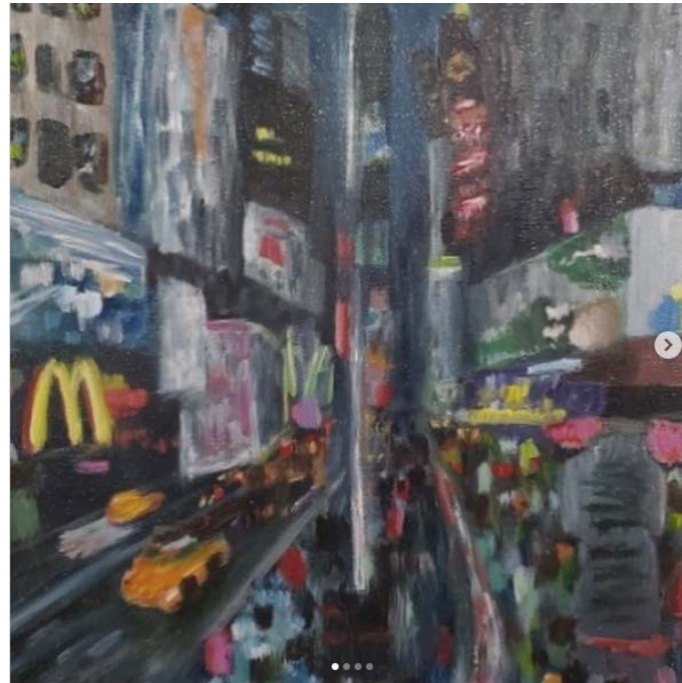
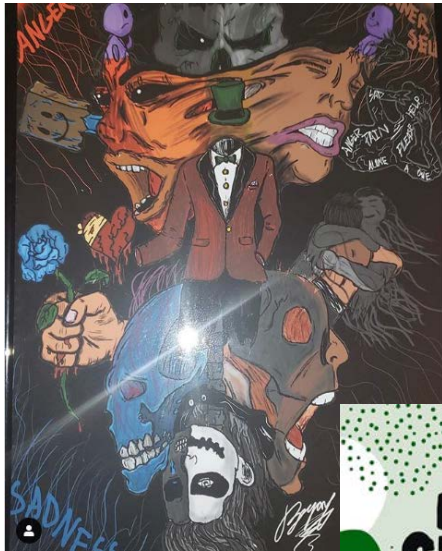
- Behavioral Health Services, Inc.
- Children's Hospital Los Angeles
- Institute for Public Strategies
- Jewish Family Service of Los Angeles
- Koreatown Youth and Community Center
- Los Angeles County Department of Public Health, SPA 4
- Social Model Recovery Systems

