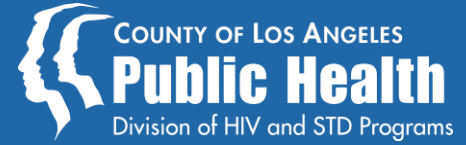




Ending
the
HIV
Epidemic



Division of HIV and STD Programs

Julie Tolentino, MPH
Senior Program Manager
Ending the HIV/STI Epidemics

Ending the HIV Epidemic Plan for Los Angeles County



59,400

people living with HIV
in LA County

6,800

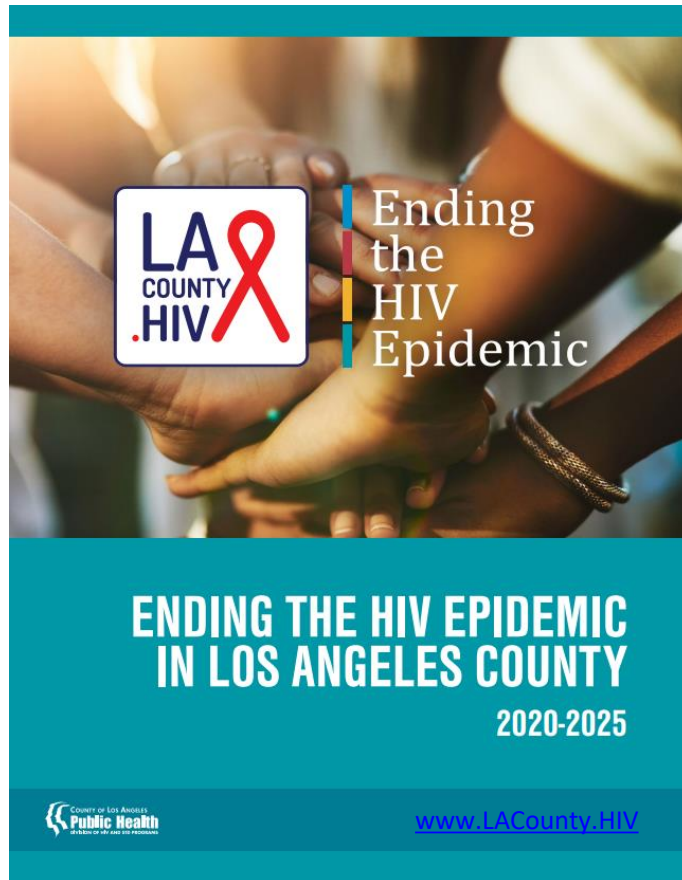
are unaware of their
HIV positive status

76,000

people would benefit
from PrEP

54,500

of the 76,000 are Black &
Latinx people who would
benefit from PrEP



Priority Populations

- Black/African American men who have sex with men (MSM)
- Latinx MSM
- **Women of color**
- People who inject drugs and/or with substance use disorder
- People of trans experience
- Youth under 30 years of age



