



Programs Update: Youth Prevention and Treatment Initiatives

September 11, 2024

Bureau of Substance Abuse Prevention and Control
Los Angeles County Department of Public Health





Agenda

Bureau Updates & Discussion (25 minutes)

- Youth Prevention Services
- Youth Treatment Services

Open Discussion (10 minutes)



Primary Prevention

Stephanie Chen
Prevention Services Division Chief





Strategy for Primary Prevention Investments in Youth

- Advancing new countywide prevention programs using positive youth development framework
- Continuing to expand upstream investments to prevent substance use and its associated harms
- Ensuring evidence-based approaches while also sufficient flexibility to target unique community needs
- Expanding data collection and program evaluation efforts

Prevention: Participant Demographics

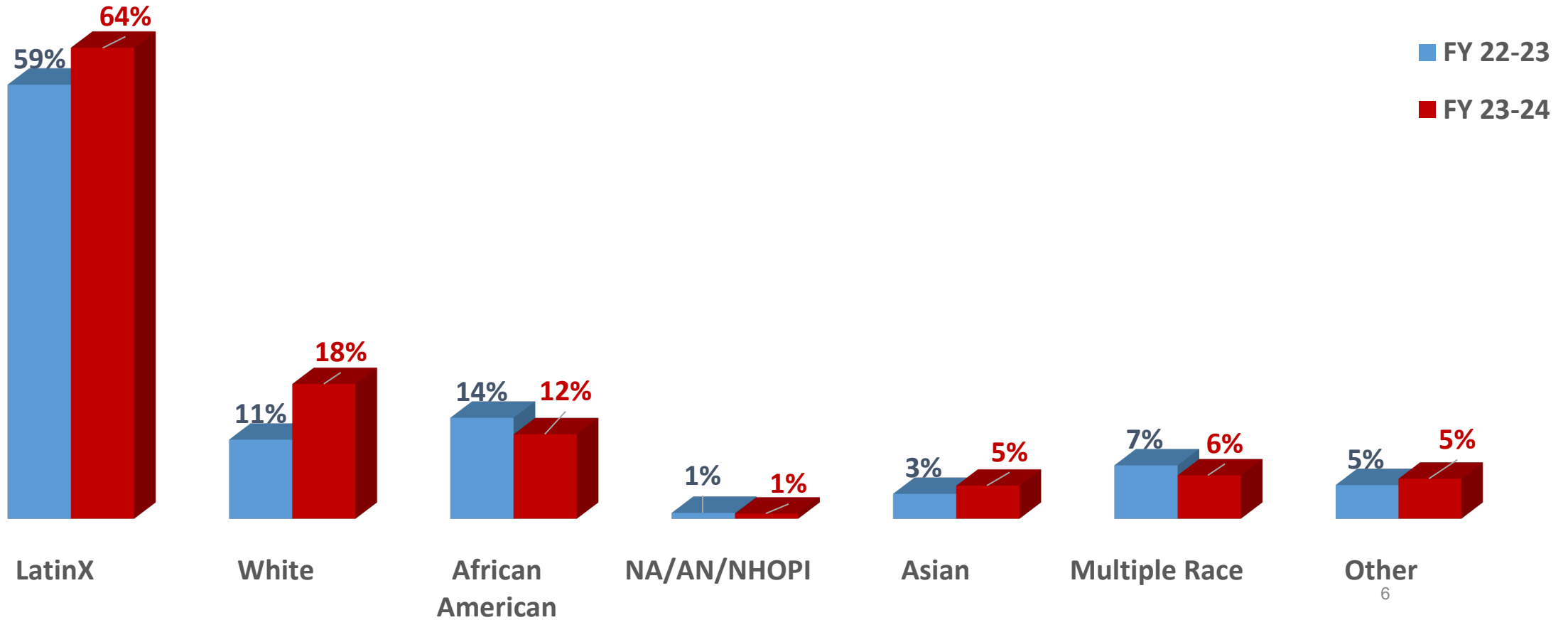


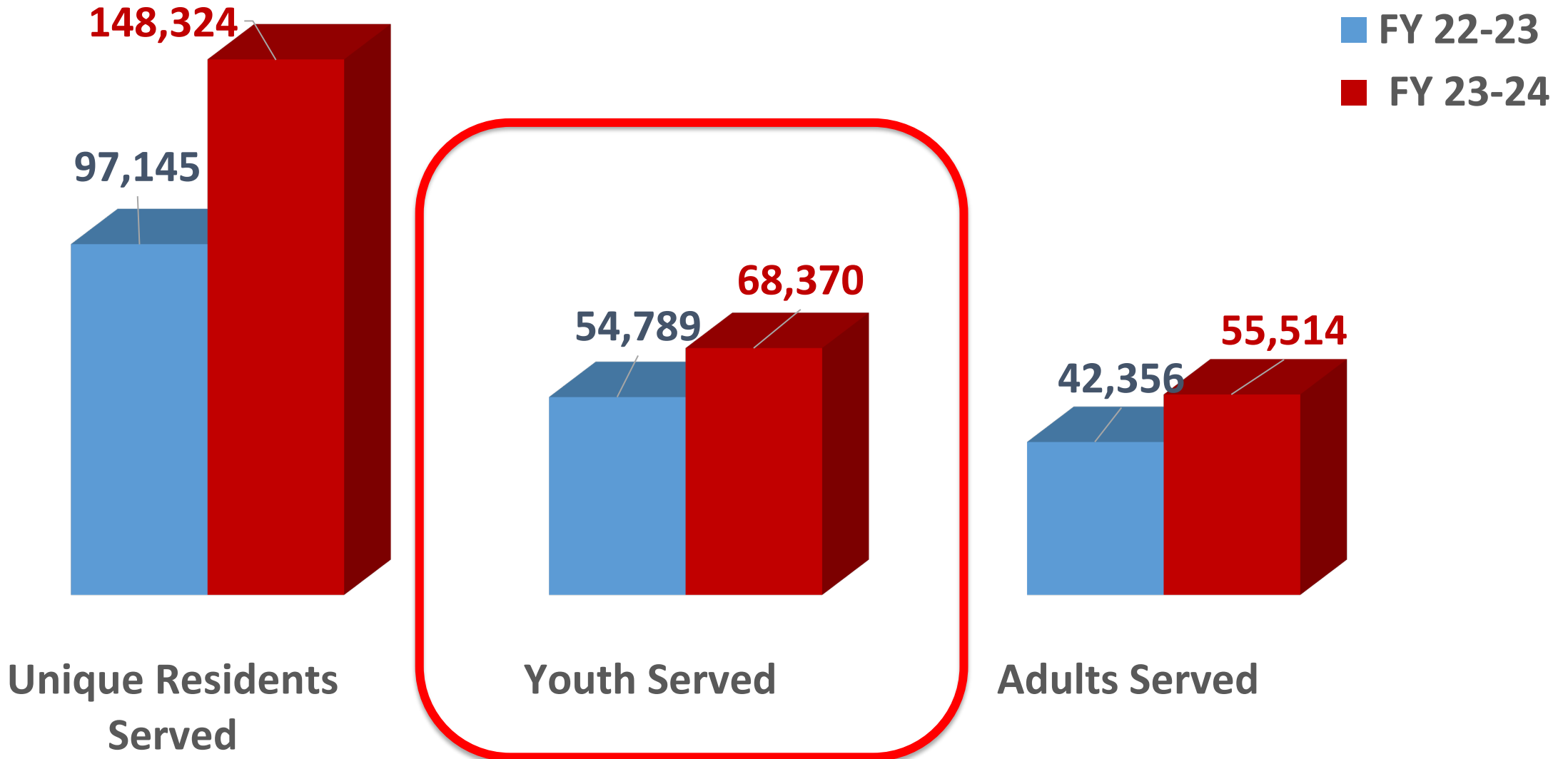
Age	FY 22-23	FY 23-24
<12	7%	6%
12-14	49%	41%
15-17	22%	31%
18-24	1%	2%
25-44	5%	8%
45-64	3%	5%
65+	1%	1%
Unknown	12%	5%