## Table Top Campaign



St. Patrick's Day (2020) - 4 businesses, 446 materials

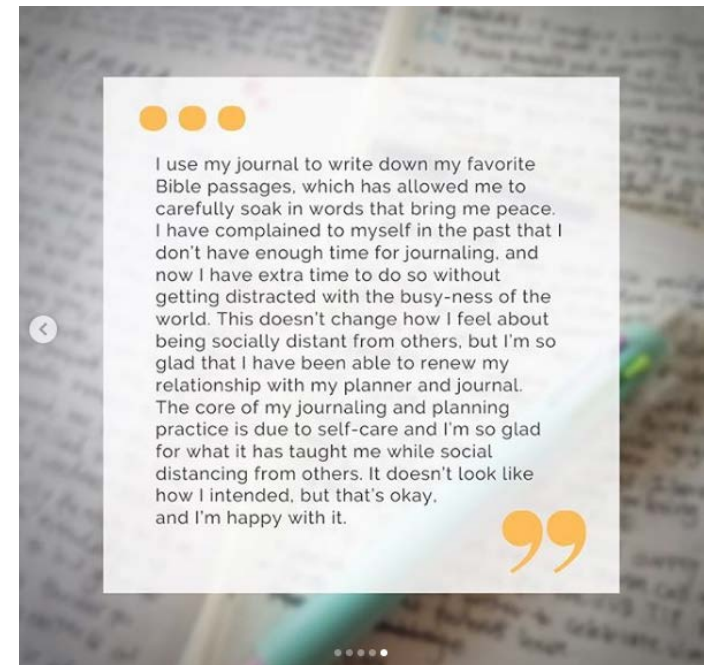
# 4th Annual Rise Up, Speak Out



March-April 2020

<https://www.instagram.com/p/B-QKljAA4nf/>

# Collectively Apart



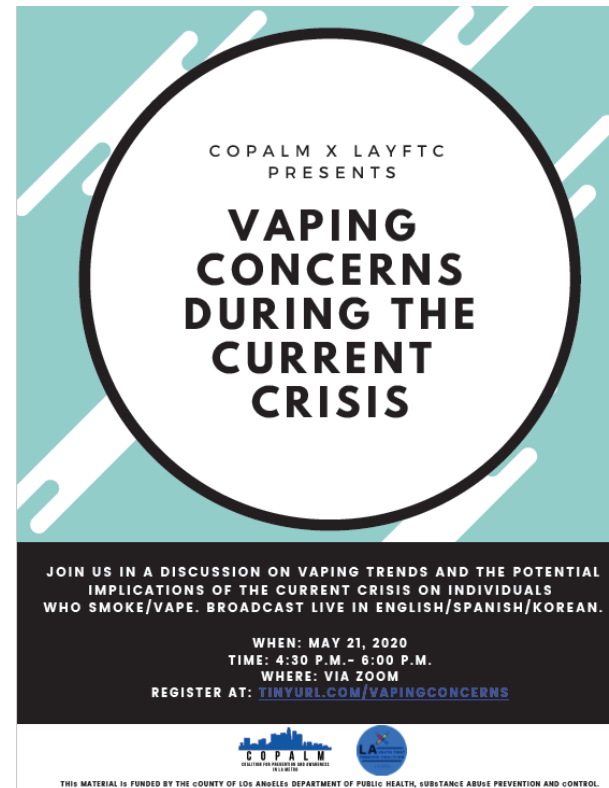


# CoPALM x LAYFTC Vaping Community Forum

## Speakers:

- LAYFTC
- CHLA
- American Academy of Pediatrics

86 attendees including youth and parents



# Material Development



## ABOUT US

The Coalition for Prevention and Awareness in LA Metro (CoPALM) is a coalition that was launched by a group of concerned community leaders and stakeholders, with the support of the Los Angeles County Department of Public Health, to address the impact of alcohol, marijuana, and other drugs on communities, and to devise strategies to protect youth from alcohol, marijuana, and other drug use.

CoPALM serves communities within the Los Angeles County Department of Public Health's Service Planning Area 4.

## RESOURCES

**Center for Disease Control and Prevention (CDC):** [www.cdc.gov](http://www.cdc.gov)

The CDC fights diseases that start at home or abroad, are chronic or acute, curable or preventable, human error or deliberate, and supports communities and citizens to do the same.

**State Cessation Hotline**  
1 (800) NO-BUTTS | [www.nobutts.org](http://www.nobutts.org)

The State Cessation Hotline will support you with free telephone counseling, in six languages and online support. If you are interested in quitting smoking and vaping.

**Los Angeles County Department of Public Health**  
[www.publichealth.lacounty.gov/kaps/public/vaping-faq.htm](http://www.publichealth.lacounty.gov/kaps/public/vaping-faq.htm)

Additional information about the harms related to e-cigarette and vaping related products.

## CONTACT COPALM

To learn more about e-cigarette and vaping prevention efforts in Los Angeles, please contact us at our email below:

[copalm@dmh.lacounty.gov](mailto:copalm@dmh.lacounty.gov)  
[www.copalmla.org](http://www.copalmla.org)



## Vaping and E-Cigarettes

**DEFINITIONS**

E-cigarettes are battery-powered devices that deliver a nicotine and flavor aerosol, often called "vape" or "e-smoke".

The liquid can contain nicotine, tetrahydrocannabinol (THC) and cannabidiol (CBD) oils, and other substances, flavorings, and additives.

E-cigarettes come in many shapes and sizes, and are known by different names including "e-cigs," "vapes," "vape pens," "mods," and "tank systems."

## HARMS

- E-cigarettes and vaping products may contain a defective battery that could cause explosions and fires which could result in harmful injury.
- As of December 10, 2019, a total of 2,400 hospitalized e-cigarette, or vaping product use associated lung injury (EVALI) patients have been reported to the Center for Disease Control (CDC) from all 50 U.S.A. states.