Diagnose



Treat

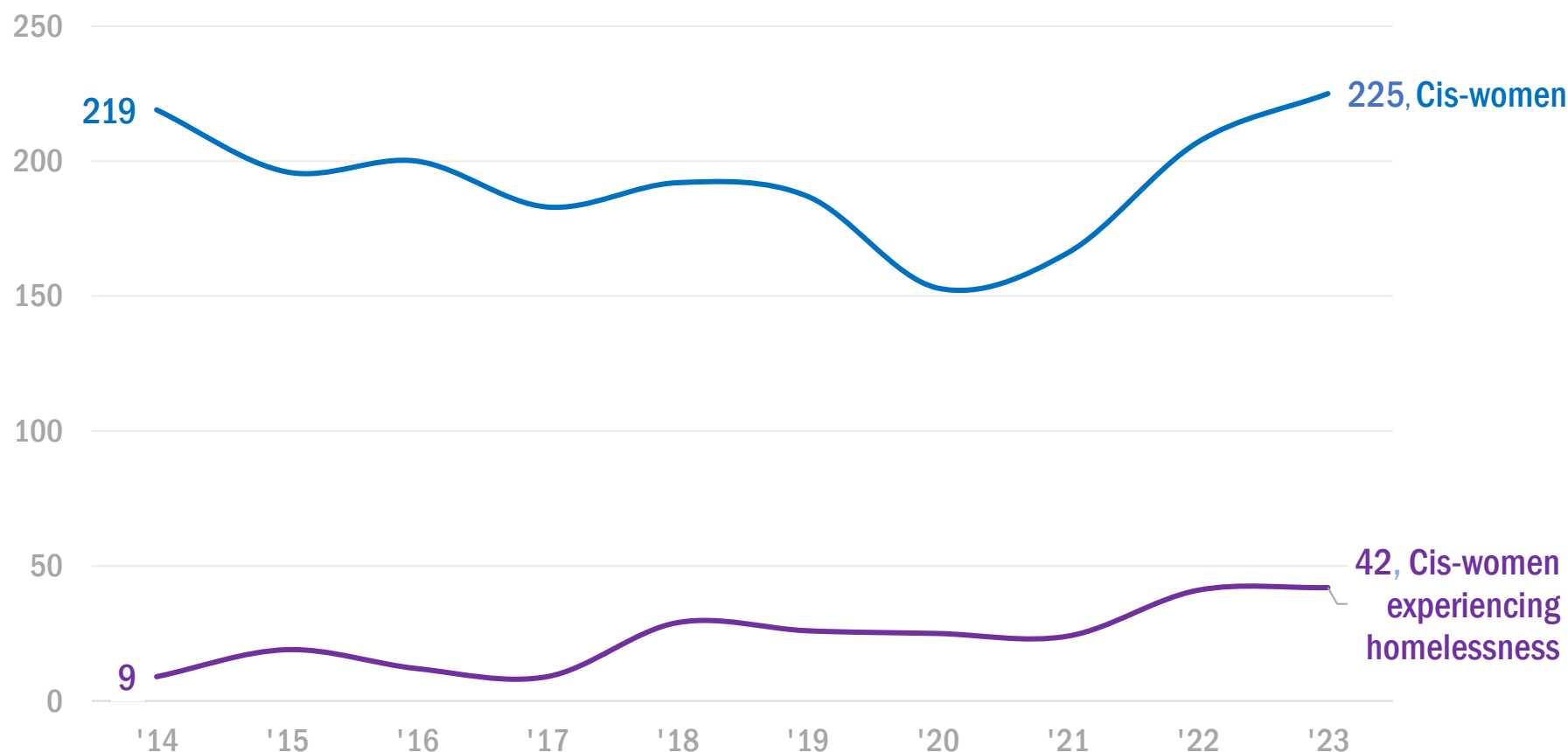


Prevent



Respond

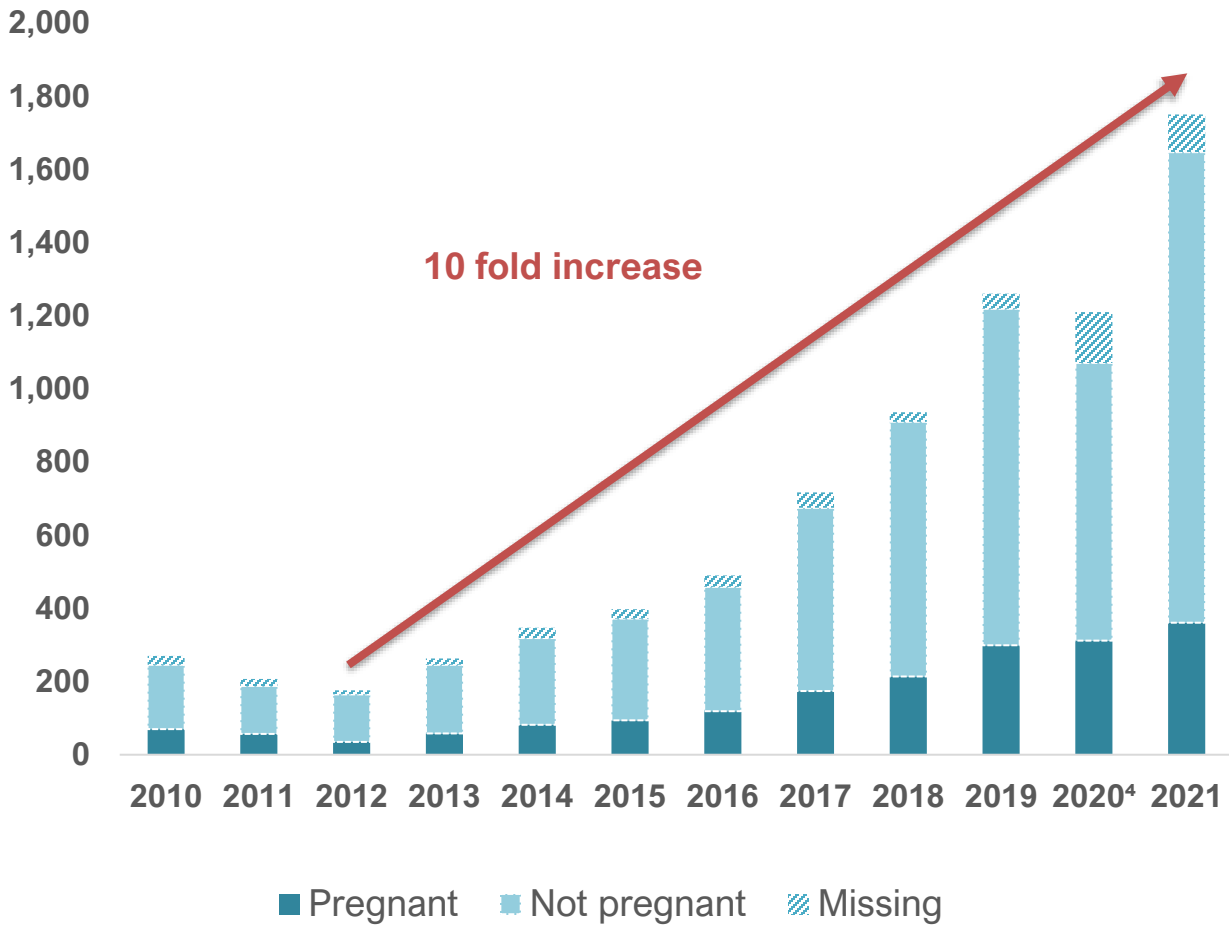
After declining from 2014 through 2020, the number of new HIV diagnoses among **ciswomen** hit a 10-year high in 2023. Particularly, new HIV diagnoses are increasing among **ciswomen experiencing homelessness**.