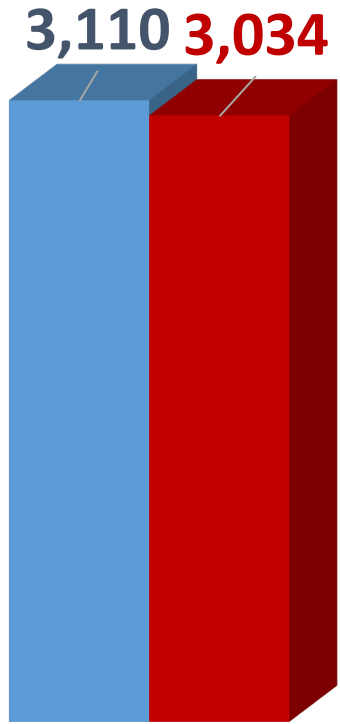
Gender	FY 22-23	FY 23-24
Female	49%	43%
Male	44%	51%
Unknown	7%	6%
Other*	N/A	0.4%

* Includes Non-Binary, Transgender, or something else.

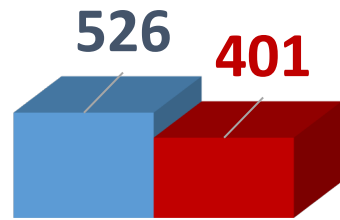
Participants by Race/Ethnicity: FY 22-23 vs. 23-24



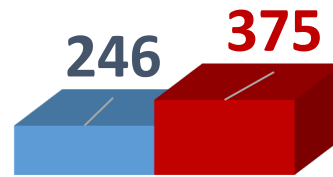




Student Education

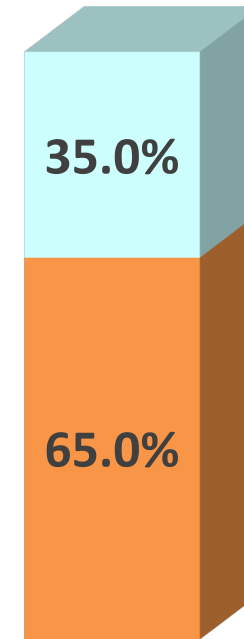


Parent Education

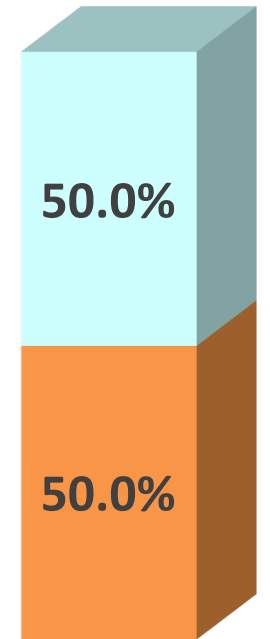


School-based Programs Offered

■ FY 22-23 ■ FY 23-24



FY 22-23



FY 23-24

■ Evidence-based ■ Local Innovative

- **Parent/guardian presentations**
- **Student and school staff presentations**
- **Health education programs**
- **Peer leadership programs**
- **Adult mentorship programs**
- **Community referrals to treatment**
- **Town hall meetings**
- **Community service events**
- **Environmental scans**
- **Media campaigns**
- **Community asset mapping**
- **Retailer education and engagement**
- **Conferences and youth summits**
- **Mental health consultation and referrals**
- **Sexual health information and referrals**
- **Connection to community-based resources**
- **Teen Call Line**
- **Overdose prevention trainings**
- **Coalition-building and policy advocacy**

- **LAUSD Fentanyl Task Force**
- **School Superintendent / District Trainings**
- **On campus naloxone**
 - **On campus naloxone distribution challenges**
- **Student/Parents/Teacher OD prevention trainings**
- **Student/Parent Ambassador Events**
- **Juvenile Carceral System education and OD prevention trainings**
- **Child Welfare System education and OD prevention trainings**
 - **Naloxone distribution challenges with child welfare congregate settings**