**STATE**

California Senate Bill 793 would prohibit flavored tobacco products, with the goal of restricting youth access to flavored e-cigarettes and other flavored products.


**FEDERAL**

The Center for Disease Control (CDC) is maintaining an outbreak webpage with key messages and weekly updates on case counts, deaths, and resources available to healthcare providers, health departments, and the public.

## CALL TO ACTION

Contact your elected officials to provide public comments and seek support for additional measures to protect youth from e-cigarettes and vaping related harms.

<https://www.usa.gov/elected-officials>



## THINK BEFORE YOU DRINK

**10,511**  
In 2018, there were 10,511 people killed in alcohol-impaired-driving crashes.

**\$132B**  
Drunk driving costs the United States \$132 billion dollars each year!

**30 people die in the United States everyday because of drunk driving crashes!**

## BLOOD ALCOHOL CONCENTRATIONS AND ITS EFFECTS

0.2	→ Feeling relaxed and slight body warmth, like the feeling after a warm shower
0.5	→ Failure of judgment, unable to focus and track moving objects
0.8	→ Total failure of judgment, inability to properly move, see, hear, or remember like a goldfish
1.0	→ Lagging thoughts and reaction and unable to stay on one lane
1.5	→ Extreme loss of attention, perception, visual and auditory functions, total loss of control of the vehicle!

## DRINKING AND DRIVING DON'T GO TOGETHER

## DRIVING RESPONSIBLY

- Get enough sleep before driving
- Plan ahead to avoid driving while under the influence of any substance
- Avoid mixing alcohol with marijuana
- Know the potential dangers of driving and using prescription medicine!

## DID YOU KNOW?

The U.S. Drug Enforcement Administration (DEA) hosts two national prescription and over-the-counter drugs take back-events each year in April and October to mitigate drug misuse and abuse.

For more information:  
[https://www.deadiversion.usdoj.gov/drug\\_disposal/takeback/](https://www.deadiversion.usdoj.gov/drug_disposal/takeback/)

## RESOURCES

If you or someone you know has a substance use disorder, call:

California Poison Control System is open 24/7 via phone:

**SUBSTANCE ABUSE SERVICE HELPLINE**  
24/7 **1.844.804.7500**

**fast, free, expert help**  
**CALIFORNIA POISON CONTROL**  
**1-800-222-1222**



CoPALM is funded by the County of Los Angeles Department of Public Health, Substance Abuse Prevention and Control.



# SPA 5

# SPA 5



INSTITUTE FOR  
PUBLIC  
STRATEGIES



CLARE | MATRIX



Conducted a virtual webinar in partnership with the Santa Monica-Malibu Unified School District and CLARE|Matrix.

- Audience: Santa Monica-Malibu USD Parents
- 27 parents signed up
- Pre & Post Questionnaire
  - all participants either "Agreed" or "Strongly Agreed" that this virtual webinar was useful

# LUNCH W/ CLARE

**You're Invited to Join**

## LUNCH W/ CLARE

Parents, are you feeling stressed with the kids at home and having anxiety about the future?  
We can help.

Join the Santa Monica - Malibu Unified School District and CLARE MATRIX for a virtual discussion on coping during the COVID- 19 pandemic.

**Saturday, May 9th @ 11 am**

REGISTRATION LINK:  
[HTTPS://WWW.EVENTBRITE.COM/E/103469018620](https://www.eventbrite.com/e/103469018620)

Topics covered will include:

- Household Stressors & Coping
- Substance Use Risks
- Effective Communication Skills

Please visit our [EventBrite page](#) for more details.

**SIMUSD** CLARE | MATRIX Sponsored By INSTITUTE FOR PUBLIC STRATEGIES

SMUSD Santa Monica-Malibu Unified School District Materials made possible by the Los Angeles County Department of Public Health, LADPH

## NPW



- A series of virtual discussions focused on prevention of substance use and the promotion of mental health
- IPS provided administrative support
- Social Media outlets to promote and increase participation

## #DOdetox

- Posted everyday on Instagram and Social Media
- About 20~40 people have seen our daily posts



## The Great Cabinet Clean-out



- Participated and used social media as an outreach strategy to increase community engagement
- Reached out to 25 followers