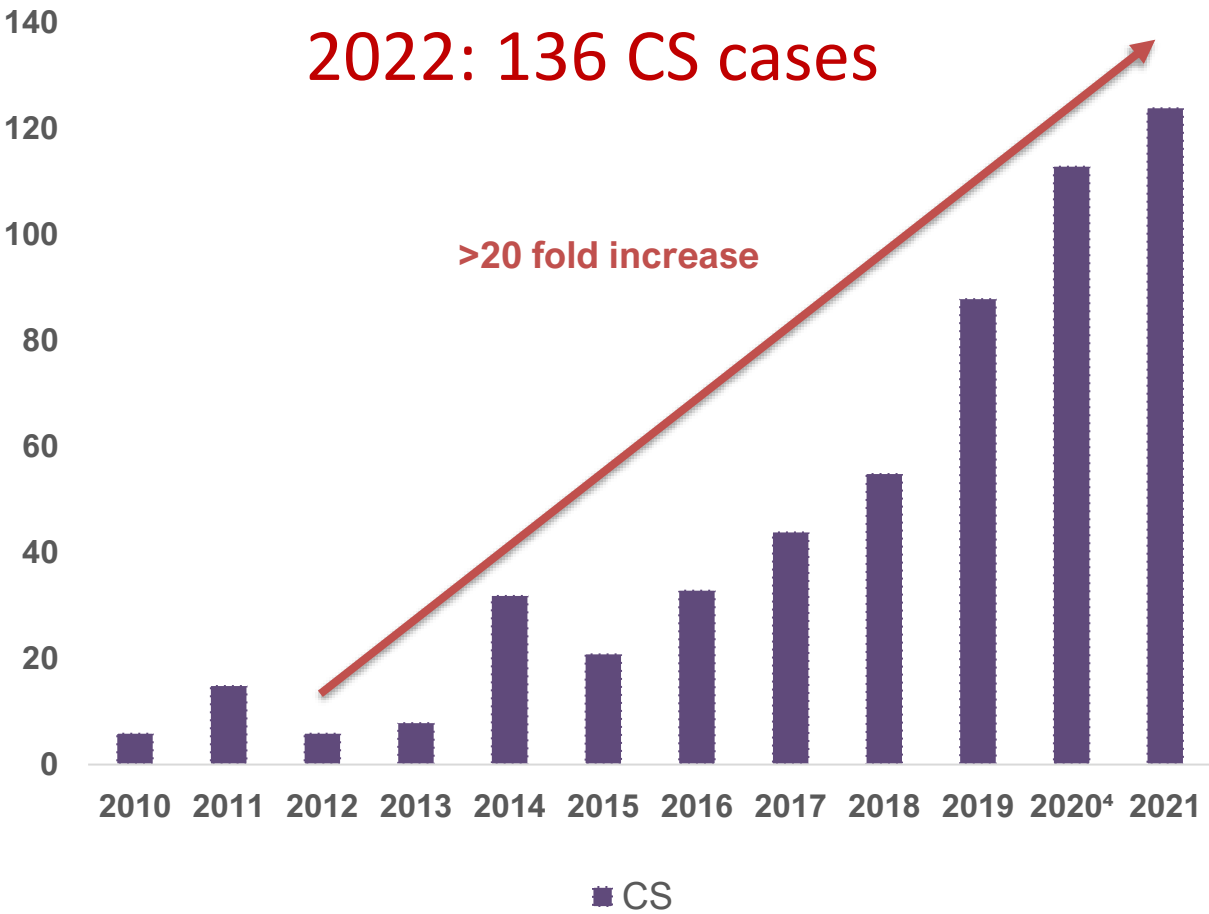
Number of Female and Congenital Syphilis Cases^{1,2} Los Angeles County, 2010-2021³ (excludes Long Beach and Pasadena)



Female syphilis cases (all stages)



Congenital syphilis cases

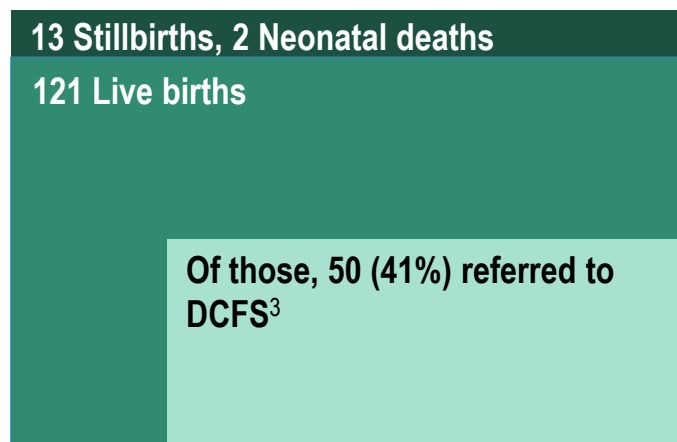


1. Syphilis among females of childbearing age (ages 15-44) including all cases staged as primary, secondary, early non-primary non-secondary (previously early latent) and unknown duration/late (previously late latent).
2. Congenital syphilis includes syphilitic stillbirths.
3. LAC data as of March 23, 2023.
4. Note that the number of reported STDs in 2020 decreased as a result of decreased STD screening and increased use of telemedicine during the COVID-19 Stay at Home Health Officer Order.