School-Based Prevention Programs



Program	Provider(s)	School-Based	Community-Based	# Schools Served / Providers
Community-Based Provider Network	LAC DPH-SAPC Subcontracted Community-Based Organizations (CBO)	X	X	Over 100 elementary, middle and high schools, colleges/universities served through 27 prevention providers (43 contracts); 8 community coalitions focused on community engagement and policy advocacy
Friday Night Live (FNL)/Club Live	LA County Office of Education	X	X	6 school districts and adult mentorship activities as part of statewide youth leadership program (FNL)
Pathways to Health Program	Charles R. Drew University of Medicine and Science	X		1 university (CDU) serving 40 students in mentorship and youth leadership program; partnership with Dept. of Mental Health

School-Based Prevention Programs



Program	Provider(s)	School-Based	Community-Based	# Schools Served/Providers
Student Well-Being Centers	LAC DPH-PIE, Planned Parenthood	X		40+ High schools in underresourced areas of LA County, as co-located on-site resource centers for high school students
DPH Youth Council Initiative	LAC DPH-MCAH	X	X	6 Youth Coordinators, 9 Senior Youth Advisors, and 13 Youth Advisors are enrolled in mentorship and youth leadership program
CORE Centers	LAC DPH-SAPC	X	X	Community presentations provided in school settings, per request
LA County Our SPOT	LAC Department of Parks and Recreation		X	Programming and youth leadership for youth in 13 LA County public parks
My Brother's Keeper Program	LAC Libraries		X	Programming and youth leadership for 5 Peer Advocates in over 8 LA County libraries



- Indicated Prevention: Referral program to help each student reach his or her educational potential, by addressing the student’s social-emotional, behavioral, and overall well-being.
- SAPC developed Screening Tool that's easy to use by all Prevention staff.
- Problem ID & Referral (PIR) uses the Screening Tool to connect at-risk youth to appropriate Brief Intervention services. Services may include additional prevention education, which may include families in student support.
- Collaboration with other ancillary support services to help improve outcomes for participating youth.
- Over 150 prevention referrals are annually made to providers.

Safe space/confidential services on campus

Positive Youth Development framework
with a strengths-based approach

Linkages to community-based activities

Evidence-based programs (i.e. Summer Skillz)



WARNING

Don't buy alcohol for anyone under 21

CALIFORNIA LAW states that any person purchasing alcohol for a minor may be punished by:

- 6-12 months in Jail
- \$1000 FINE
- Or BOTH.

#RethinkAlcohol
rad-sgv.org

PROGRAM HIGHLIGHT: The Los Angeles County Our SPOT (Social Places and Opportunities for Teens) provides positive youth development through recreational programs in a safe space at select county parks to teens in grades 7-12.

- Our SPOT operates in the unincorporated areas of the County, many of which are in communities with concentrated poverty.
- Our SPOT is open at 13 of 59 (or 23.2%) local and community regional parks.
- Enrollment for FY 22-23: 1,054 participants
- Programs include:
 - Dynamic recreational activities
 - Learning life skills
 - Peer sharing and learning
 - Academic support from staff
- Program attendance and consistency, and park access and safety issues continue to be addressed.





Mentorship & Guidance

With a commitment to mentorship, our staff serve as trusted guides, providing invaluable support and guidance to teens, fostering positive relationships that extend beyond the program.

Over 80% of Our SPOT staff reside in the communities they serve, are dedicated to making a positive impact on the lives of youth.



Substance Use Prevention

Programs take a proactive approach to teen well-being, fostering a culture of prevention and education to empower youth in making informed decisions and steering clear of substance use.

The Artist Experience immerses teens in a world of creativity, providing a transformative journey through various arts, fostering self-discovery with 20+ partnerships with community-based organizations.



Empowerment through Youth Leadership

Youth Councils serve as a platform for empowerment, nurturing leadership skills among teens and instilling resilience, preparing them to become influential voices in their communities.

GEC and the Teen Summit drew over 1,000 participants, where they participated in resource fairs with community stakeholders and empowering workshops.

Girls Empowerment Conference & Teen Summit



Staff Commitment & Stability



Life Skills & Workforce Development

DPR's community safety program, Safe Passages, now spans 9 park locations, with six co-located in parks featuring Our SPOT Teen Centers.

Programs like YoutheWork DJ Academy go beyond music, equipping teens with essential life skills and workforce development, empowering them for success in their personal and professional journeys.

Safe Passages Expansion



Programs prioritize the holistic health and wellbeing of teens, offering comprehensive support and resources to ensure their physical, mental, and emotional flourishing.



Health & Wellbeing

Addressing food insecurity, DPR is enhancing Our SPOT by building snack bars at all sites. Collaborating with ALADS, we're hoping to launch a year-round supper program for daily hot meals