## MPSI

- Introduced the Marijuana Public Smoking Initiative to Santa Monica High School in hopes of future collaboration
- Created better no smoking signage around school campus
- Finalized a vaping/marijuana survey that will be administered to incoming 9th grade and 10th grade students



# CLARE | MATRIX

- Substance use counseling with SMMUSD students (via telehealth)
- 43 clients were served from March 2020 til present with 278 individual sessions
- Attendance at service provider virtual meetings to discuss resources for families and youth during this time as well as substance use prevention resources
- Lunch with CLARE panel
- MPSI Presentation (pre-recorded webinar)
- 14 parents actually viewed the presentation whereas 23 requested access





The seal of the County of Los Angeles, California, featuring a central figure holding a torch and a book, surrounded by the words "COUNTY OF LOS ANGELES" and "CALIFORNIA".

# SPA 6



Formerly the Service  
Planning Area (SPA) 6  
Coalition

Now Known as...

**South Los Angeles  
Movement  
Prevention Coalition**



# What organizations are a part of SPA 6?

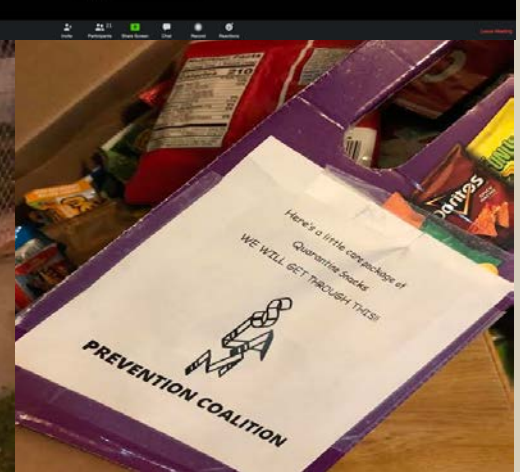
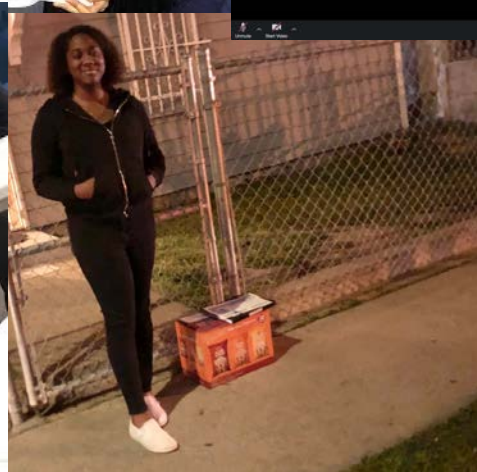
- Avalon-Carver Community Center (ACCC)
- Community Coalition (CoCo)
- People Coordinated Services (PCS)
- South Central Prevention Coalition (SCPC)
- Shields for Families
- Volunteers of America (VOA)
- Watts Healthcare Corporation's - Youth Education Prevention Program (YEPP)
- Weber Community Center

# Monthly/Bi-Weekly Meetings





# S.L.A.M Youth Council



# SUD Statewide Conference 2019



2019 California Department of Substance Use Disorder

Reframing  
Drug Use  
Stories

Service Planning Area 6 (SPA 6)  
Prevention Coalition





# National Prescription Drug Take-Back Day



**Saturday, October 26, 2019**  
**10am-2pm**

*Turn in your unused or expired medication for safe disposal*



**SPA 6 Prevention Coalition**  
**TAKE BACK DAY**

*Help Prevent*  
*Prescription Drug Abuse*



## 613 POUNDS COLLECTED !!

# S.L.A.M Virtual Events

## HUMAN TRAFFICKING 101 WORKSHOP



eliminating racism  
empowering women  
**ywca**  
greater los angeles

**MON., APRIL 27, 2020**

**4PM-5PM**

**VIA ZOOM**

CLUB QUARANTINE- YOUTH EDITION



**DJ VIXENK**

FRI., APRIL 24, 2020

7PM-9PM ON IG LIVE

@SLAMPREVENTIONCOALITION



SOUTH LA  
MOVEMENT  
PREVENTION  
COALITION

It's time to pop the corn!