Los Angeles County saw an all-time high of 136 congenital syphilis cases in 2022 among 133 birthing parents¹.

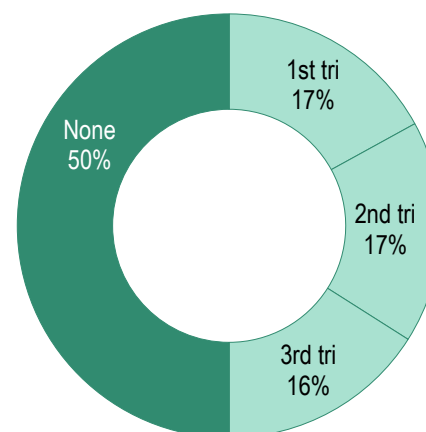
Birthing Parent Characteristics* of Congenital Syphilis Cases in Los Angeles County, 2022

11% of congenital syphilis cases were stillbirths or neonatal deaths².

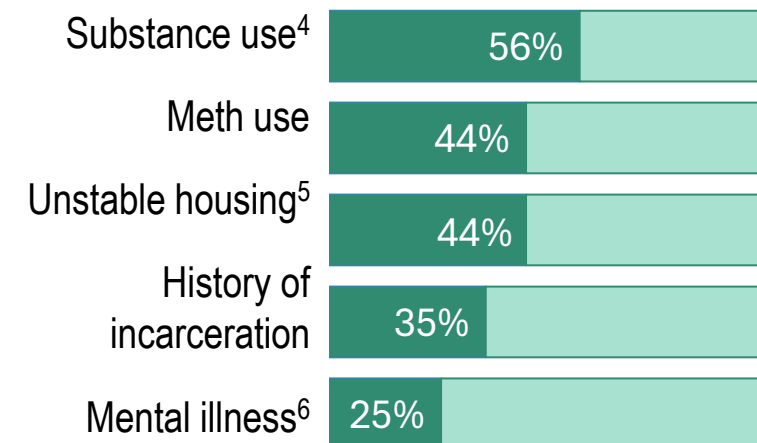


50% of birthing parents did not receive any prenatal care.

Trimester at prenatal care entry



Birthing parents faced major health and social challenges.



*Characteristics are likely under-reported due to loss to follow up and minimal medical documentation.

¹ Accounts for 3 sets of twins among the congenital syphilis cases. ² Death of a live born infant, regardless of gestational age at birth, within the first 28 completed days of life. ³ LA County Dept. of Child and Family Services ⁴ Includes meth, excludes marijuana. ⁵

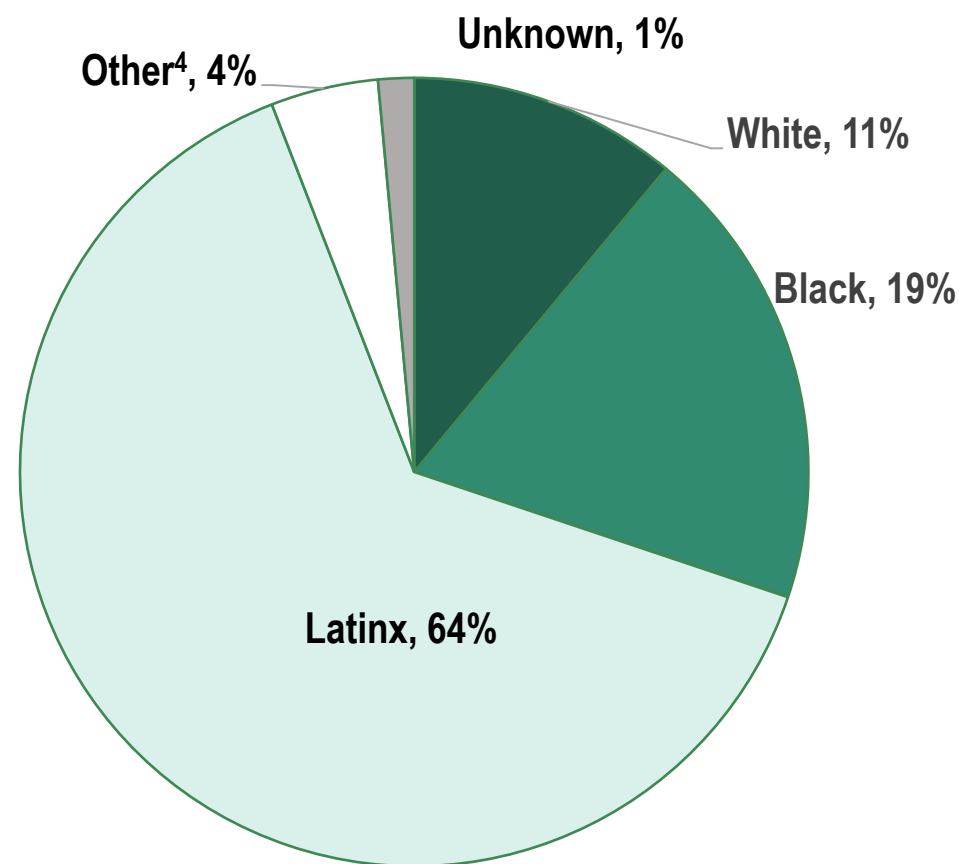
Includes shelters, sleeping outdoors, group homes, transitional housing, and other living arrangements

⁶ Within the last 2 years

Division of HIV and STD Programs. Data sources: Toxicology reports, syphilis interviews, LA County Sheriff's Dept. Inmate, Information Center, medical records. Congenital syphilis REDCap data as of December 18, 2023. Data are provisional due to delays in reporting

Latinx represented more than half of all congenital syphilis birthing parents.

