



Los Angeles Alliance for Community Health & Aging

Join us in Promoting Healthy Aging in Los Angeles!

What is the Los Angeles Alliance for Community Health and Aging?

LAACHA is a strategic alliance to increase the reach of effective, evidence-based community health interventions that address chronic diseases, self-management, caregiving, and fall prevention.

What are the benefits of joining?

You'll join forces with other leaders to develop and sustain evidence-based health promotion programs that will meet the diverse needs of older adults in your community.

You'll also gain access to:

- Pooled resources (trainings, funding opportunities, workshop materials) to reduce the cost of program implementation
- A web portal to post your workshops and increase referrals
- Strategies addressing the multicultural needs of your clientele
- Partners who can host evidence-based workshops in your community
- Trained evidence-based facilitators in a multitude of programs
- Advertising and shared media opportunities
- Learning and identifying best practices
...and much more!

Where can I get more information?

Visit www.cahealthierliving.org for information on evidence-based health promotion programs, and the Los Angeles County page for information on LAACHA and a list of upcoming Evidence-Based Workshops and Leader Trainings in the Los Angeles area.

How Can I Join



Complete the Membership Form and email it to LAACHA@picf.org or fax to 818/837-3799.

To learn more about LAACHA and to post your workshops or trainings on the LAACHA website, call 818/837-3775, ext. 199 or email LAACHA@picf.org.





Los Angeles Alliance for Community Health & Aging

Background

Los Angeles has a rich history, locally and nationally, in the development and growth of effective health and chronic disease self-management education programs. Over the last several years, many community leaders and organizations representing health care, older adults, persons with disabilities, academia, and public agencies have come together to explore and identify opportunities to align, leverage resources, and expand the reach of these programs as interest and awareness continue to grow.

Goal

To improve population health in the Los Angeles region by making proven and effective health and chronic disease self-management education programs more accessible to our diverse population, with the intention of a robust communitywide impact.

Initial activities of the Alliance are to:

- Collaborate and plan strategically for the growth of evidence-based programs in LA
- Increase accessibility of evidence-based programs
- Inventory local evidence-based programs and activities
- Coordinate efforts in the county and develop a regional plan
- Increase the diversity of partners and communities offering evidence-based programs
- Increase participation in the programs by people with disabilities or multiple chronic conditions, as well as by limited and non-English speakers, veterans, and Native Americans.

Our Vision

A community in which all residents take action to improve their health and well-being and can access evidence-based community health programs through a cohesive, interdisciplinary, and culturally comprehensive network of organizations.

Our Mission

Increase accessibility and reach of evidence-based health promotion programs for at-risk, marginalized, older adult residents, caregivers, and families in Los Angeles City and County through collaboration among community organizations and health systems.



Member Registration



Los Angeles Alliance
For Community
Health & Aging

LAACHA members include organizations and individuals at various points in the implementation of Evidence-Based Health Promotion Programs (EBHPPs), from those in the early planning stages to those who have been offering these programs in their community for years. Members receive updates on LAACHA activities and opportunities.

First and Last Name _____

Agency Affiliation _____

Job title or Affiliation _____

Address _____

Telephone Number _____ Email address _____

WAYS TO PARTICIPATE Spreading the Word / Implementation

- Outreach and marketing to potential participants
- Encourage new participating organizations: Increase awareness of EBHPPs within your network
- Work with providers, hospitals or clinics to establish a referral system to EBHPPs
- Begin EBHPP implementation or add programs within your organization

IMPLEMENTATION Review the following programs and select appropriate boxes that apply:

Currently Implementing	Interested In Offering	Evidence-Based Program Name
<input type="checkbox"/>	<input type="checkbox"/>	Healthier Living (CDSMP)
<input type="checkbox"/>	<input type="checkbox"/>	Tomando Control de Su Salud (Spanish only)
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes Self-Management
<input type="checkbox"/>	<input type="checkbox"/>	Chronic Pain Self-Management
<input type="checkbox"/>	<input type="checkbox"/>	Matter of Balance
<input type="checkbox"/>	<input type="checkbox"/>	Savvy Caregiver
<input type="checkbox"/>	<input type="checkbox"/>	Powerful Tools for Caregivers
<input type="checkbox"/>	<input type="checkbox"/>	Walk with Ease
<input type="checkbox"/>	<input type="checkbox"/>	Arthritis Foundation Exercise Program
<input type="checkbox"/>	<input type="checkbox"/>	Active Start
<input type="checkbox"/>	<input type="checkbox"/>	HomeMeds
<input type="checkbox"/>	<input type="checkbox"/>	Healthy Moves
<input type="checkbox"/>	<input type="checkbox"/>	Tai Chi: Moving for Better Balance
<input type="checkbox"/>	<input type="checkbox"/>	Stepping On
<input type="checkbox"/>	<input type="checkbox"/>	Other:

Other ways I would like to participate _____

I support healthy aging and wish to collaborate in a strategic alliance in the Los Angeles region to coordinate and increase the reach of effective, evidence-based community health interventions.

Signature _____ Date _____

After completed, please e-mail this form to LAACHA@picf.org or fax to (818) 837-3799