**SLAM MOVIE NIGHT**

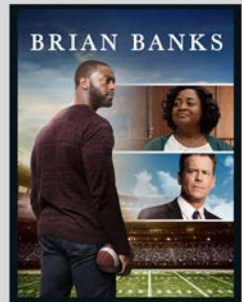
**WAZOBIA**  
DANCE

**WAZOBIA  
DANCE  
FAMILY  
WORKSHOP**

**May 13, 2020 via zoom  
6pm-7pm**

Meeting ID: 945 9095 5679  
Password: 435928

HEAL THROUGH MOVEMENT AND DANCE!  
WAZOBIA COMBINES WORKOUT ELEMENTS WITH  
DANCE AND AFRO BEATS TO CREATE A UNIQUE  
EXPERIENCE.



# National Prevention Week (NPW)

Los Angeles County  
**NPW**  
national prevention week  
A Series of Virtual Celebrations

#NPW2020 @LACountyPP  
**MAY 10-16  
2020**  
www.LACPP.org

Made possible by funds from the Los Angeles County Department of Public Health Substance Abuse Prevention and Control

Los Angeles County Prevention Providers would like to invite you to join us for a virtual celebration of National Prevention Week!

Hosted by Sarah Blanch and Marianna Hernandez

**Tuesday, May 12th 11:30a.m. - 12:00p.m.**

**Preventing Underage Drinking and Alcohol Misuse**

**Guest Speakers:**  
Mintzita Fernandez, Member, Community Coalition's Nuisance Abatement Campaign  
Koral Ballado, Avalon Carver Community Center Youth Advocate  
Estrella Barcenas, Day One Project Sticker Shock Youth Coalition Member  
Melissa Castellanos, Day One Project Sticker Shock Youth Coalition Member  
Melissa Estelle, MADD

Los Angeles County  
**NPW**  
national prevention week  
A Series of Virtual Celebrations

#NPW2020 @LACountyPP  
**MAY 10-16  
2020**  
www.LACPP.org

Made possible by funds from the Los Angeles County Department of Public Health Substance Abuse Prevention and Control

Los Angeles County Prevention Providers would like to invite you to join us for a virtual celebration of National Prevention Week!

Hosted by Sarah Blanch and Marianna Hernandez

**Tuesday, May 12th 11:30a.m. - 12:00p.m.**

**Preventing Underage Drinking and Alcohol Misuse**

**Guest Speakers:**  
Mintzita Fernandez, Member, Community Coalition's Nuisance Abatement Campaign  
Koral Ballado, Avalon Carver Community Center Youth Advocate  
Estrella Barcenas, Day One Project Sticker Shock Youth Coalition Member  
Melissa Castellanos, Day One Project Sticker Shock Youth Coalition Member  
Melissa Estelle, MADD

**ZOOM: bit.ly/npw2020**  
**#NPW2020 WWW.LACPP.ORG @LACOUNYPP**





# SLAM Graduation Parade



# In remembrance of Sharon Blackburn...





# SPA 7



- <https://drive.google.com/file/d/1umNnDs09LupkAP3bbvbRLijJsfbhYlVN3/view?usp=sharing>



# SPA 8





# South Bay Communities Creating Change

Activities and Outreach During COVID-19

March – June 2020





# SBC3 Partners Collaborative Activities




**OUR CHILDREN AT PLAY**

**No Smoking or Vaping in Public Places – It's the Law**




**\*City Ordinance Code \***

If you see someone smoking, please notify the manager.  
For more information please contact : Email: [sbc3prevention@gmail.com](mailto:sbc3prevention@gmail.com) || Facebook: <https://www.facebook.com/SBC3SPA8/>  
This material was made possible by the County of Los Angeles Department of Public Health, Substance Use Prevention and Control



**NO SMOKING OR VAPING IN PUBLIC PLACES – IT'S THE LAW**

**CLEAN AIR – CLEAN LUNGS**



**\*CITY ORDINANCE CODE \***

If you see someone smoking, please notify the manager.  
For more information please contact : Email: [sbc3prevention@gmail.com](mailto:sbc3prevention@gmail.com) || Facebook: <https://www.facebook.com/SBC3SPA8/>

Growing Prevention  
Online Workshop Series  
April 29<sup>th</sup>, 2020

**Speak Up – Part 3**  
Jan Harris, Prevention Coordinator  
Behavioral Health Services, Inc.



Sponsored by  


In Partnership with  




Sponsored by  


In Partnership with  





Sponsored by  


In Partnership with  


Growing Prevention  
Online Workshop Series  
May 22<sup>nd</sup>, 2020

**How to Design An Online  
Workshop Series**

Jan Harris, Behavioral Health Services, Inc.  
Jocelyn Shimstau, AADAP, Inc.  
Joselyn Balogun LACOE - Friday Night Live  
Melissa Estelle, MADD California