Race/ethnicity of Congenital Syphilis Cases by Birthing Parent, Los Angeles County, 2022^{1,2,3}



1. 2022 data are from STD Casewatch as of 08/20/2023 and exclude cases from Long Beach and Pasadena 2. 2022 data are provisional due to reporting delay. 3 Syphilis among females of childbearing age (ages 15-44) including all cases staged as primary, secondary, early non-primary non-secondary (previously early latent) and unknown duration/late (previously late latent). Congenital syphilis includes syphilitic stillbirths. 4. "Other" category includes Asian, NHPI, AIAN and multi-race birthing parents.

Opportunities for Partnership

Diagnose

- HIV/STI testing
- Increase access to syphilis screening and pregnancy testing

Prevent

- PrEP and PEP

Treat

- Linkage to HIV medical care and supportive services
- Linkage to STI treatment and other health care needs

Health Education (Providers and Community)

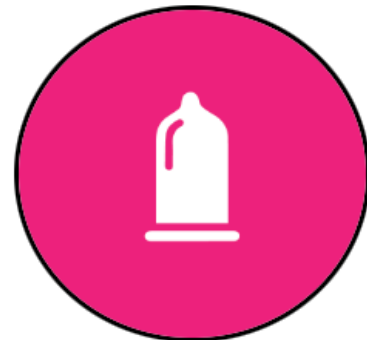
- HIV, STIs and related topic areas

[INFORMATION](#)[SERVICES](#)[CLINIC RESOURCES](#)[EN | ES](#)

Welcome to Get Protected L.A.!

The official sexual-health resource hub for HIV and STD prevention, testing, care, services, and information in Los Angeles County.

www.GetProtectedLA.com



HIV Testing Resources

- Distribute HIV self-test kits, INSTI HIV test kits, syphilis test kits.
- To learn more about HIV/STI testing visit: www.GetProtectedLA.com

I TESTED POSITIVE

Open this panel to learn more about next steps!

I GOT TESTED

Now What?

I TESTED NEGATIVE

Open this panel to learn more about next steps!

Resources

The official sexual health information and resource hub for HIV and STD prevention, testing and care services in LA County.

Information on PrEP and PEP for the public and providers. Features information on HIV prevention and care services in LA County.

TAKEMEHOME

Free HIV self-test kits that are mailed discreetly to you.

Ending the HIV Epidemic (EHE) Initiative is an initiative launched locally in LA County that aims to reduce HIV by 75% by 2025, and by 90% by 2030.

To learn more about EHE, visit LACounty.HIV or email EHEInitiative@on.lacounty.gov to sign-up to receive the EHE newsletters.

County of Los Angeles Department of Public Health
Division of HIV and STD Programs
www.publichealth.lacounty.gov/dhsp
(213) 351-0000

Revised: January 2023

Ending the HIV Epidemic

DIAGNOSIS

Human Immunodeficiency Virus (HIV) is a chronic infection (STI) where the body's immune system. If left untreated, it can lead to AIDS (Acquired Immune Deficiency Syndrome).

HIV is spread via 5 body fluids: blood, semen, rectal fluids, vaginal fluids, and breast milk. You can get HIV from sex (vaginal, anal, or oral) or sharing needles/syringes. Pregnant people can pass HIV to their baby during pregnancy, labor, or breastfeeding.

Symptoms?
Symptoms may not develop, or may be confused with another illness. If they do appear, they may appear 2 to 4 weeks after exposure and can be flu-like. Symptoms include: fever, swollen lymph nodes, rash, chills, night sweats, muscle aches.

Between the ages of 13 and 65, about 1 in 10 people should get tested for HIV at least once in their lifetime.

The only way to know if you have HIV is to get tested. HIV testing is now a part of routine healthcare. Visit www.GetProtectedLA.com to find free or low-cost, confidential testing sites available around Los Angeles (LA) County. Visit www.TakeMeHome.org to order an HIV self-test kit to be mailed to you.

PREVENTION

Choose any or all that are right for you:

Condoms and Dental Dams
Use a condom or dental dam consistently and correctly every time you have sex.

Consider Limiting Your Sex Partners
Reducing your number of sex partners can decrease your risk for exposure to HIV/STIs.

Don't share needles, syringes, or other injection equipment
You can exchange used needles for new ones at a syringe service program (SSP). To find a SSP, visit tiny.cc/LASyringe. If you are unable to access new needles, clean your needles to greatly reduce your risk for HIV and hepatitis. To learn how to clean your syringes, visit tinyurl.com/CleanRig.