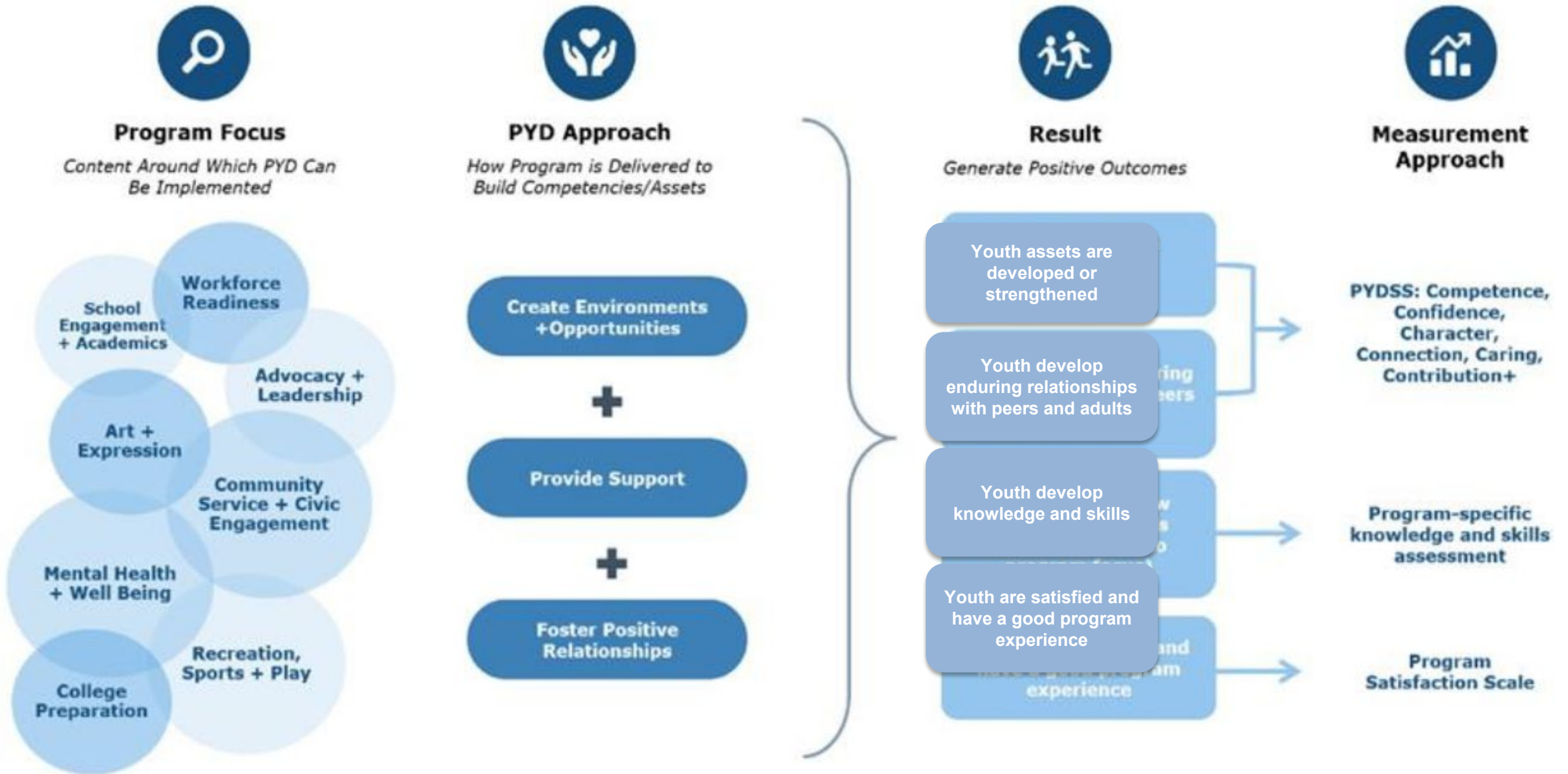
Nutrition



Emphasizing the need for teens to access safe, supportive, and engaging environments. In response, DPR is establishing outdoor lounges at selected Our SPOT teen center locations



Safe Havens



Visit our [website](#) to learn more!

SAPC

About ▾

Prevention ▾

Treatment ▾

Recovery

Harm Reduction

Providers ▾



Prevention

[Prevention](#) | [Prevention Strategies](#) | [Community Coalitions](#) | [Finding Services](#) | [Resources](#) | [Contact Us](#)



Prevention

Prevention is the use of strategies or programs to change social norms, social conditions, and risky behaviors to minimize substance use initiation before it leads to substance use-associated disorders (addiction). The Bureau of Substance Abuse Prevention and Control's (SAPC) Prevention Division oversees primary prevention services throughout Los Angeles County for youth, young adults, and adults. Programs are geared for individuals who have never used, may be at-risk for using, or do not have a current substance use disorder (also known as addiction) or need treatment.

Prevention First: Primary prevention programs provide a

New website includes:

- Prevention Strategies
 - Community Coalitions
 - Finding Services
 - Community Resources and Links
 - Community Presentation Requests
 - Contact Information
-
- Updated data reports and briefs are located [here](#).
 - Los Angeles Community Needs Assessment report findings
 - Special Reports, GIS Maps, Dashboards, Data Briefs
 - For specific questions on how to become a subcontractor, please email the SAPC Contracts Division (margarcia@ph.lacounty.gov).



Youth SUD Treatment

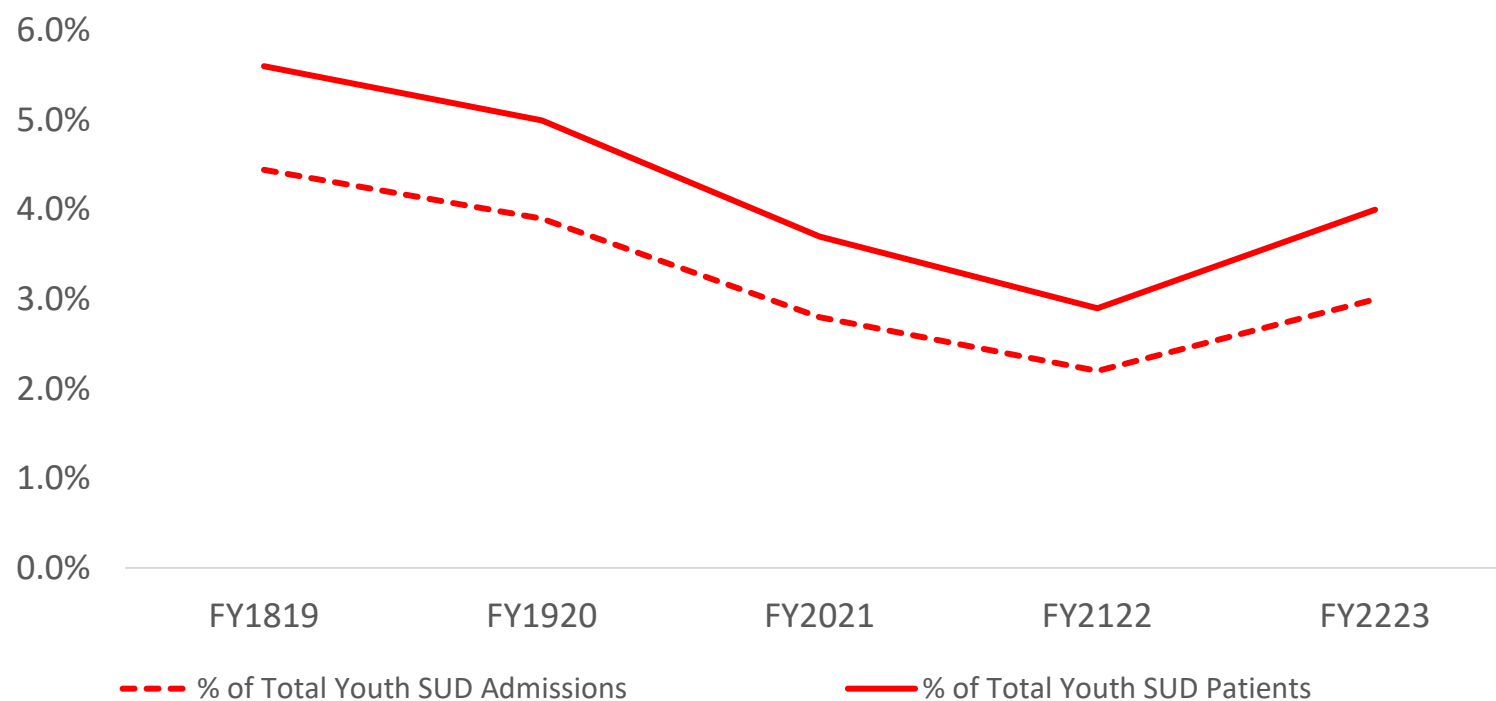
Yanira A. Lima
Systems of Care Division Chief