City of Long Beach

# AADAP IYCC & Cambodian Association of America

ASIAN AMERICAN DRUG ABUSE PROGRAM  
&  
CAMBODIAN ASSOCIATION OF AMERICA  
Present to You

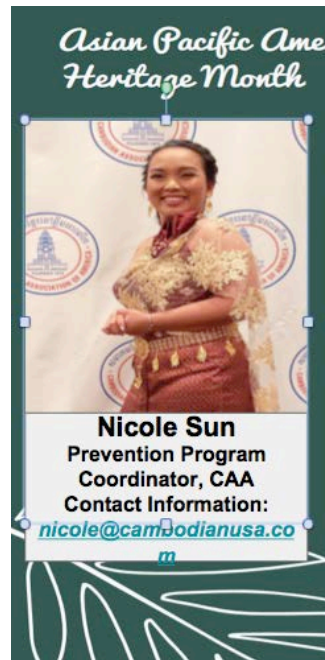


- Joint Long Beach Community Form AOD
- AAPI Speaker on Cambodians AOD & Covid-19
- AADAP IYCC Parent and Families Support Net
- CAA youth and seniors food distribution
- IYCC presentations on Measure, Store & Lock
- HANDMADE masks delivered to community



**BREAK THE TRENDS**  
COMMUNITY FORUM  
2020

**What's Trending?**  
Prescription(Rx) Drugs Misuse & Abuse







# Cities of Hermosa, Manhattan, Redondo Beach, Lomita and Torrance BHS/NCADD & BHS/South Bay

### GROWING PREVENTION

Online Workshop Series

Growing Prevention is an online workshop series via Zoom designed to develop substance abuse professionals, community members, elected officials, law enforcement agencies, & parents on topics that will enhance their careers, communities, and homes through:

- Education
- Correction
- Resources

Register at: <https://tinyurl.com/BHSeducate>

**Upcoming Workshops**

**Week 3:**  
4/27 Acupressure Points & Meditation for Self-Care  
4/28 Needs Assessments for Program Design  
4/29 Speak Up (Part 3 – Public Speaking)  
4/30 Youth Marijuana Use: Trends, Prevention, & Treatment  
5/1 LGBTQ+: Trauma Informed Care

**Week 4:**  
Registration available on Saturday, 4/25  
5/4 Policy Advocacy  
5/5 Vice Trends  
5/6 Curriculum Development  
5/7 Facilitation  
5/8 LGBTQ+ & Coming Out

Sponsored by:

In Partnership with:

### April is: Child Abuse Prevention Month

About 1 in 7 children experienced child abuse and neglect in the past year (CDC, 2019).

How can the coronavirus increase the risk of child abuse?

According to an article from News Tribune, "children are facing an increased risk of abuse and neglect, but more cases typically go unreported or unnoticed while schools are closed" (Stroemer, 2020).

What can you do to help?

- Residents - Be the eyes and ears in your community
- Teachers - Look out for signs of abuse or neglect when video charting students
- Prevention Providers - Virtually educate the community on the signs of child abuse and neglect
- Anyone who is experiencing/suspects child abuse or neglect should contact a child abuse hotline or child services

Resources:

1. [www.childwelfare.gov/topics/responding/reporting](http://www.childwelfare.gov/topics/responding/reporting)
2. [www.cdc.gov/prevention/childabuseandneglect/resources](http://www.cdc.gov/prevention/childabuseandneglect/resources)
3. [familyandcommunitypartners.org/how-to-help/online-based-or-neglected-child-teen](http://familyandcommunitypartners.org/how-to-help/online-based-or-neglected-child-teen)
4. [www.childabusehotline.org](http://www.childabusehotline.org)

