

Do I need treatment for a substance use disorder?

Answer the following questions:

In the last 3 months, have you felt you should cut down or stop drinking or using drugs?

YES or NO

In the last 3 months, has anyone annoyed you or gotten on your nerves by telling you to cut down or stop drinking or using drugs?

YES or NO

In the last 3 months, have you felt guilty or bad about how much you drink or use drugs?

YES or NO

In the last 3 months, have you been waking up wanting to drink alcohol or use drugs?

YES or NO

If you answered 'yes' to at least 2 questions, please contact your doctor or call (888) 742-7900 to find a local treatment program.

The above questions are from the CAGE-AID Questionnaire.

Frequently Asked Questions

I need treatment. What should I do?

Call (888) 742-7900 for an assessment and referral to Substance Use Disorder treatment.

What happens in an assessment?

You will be asked a series of questions to determine the level of care you may need. The assessor will assist with pretreatment counseling, provide support, discuss triggers for substance use, and provide information about how to receive treatment services.

Will this cost money?

There is no fee for an assessment or treatment for Medi-Cal and My Health LA beneficiaries. Many treatment providers in the network also accept private health insurance.

**For more information, call
(888) 742-7900**



Treatment Services in LA County

- Residential & Outpatient Withdrawal Management - detoxification services
- Residential - client stays at the treatment facility
- Intensive Outpatient - client attends 3-hour appointments at least 3 times a week
- Outpatient - client attends treatment a few times a week
- Medication-Assisted Treatment/Narcotic Treatment Programs - medications, like buprenorphine or methadone, used in combination with counseling and behavioral therapies
- Case Management - comprehensive assessment, treatment planning, and care coordination
- Recovery Support Services - services that help clients maintain recovery

Who can receive this treatment?

- My Health LA and Medi-Cal beneficiaries
- CalWORKs and General Relief recipients
- Court-Referred Individuals—including those who need Drug Diversion and Drinking Driver Programs
- Pregnant and Parenting Women
- Youth
- Persons with co-occurring Mental Health and Substance Abuse Problems