Strategies for Youth Treatment Advancements

- **State-Level Strategies**
 - CalAIM unrestricted for Medi-Cal coverage for all ages (including LA County residents under age 12)
- **Local-Level Strategies**
 - R95 initiative on lowering threshold to admission for patients of all ages (including youth)
 - Medication Services and naloxone distribution available through treatment system to youth
 - Ongoing coordination with DCFS and OCP on coordinating care for youth with complex needs
 - Introduction of SUD services at Juvenile Halls and Camps
 - Better reaching into schools (LACOE & LAUSD, in particular)
 - Student Wellbeing Centers
 - SAPC has leveraged interest in naloxone and overdose prevention to increase its footprint at school events (presenting to Health Educators, school faculty, etc.)
 - Schools currently have MOU's and less formal relationships with SAPC's prevention and treatment agencies
 - Children and Youth Behavioral Health Initiative (CYBHI) - fee schedule of outpatient MH and SUD services funded by the Managed Care Plans (MCPs; LA Care, Health Net, etc.)

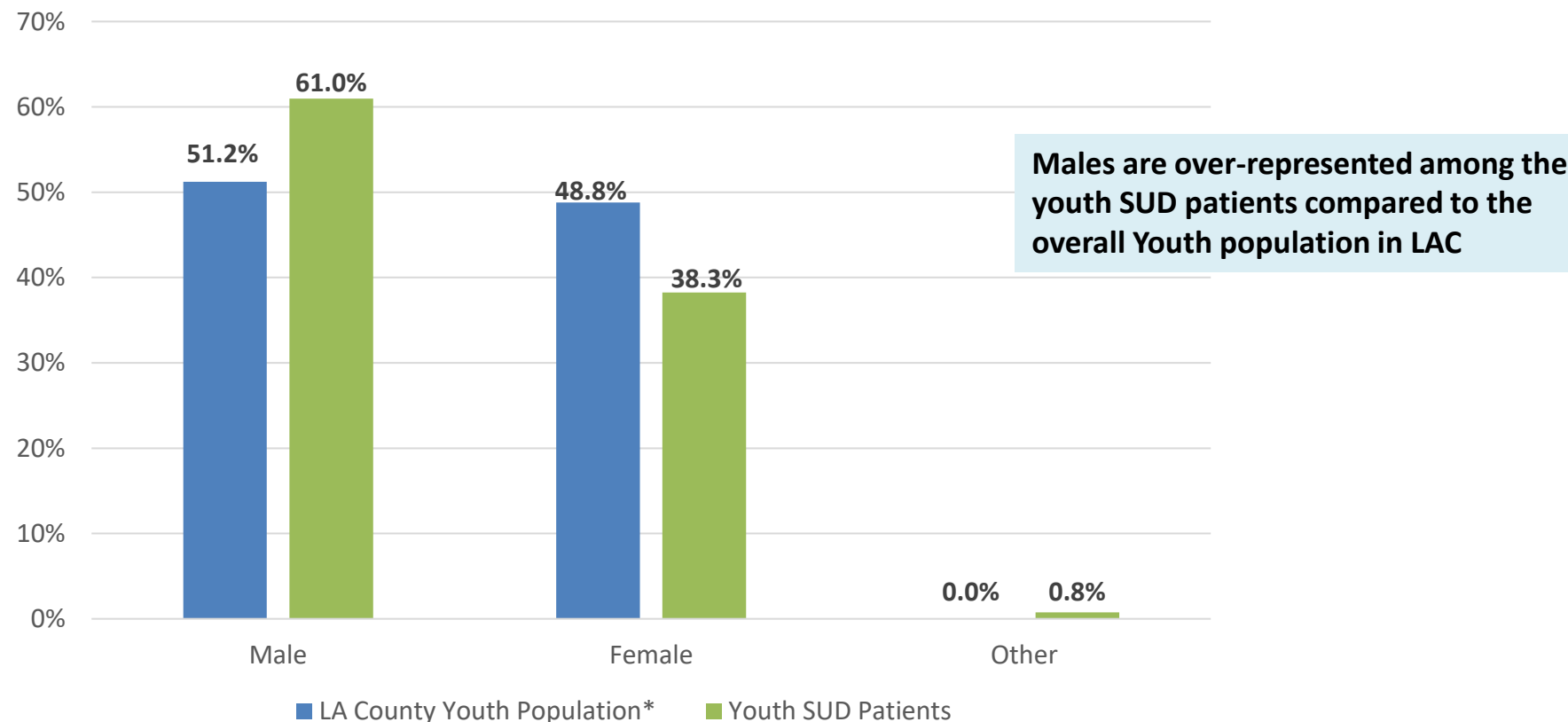
% Youth Patients (Admissions) Served, FY18-19 to FY22-23



Note: Provided trends of youth patients and admissions; a patient can have more than one admission in a year; youth patients are less likely to have more than one admission.