PrEP (Pre-Exposure Prophylaxis)
PrEP is a medication that lowers the risk of getting HIV before exposure through sex or sharing needles/syringes. PrEP reduces the risk of getting HIV by about 99% from sex and at least 74% from injection drug use when taken as directed. Visit www.GetPrePLA.com to find a PrEP provider near you!

PEP (Post-Exposure Prophylaxis)
PEP is an emergency medication taken for 28 days to prevent HIV after a possible exposure. PEP must be started within 72 hours of possible exposure to HIV: the sooner you start PEP, the better. Immediately seek a primary care, urgent care, or emergency room provider and ask for PEP.

If pregnant, seek early prenatal care to prevent health problems for you and your baby.

TREATMENT

How is HIV treated?
HIV is treated by taking antiretroviral therapy (ART). ART reduces the amount of HIV in your body and helps you stay healthy. There is no cure for HIV, but you can control it with HIV treatment.

You can live a long and healthy life by taking your HIV medication.

Linkage to Care
Once you are diagnosed with HIV, it is important to get started on treatment so you can stay healthy. If you need assistance with finding an HIV provider or booking an HIV appointment, call the LA County Rapid Navigators.

Call (833) 351-2298 to get connected to a Public Health Rapid Navigator to help you start your HIV treatment!

U=U (Undetectable = Untransmittable)
U=U is shorthand for Undetectable = Untransmittable and shares the message that people with HIV (PWH) who take medication to control the virus can't pass HIV to others during sex. Let's break it down:

- When HIV is "undetectable," also known as virally suppressed, the amount of HIV in the blood is so low that it cannot be measured by the lab test.
- Many scientific studies have shown that when HIV is undetectable for at least six months, it is then "untransmittable" and won't pass from person to person during sex.
- HIV treatment benefits the health of the person living with HIV and their partners too!

NEXT STEPS

Should you tell people that you tested positive for HIV?
Many people experience a sense of relief, closeness, and empowerment when they disclose their status to loved ones and partners. Your HIV status is personal so it's your decision how and when you tell others. Your HIV care team or the Department of Public Health can assist you with this if you need or want help.

Notifying Partners of HIV Exposure
If you feel comfortable, let your sex partners or needle-sharing partners know that they have been exposed to HIV and should get tested. You can let them know anonymously through TellYourPartner.org which allows you to send an anonymous text or email to the person. You can also call the Department of Public Health and we can work to notify them while protecting your confidentiality. See number below.

Call (213) 639-4277 if you would like Public Health Staff to notify someone about an exposure to HIV/STI.

Are you experiencing domestic violence (DV) or intimate partner violence (IPV)?
Sometimes, an HIV or STI diagnosis can happen for someone who is experiencing DV or IPV, and may make partner notification an unsafe choice for them. If you need help right away, or are experiencing DV or IPV, please call the 24/7 confidential LA County DV Hotline at (800) 978-3600.

[I Got Tested Brochure](#); [Me Hice La Prueba](#)



**Free HIV
Self-Test Kits**

TAKEMEHOME.ORG

**Order up to 2 free
HIV/STI
self-test kits**



GetProtectedLA.com
The official sexual health resource hub for HIV and STD prevention, testing, care, services, and information in Los Angeles County.



GetPrEP LA
GetPrEP LA.com
HIV Prevention (Including PrEP and PEP!)

PrEP is a medication that can help prevent getting HIV before an exposure.
PEP is an emergency medication that can prevent HIV after an exposure, if started within 72 hours.

TAKEMEHOME
TakeMeHome.org

FREE HIV self-test kits delivered!

Oral Swab HIV Self-Test kits, for Los Angeles County community members 18 years or older.



I know.
DontThinkKnow.org

FREE STD self-test kits delivered!

Vaginal Swab Chlamydia and Gonorrhea Self-Test kits currently available to women, girls, transgender men, and any person with a vagina between the age of 12-24 in Los Angeles County.



Scan for Naloxone/Narcan
distribution sites.

(Call ahead to verify, schedules and locations may change)

Scan for Engagement and Overdose
Prevention (EOP) Hubs offering
needle exchange AND Naloxone.



