



BARBARA FERRER, Ph.D., M.P.H., M.Ed.
Director

MUNTU DAVIS, M.D., M.P.H.
County Health Officer

ANISH P. MAHAJAN, M.D., M.S., M.P.H.
Chief Deputy Director

GARY TSAI, M.D.
Bureau Director
Substance Abuse Prevention and Control Bureau
1000 South Fremont Avenue, Building A-9 East, 3rd Floor, Box 34
Alhambra, California 91803
TEL (626) 299-4101 • FAX (626) 458-7637

www.publichealth.lacounty.gov

BOARD OF SUPERVISORS

Hilda L. Solis
First District

Holly J. Mitchell
Second District

Lindsey P. Horvath
Third District


Janice Hahn
Fourth District

Kathryn Barger
Fifth District

SAPC INFORMATION NOTICE 24-10

December 16, 2024

TO: All Pregnant and Parenting Women Providers

FROM: Gary Tsai, M.D., Bureau Director 
Substance Abuse Prevention and Control Bureau

**SUBJECT: PREGNANT AND PARENTING WOMEN EXPANDED RECOVERY
BRIDGE HOUSING BENEFIT**

The Los Angeles County Department of Public Health, Substance Abuse Prevention and Control Bureau (DPH-SAPC) is issuing an Information Notice to update the Recovery Bridge Housing (RBH) benefit available for the pregnant and parenting women (PPW). To align with the expansion of the RBH benefit as outlined in SAPC’s Provider Manual (PM) Version 9.0, RBH services for PPW participants and their children will be initially authorized for 90 days, with up to three (3) additional 90 day reauthorizations and allow a maximum of 360 days within a 12-month period. This replaces the 30-day reauthorization requirement for PPW populations outlined in PM Version 9.0.

ELIGIBILITY

The extended benefit applies to PPW with a substance use disorder (SUD) and housing instability with concurrent enrollment in outpatient (OP), intensive outpatient (IOP), outpatient withdrawal management (OP-WM), or Opioid Treatment Program (OTP) services.

SERVICE LIMITS

- **Authorization:** RBH services for PPW participants may be authorized for an initial 90-days. The initial 90-days are not required to be continuous and may be used throughout a 12-month period starting from the date of the initial RBH admission. Up to five (5) dependent children (ages 0-16) may accompany the parent in RBH.

- **Reauthorizations:** A maximum of three (3) reauthorizations that extend the time PPW participants continue to reside in RBH for longer than 90 days may be requested if they continue to meet medical necessity for treatment services and if the client continues to meet eligibility for RBH for PPW participants, including concurrent enrollment in OP/IOP/OTP/OP-WM.

Continued authorization requests past the initial 90 days will be granted if the provider has documentation showing active progress/steps toward securing housing (e.g., actively working with a Housing Navigator, Coordinated Entry System, Housing Authority, etc.). Providers must submit extension requests at least 14 calendar days before the current authorization expires to ensure timely decisions.

- **Maximum Duration:** RBH participants can receive a maximum of 360 days in a 12-month period. The benefit period ends once 360 days are reached or 12 months have passed since the initial admission date (e.g., June 1st – May 31st), whichever occurs first. A new benefit period cannot begin until 30 days after the most recent discharge date.

To ensure participants have access to stable housing options, providers must make every effort to transition them to a permanent housing solution as early as possible during their participation in RBH. This includes considering enrollment in Interim or Recovery Housing services before the RBH benefit period concludes.

SUBMITTING AUTHORIZATION REQUESTS

PPW Providers must submit Member Authorization requests following the authorization process and the Checklist of Required Documentation for Utilization Management, available [here](#).

DPH-SAPC will review and respond to authorization requests according to established Utilization Management response timelines.

NEXT STEPS

Providers are advised to update their protocols and inform staff about the RBH for PPW participant's benefit extension. Training sessions and resources will be made available to support effective implementation.

ADDITIONAL INFORMATION

For any questions regarding this notice, please contact SAPC_ASOC@ph.lacounty.gov or (626) 299-3202.

GT:dt