Source: California Outcome Measurement System (CalOMS)/Los Angeles County Participant Reporting System (LACPRS) data. Substance Abuse Prevention and Control, Los Angeles County Department of Public Health; Analyzed and prepared by Health Outcomes and Data Analytics (HODA Division)

Gender Among Youth Patients, FY22-23

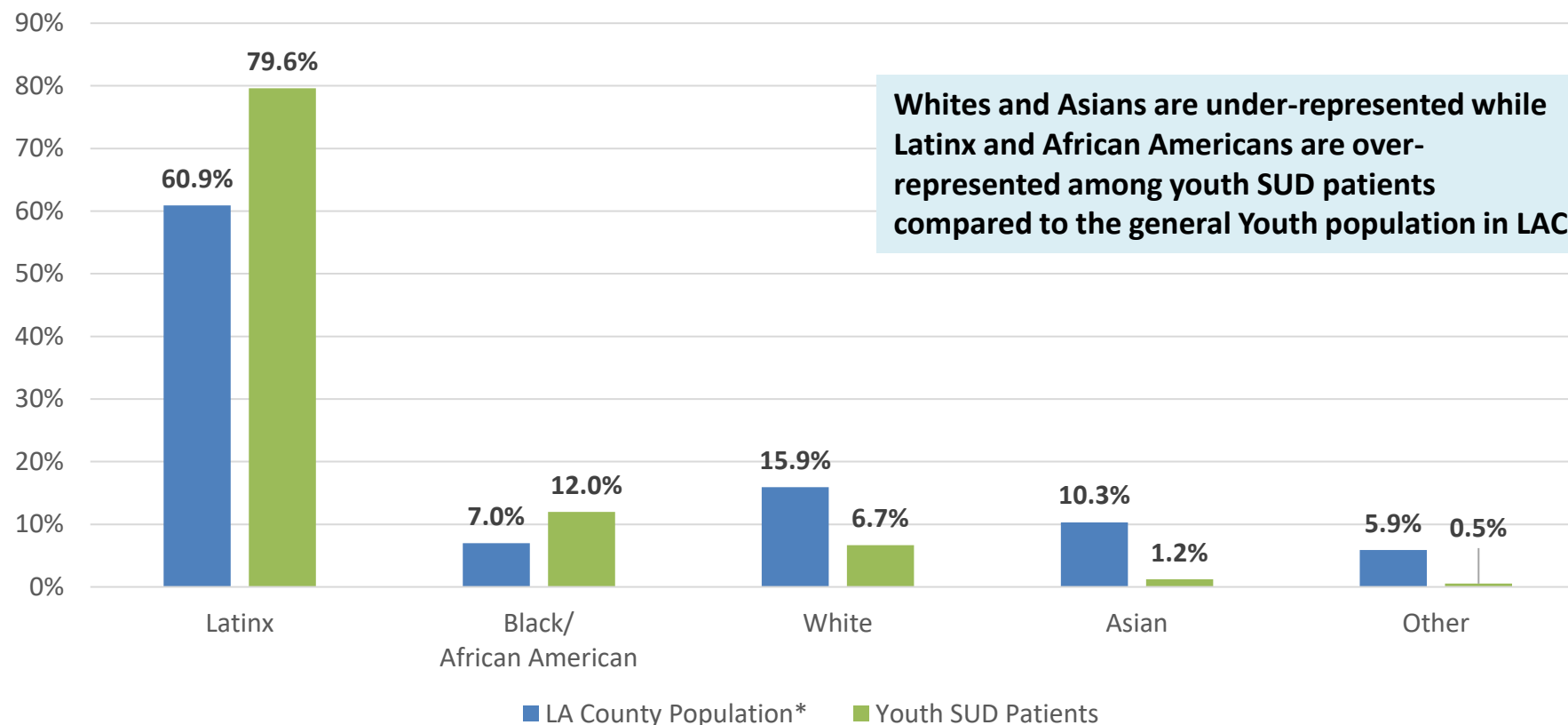


Note: Provided distribution of gender of the general population as context;

*County of Los Angeles, Internal Services Department, Information Technology Service, Urban Research-GIS Section, Population and Poverty Estimates of Los Angeles County Tract-City Splits by Age, Sex and Race-Ethnicity for July 1, 2022, Los Angeles, CA, April 2023.

Data source: California Outcome Measurement System (CalOMS)/Los Angeles County Participant Reporting System (LACPRS) data. Substance Abuse Prevention and Control, Los Angeles County Department of Public Health; Analyzed and prepared by Health Outcomes and Data Analytics (HODA) Division.