County of Los Angeles
Public Health
Division of HIV and STD Prevention

Questions? (213) 351-8000
www.PublicHealth.LACounty.gov/DHSP

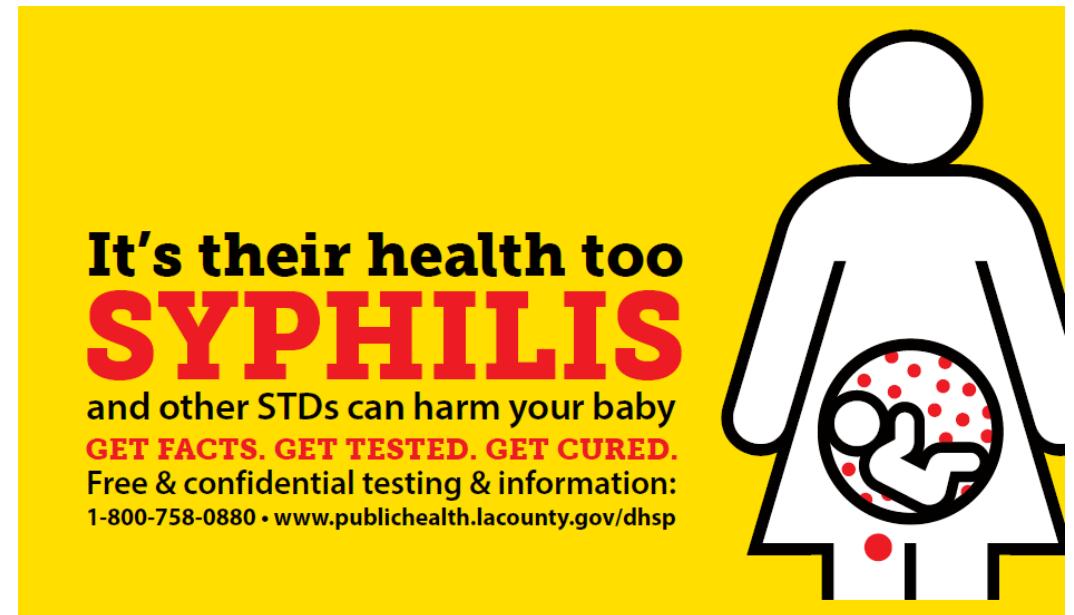
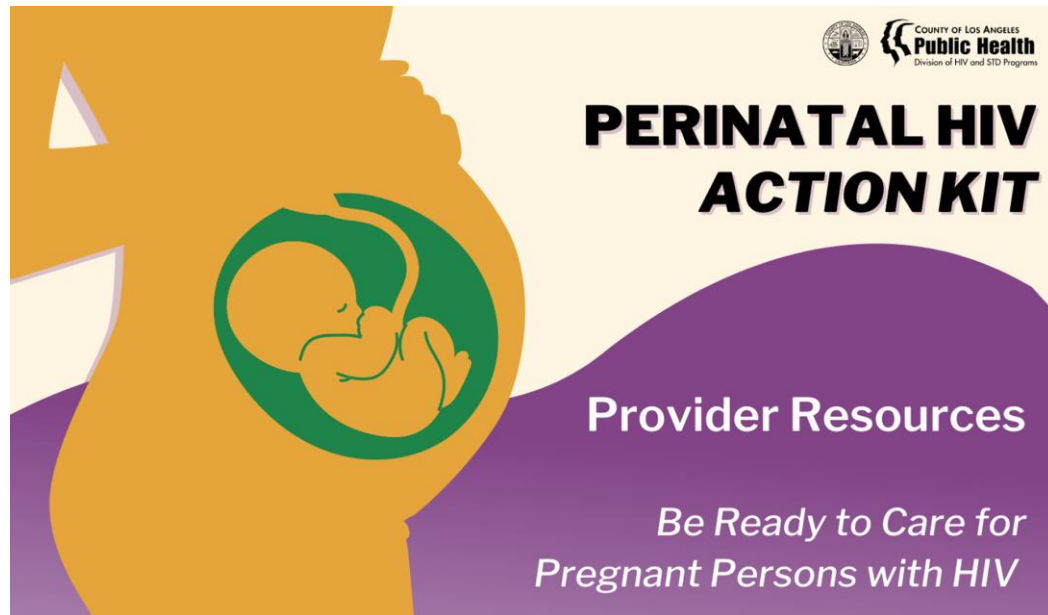
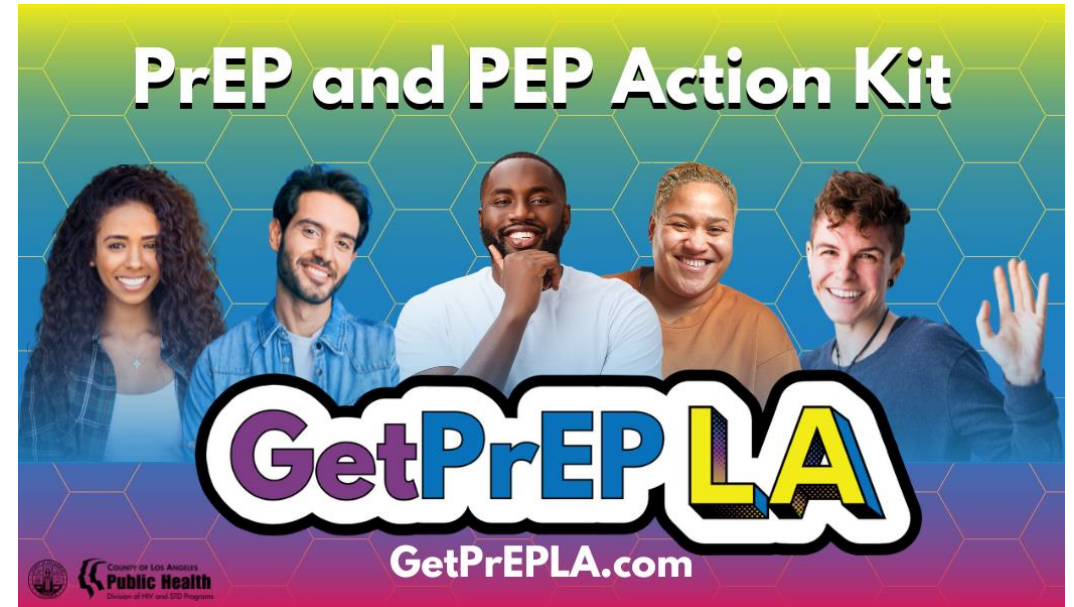
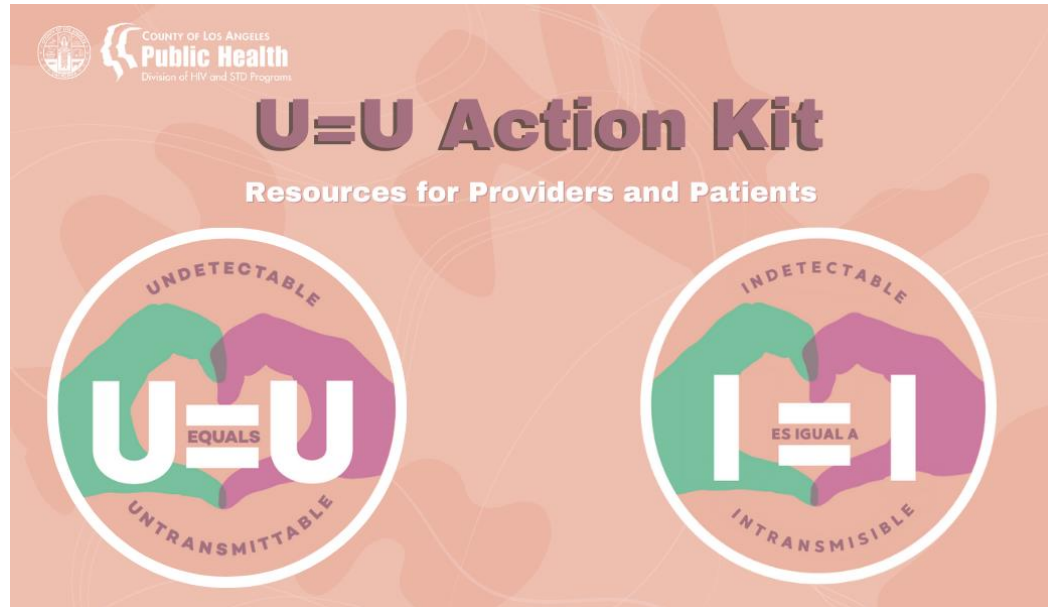
Increase access to syphilis screening and pregnancy testing