Sources:  
"Preventing Child Abuse & Neglect: Informational Prevention Center (CDC)" Centers for Disease Control and Prevention, 26 Feb. 2019, [www.cdc.gov/prevention/childabuseandneglect/index.html](http://www.cdc.gov/prevention/childabuseandneglect/index.html)  
News Tribune, "Child Abuse Cases Rise World Coronavirus Outbreak," News Tribune.com, 28 Mar. 2020, [www.news-tribune.com/news/2020/mar/28/child-abuse-cases-rise-world-coronavirus-outbreak/](http://www.news-tribune.com/news/2020/mar/28/child-abuse-cases-rise-world-coronavirus-outbreak/)

This material was made possible by the funds from the Los Angeles County, Department of Public Health Substance Abuse Prevention & Control

### How To Talk To Your Child About the Coronavirus

**MODEL CALMNESS**  
Children and teens tend to be perceptive and sensitive to the behaviors of their surroundings. (AASA, 2020)  
• Practicing mental and physical activities with your child can help reduce anxiety, stress, and depression  
• Modeling calmness around your child can help send a clear message that there is no need to worry

**FOCUS ON STAYING HEALTHY**  
Parents and children should continue to practice healthy habits to reduce the risk of getting sick  
• Eat healthy to help boost immune system  
• Wash hands for at least 20 seconds  
• Get a good night's sleep

**FILL IN THE FACTS**  
Children and teens are exposed to information daily whether it being social media, information from friends or family, or online sources.  
• Parents should find out what their child knows about the coronavirus and correct any misinformation  
• Use credible sources such as the Centers for Disease Control, the Los Angeles County Department of Public Health, and The World Health Organization, etc.

Source: World Health Organization, "How to talk about COVID-19: Parents and Teachers' role in keeping children safe," 2020, <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/communicating-with-families>  
Los Angeles County Department of Public Health, "How to Talk to Your Child About the Coronavirus," 2020, <https://www.lacounty.gov/public-health/communicating-with-families>

#StopTheSpread  
Source: [www.cdc.gov](http://www.cdc.gov)

This material was made possible by the funds from the Los Angeles County, Department of Public Health Substance Abuse Prevention and Control

## COUNTYWIDE ENGAGEMENT VIA COLLABORATIVE WORKSHOPS & CREATIVE COMMUNITY BASED INFORMATION

### Preventing Addiction, Mental Illness and Homelessness

Date: May 14, 2020 at 5PM (PDT)

To RSVP: go to <http://www.ANightInJail.com>

A screening of the short film, *A Night In Jail* a high school student-led project.

A panel discussion moderated by Redondo Beach Mayor, Bill Brand will follow.

- The film will be followed by a panel discussion with Jeremy Martinez, MD, L.A. County Homeless Outreach and K. Anderson
- K. Anderson was a homeless drug addict with schizophrenia who went to jail eighteen times.
- His life inspired the 18-minute film which is based on the novel *A Night In Jail*.

CEUs available  
Warning: Strong language

BHS, Inc. South Bay Prevention is collaborating with the City of Torrance. This event is a joint effort through a grant and the support of the Torrance Police Department, Torrance Fire Department, Torrance Library, Torrance City Hall, and Torrance City Council.

### "NATIONAL PREVENTION WEEK" GROWING PREVENTION

ONLINE WORKSHOP SERIES  
5/1/20 - 5/5/20

Growing Prevention is an online workshop series via Zoom designed to develop substance abuse professionals, community members, elected officials, law enforcement agencies, & parents on topics that will enhance their careers, communities, and homes through:

- Education
- Correction
- Resources

Register at: <https://tinyurl.com/BHSeducate>

ONLINE WORKSHOP SERIES: CORRECTION, CARE, & CARE

DATE	TIME	TOPIC	PRESENTER
5/1/20	5:00 - 6:00 PM	COVID-19: IDENTIFYING THE "I"	DR. JERRY MARTINEZ, MD, L.A. COUNTY HOMELESS OUTREACH
5/2/20	5:00 - 6:00 PM	COVID-19: IDENTIFYING THE "I"	DR. JERRY MARTINEZ, MD, L.A. COUNTY HOMELESS OUTREACH
5/3/20	5:00 - 6:00 PM	COVID-19: IDENTIFYING THE "I"	DR. JERRY MARTINEZ, MD, L.A. COUNTY HOMELESS OUTREACH
5/4/20	5:00 - 6:00 PM	COVID-19: IDENTIFYING THE "I"	DR. JERRY MARTINEZ, MD, L.A. COUNTY HOMELESS OUTREACH
5/5/20	5:00 - 6:00 PM	COVID-19: IDENTIFYING THE "I"	DR. JERRY MARTINEZ, MD, L.A. COUNTY HOMELESS OUTREACH