Race/Ethnicity Among Youth Patients, FY22-23

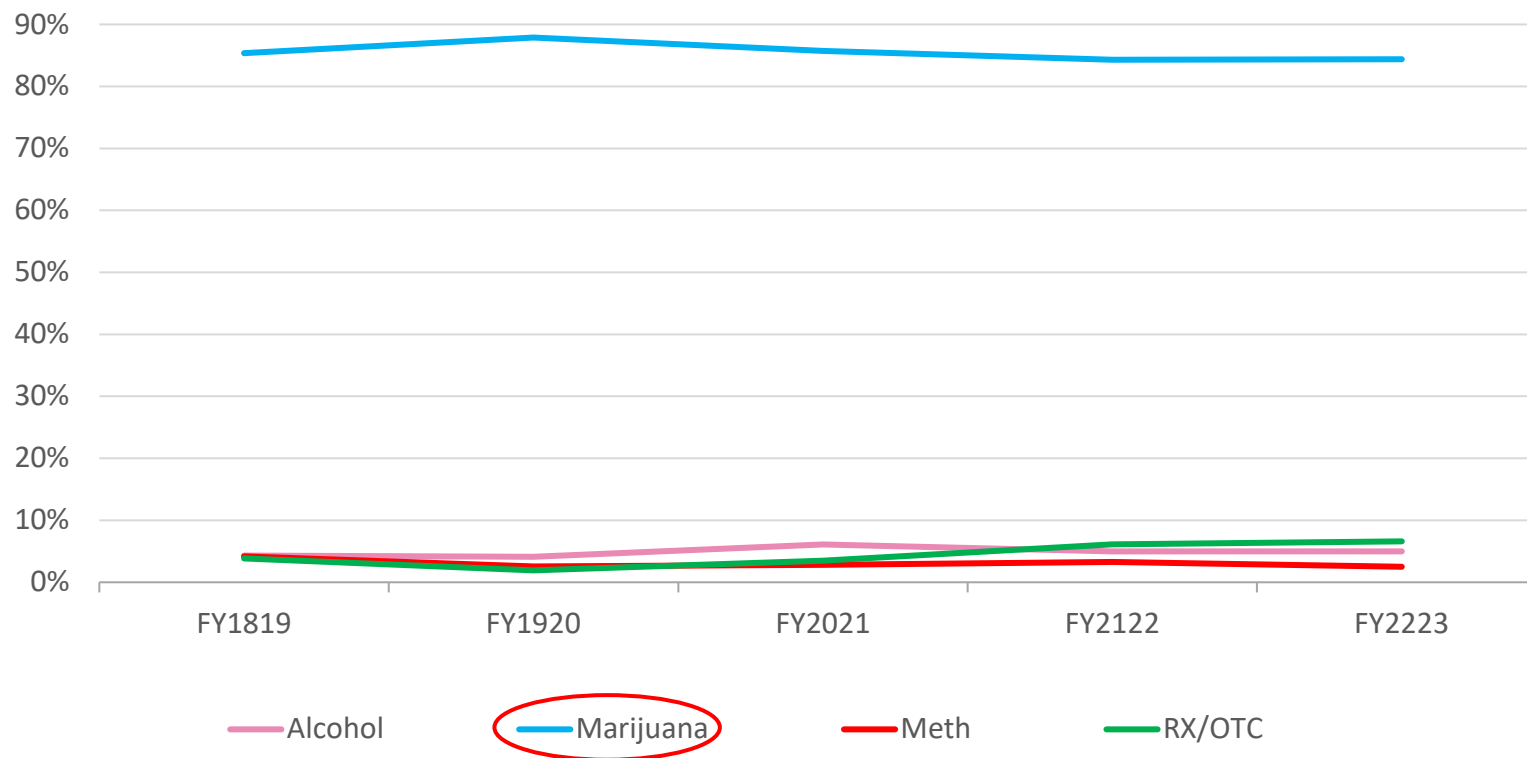


Note: Provided race/ethnicity breakdown for general population as context;

- County of Los Angeles, Internal Services Department, Information Technology Service, Urban Research-GIS Section, Population and Poverty Estimates of Los Angeles County Tract-City Splits by Age, Sex and Race-Ethnicity for July 1, 2022, Los Angeles, CA, April 2023.

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Primary Substance Use Among Youth Patients at Admission, FY18-19 to FY22-23



Among youth patients, marijuana was the predominant primary substance of concern across fiscal years

Note: Other drug includes PCP, hallucinogen, ecstasy, inhalant, club drugs and others; % based on non-missing.

Meth: Methamphetamine, **Rx:** Prescription Drug, **OTC:** Over-the-Counter

Source: California Outcome Measurement System (CalOMS)/Los Angeles County Participant Reporting System (LACPRS) data. Substance Abuse Prevention and Control, Los Angeles County Department of Public Health; Analyzed and prepared by Health Outcomes and Data Analytics (HODA Division)