- **Current or upcoming efforts:**
 - Homeless Healthcare Partners and Syringe Support Programs
 - Testing events in coordination with trusted partners
 - Women's Health Fairs
 - Emergency Departments
 - Jails
 - **OWH contractors? Other partners?**

Link people with syphilis to treatment and other health care services

- **Clinical Field Team and Direct Community Services Mobile Unit**
 - Test and Treat events with CBO partners
 - Syphilis treatment
 - Pregnancy testing, Contraception, HIV PrEP
 - **OWH contractors? Other partners?**

Action Kits ([click here](#))



I'm+ LA Resource: www.getprotectedla.com/ImPositiveLA



"THE RYAN WHITE PROGRAM HELPED
ME WITH FREE FOOD AND RIDES
TO MY HIV APPOINTMENTS"

**I'M+
LA**

Where Angelenos With
HIV Find Support
Learn More at ImPositiveLA.com

OBTÉN MUCHO MÁS QUE CUIDADO DEL VIH Comida Gratis Esta Disponible

El programa Ryan White ofrece comida gratis
y otros servicios de apoyo.

Conoce más en SoyPositivoLA.com

**SOY+
LA**

Donde Los Angelinos
Con VIH Encuentran Apoyo



"Cuando me diagnosticaron con VIH no
tenía cómo moverme de un lugar a otro."



Improving HIV Treatment for Survivors of Violence

A training presented by:



The Los Angeles LGBT Center is excited to offer a training that will include elements of **LGBTQ+ 101, Domestic Violence / Intimate Partner Violence 101, and HIV 101** to HIV Service Providers in Los Angeles County with the goal of improving HIV treatment and adherence to survivors of violence.

Training Details

Location: Hollywood or Leimert Park

Date: Varies, please select your preferred date(s) in the form

Cost: Free to attend and lunch and beverages provided.

To Register: Fill out the interest form via the QR code on this flier, or type this link into your browser – <https://bit.ly/HIVTreatmentforSurvivorsTraining>



Funding provided by the Health Resources & Services Administration (HRSA) Ending the HIV Epidemic Grant and the County of Los Angeles, Department of Public Health, Division of HIV and STD Programs.

Training Opportunity at LA LGBT Center.



THE FLEXCARD

Feel well. Live well. Expand options.

A program offering
\$400 in digital gift
cards, every month
for 6 months.

To qualify, you must be:

- ✓ living with HIV
- ✓ 18 years or older
- ✓ living in LA county



APPLY HERE:



Application open
Sept 2-12, 2024.

flexcard.aidkit.org/apply

NEW

FLEX Card Program

People with HIV can apply for
\$400/month in store gift cards for 6
months.

Application opens September 2, 2024
(Labor Day)

Info session: August 29, 2024 at 10am
[Register & Join](#)



Ending
the
HIV
Epidemic



Thank you!

Julie Tolentino, MPH

jtolentino@ph.lacounty.gov

EHE Email: EHEInitiative@ph.lacounty.gov

EHE website: www.LACounty.HIV