REGISTRATION WILL CLOSE ON THURSDAY, MAY 7TH, 2020

SPONSORED BY:

IN PARTNERSHIP WITH:

For more info: call or email [web@bhsprevention.com](mailto:web@bhsprevention.com)

All workshops will be Pacific Standard Time (PST)

### 5 Tips on handling stress during COVID - 19

- 1. Take care of yourself**  
Take care of your basic needs and coping strategies: get a good night's rest, eat healthy food and engage in physical activity. Try to continue with your daily routines limiting the time spent outdoors.
- 2. Don't believe everything you read or hear.**  
Get your information from trusted news sources also remember not to believe everything you see on social media. Centers for Disease Control and Prevention (CDC) provides information and frequent updates on the COVID-19.
- 3. Exercise at least 30 minutes a day.**  
Exercising has an influence on your brain, on your mood, on your ability to reflect and on your health. Exercise produces chemicals in the brain that act as natural painkillers.
- 4. Connect with others**  
Talk with people you trust about your concerns and how you are feeling. Conversations with other people help us to recognize triggers that may be affecting our stress levels.
- 5. Take Breaks**  
Constantly hearing about the pandemic can be upsetting. Take breaks from all forms of news stories, including the ones seen on social media.

### TEEN TRAFFIC SAFETY

SPONSORED BY:  
BHS SOUTH BAY PREVENTION & STREET RACING KILLS

May 15 from 5-6:30pm  
RSVP Here:  
<https://tinyurl.com/TeenTrafficSafety>

TEENS & PARENTS:  
VIRTUALLY LEARN ABOUT THE DANGERS OF IMPAIRED & DISTRACTED DRIVING, HOW STREET RACING PUTS LIVES IN DANGER, AND HOW YOU CAN ENSURE SAFE DRIVING.

TEENS:  
ENTER FOR THE CHANCE TO WIN FABULOUS GIFT CARDS OR THE GRAND PRIZE: A DISNEYLAND TICKET!!

TO LEARN MORE OR ASK QUESTIONS, EMAIL: [SOUTHBAYPREVENTION@GMAIL.COM](mailto:SOUTHBAYPREVENTION@GMAIL.COM)

Logos: madd, BHS, CLE, SAFE, SKK



# Cities of Carson, Gardena, & Inglewood AADAP Community Prevention

- WEEKLY ONLINE YOUTH ADVOCATES MEETING & VIRTUAL ACTIVITIES
- INTERACTIVE ONLINE PRESENTATIONS
- POLICY BOOTCAMP
- CONTINUED VIRTUAL CITY COUNCIL & COMMUNITY ENGAGEMENT



## ONLINE WORKSHOP SERIES

**JOIN THE MOVEMENT IN YOUTH ACTIVISM  
DURING THE TIME OF COVID-19**

THE YOUTH EMPOWERMENT WORKSHOP IS AN ONLINE WEBINAR ON GOOGLE HANGOUTS. THIS WORKSHOP IS DESIGNED TO INSPIRE THE YOUTH TO LEARN ABOUT ACTIVISM AMIDST COVID-19.

**Please Register on Google Hangouts:**



Google Hangouts

**Link goes here**

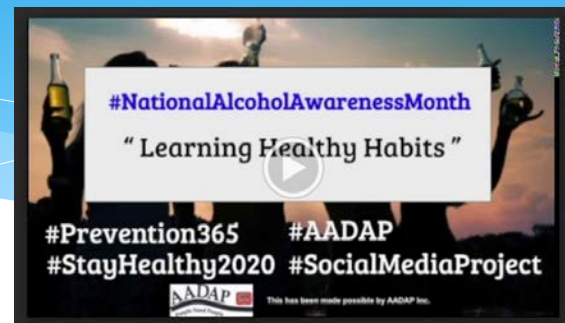
**May 1, 2020**

**via Google Hangouts @ 2:00PM**

For more information please contact

RANDY ARTAMAYA, AADAP INTERN @ rartamaya1@gmail.com 310-754-0479

This material is made possible by AADAP through the Substance Abuse Prevention and Control.







**Thank You Everyone!!!**