Los Angeles County: SUD Youth Provider Network At-a-Glance



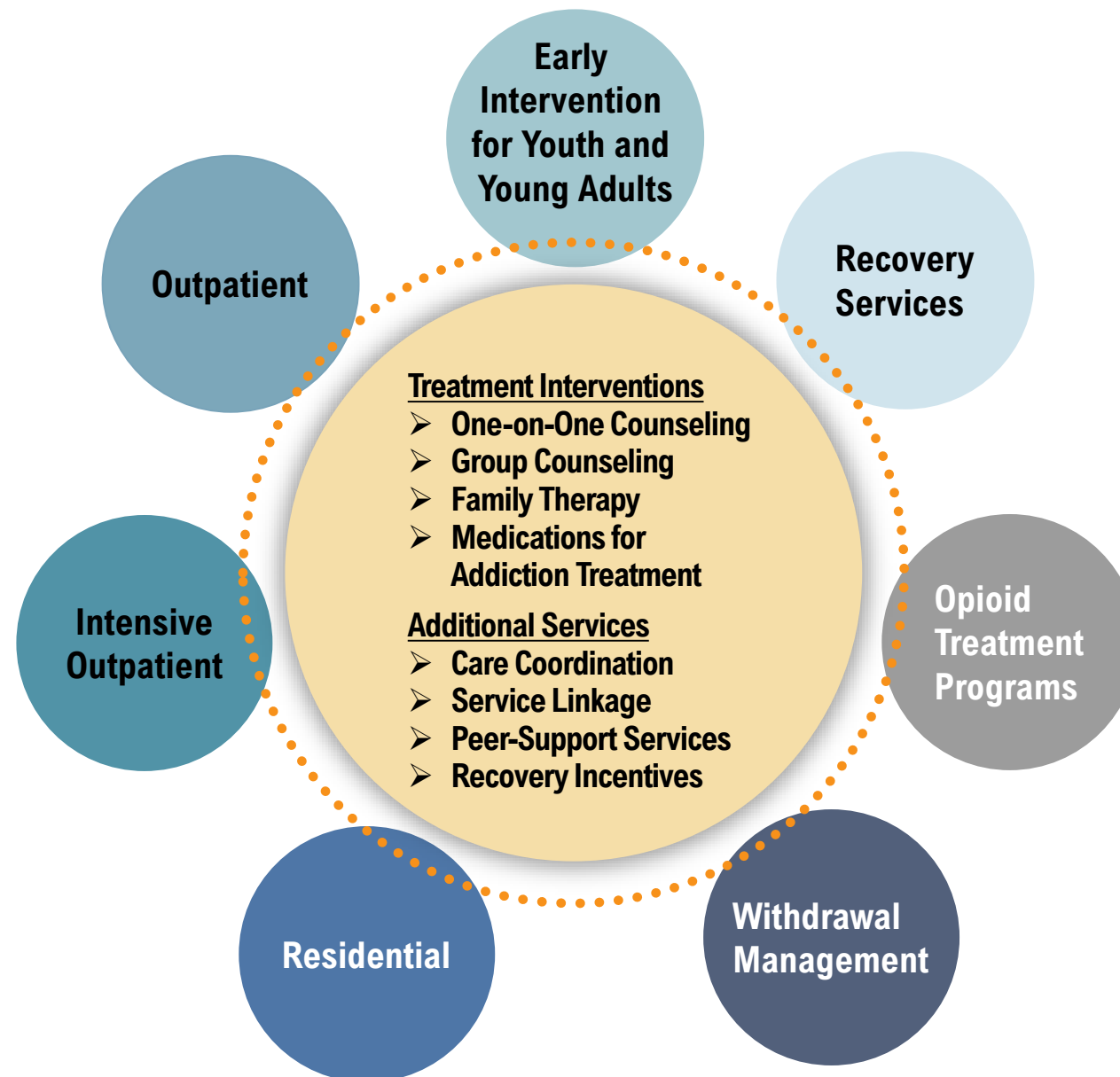
❖ DMC-Certified Youth SUD Network

✓ Youth SUD Provider:	30
✓ Outpatient Site:	51
✓ Intensive Outpatient Site:	44
✓ Residential site/bed:	1/38

❖ Field-Based Services

✓ School:	52
✓ STRTP:	18
✓ In-Home:	6

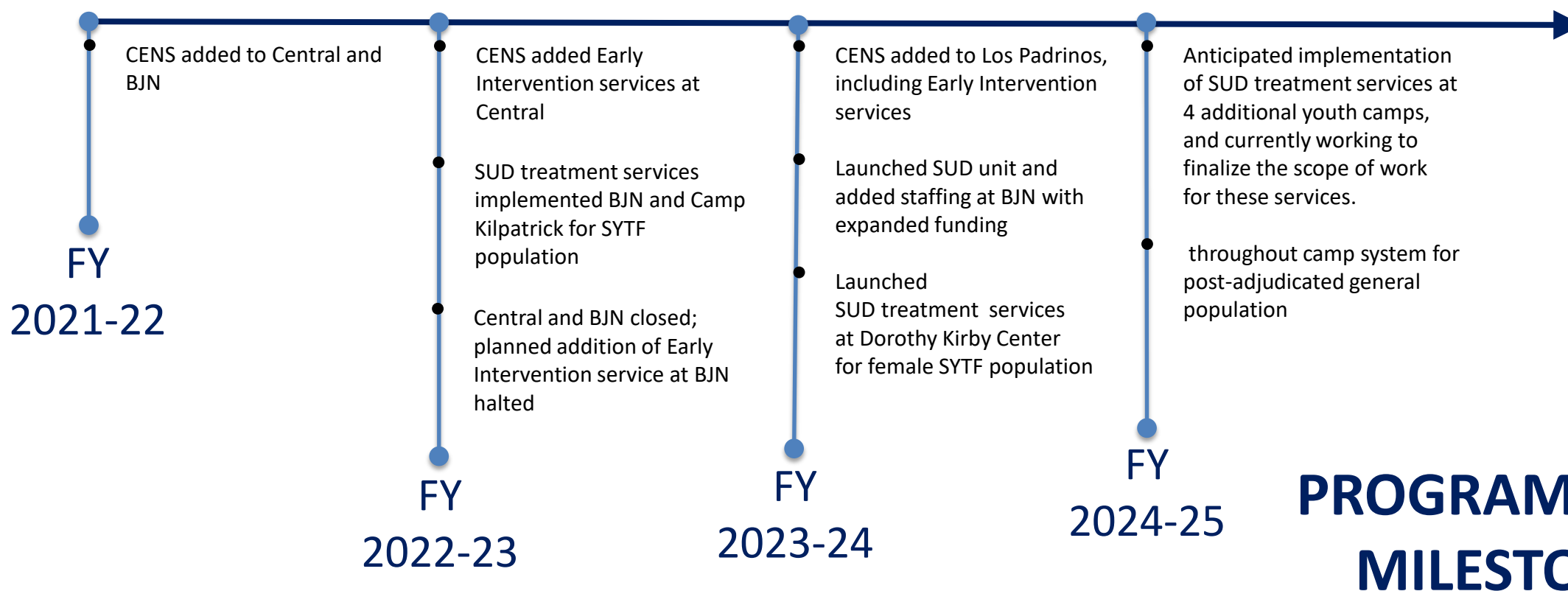
Los Angeles County's Available Substance Use Disorder (SUD) Benefits



Engagement Efforts for Youth

- **Client Engagement and Navigation Services (CENS) for Youth** – Available in each of the eight (8) Service Planning Areas to facilitate access to SUD services among youth with complex needs.
- **Juvenile Justice Crime Prevention Act (JJCPA)** – In collaboration with Probation Department, the program covers SUD treatment and recovery services for justice involved youth.
- **Field-Based Services (FBS)** – Expands services for hard-to-reach youth in community settings including in-home, Short-Term Residential Therapeutic Programs (STRTP's), and schools.
- **Youth BRIDGE Program** - The BRIDGE (**B**uilding Relationships, **I**nspiring **D**evelopment, **G**rowing Engagement (BRIDGE) program provides family supportive services for parents, caregivers, and families of youth receiving services

The Road to SUD Services within Probation's Juvenile Justice Detention Facilities





THANK YOU!

For more information, contact:

Yanira A. Lima, MPA, MHM

Division Chief, Systems of Care

Substance Abuse Prevention and Control (SAPC) Bureau

Los Angeles County, Department of Public Health

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