WHAT YOU SHOULD KNOW ABOUT MONKEYPOX IN LA COUNTY

Monkeypox is a rare disease that has recently been reported in California and Los Angeles County.

How is monkeypox spread?

Monkeypox can spread when a person has close contact with a person infected with monkeypox virus or when a person comes in contact with materials (e.g., bedding, towels) that are contaminated with the virus. The monkeypox virus can also spread from animals to people.

The monkeypox virus can spread by:

- Touching monkeypox lesions on a person's skin
- Touching contaminated objects, fabrics (clothing, bedding, towels), and surfaces that have been in contact with someone with monkeypox
- Coming into contact with respiratory droplets or secretions from the eyes, nose and mouth from a person with monkeypox

To prevent the spread of the monkeypox virus, persons should avoid:

- Oral, anal, and vaginal sex, or touching the genitals or anus of someone with monkeypox
- Hugging, massaging, kissing, or talking closely with someone with monkeypox
- Touching shared fabrics, shared surfaces, and objects (e.g. sex toys) used by someone with monkeypox

If you do come in contact with an infected person or animals, wash your hands with soap and water or use an alcohol-based hand sanitizer.

Signs of monkeypox

Fever & Headaches

Swollen Lymph Nodes

Muscle Aches

Rash, Bumps, Or Blisters

ASK ANYONE YOU ARE IN INTIMATE CONTACT WITH IF THEY HAVE ANY SIGNS OR SYMPTOMS (e.g., new or unexplained rash or sore, and or flu-like symptoms) OF MONKEYPOX

IF YOU THINK YOU MAY HAVE MONKEYPOX, PLEASE CONTACT YOUR HEALTHCARE PROVIDER.

IF YOU DON'T HAVE A PROVIDER OR HEALTH INSURANCE, CALL 2-1-1 OR VISIT A PUBLIC HEALTH SEXUAL HEALTH CLINIC NEAR YOU.

SCAN HERE TO FIND A SEXUAL HEALTH CLINIC

For more information on Monkeypox, visit: ph.lacounty.gov/media/Monkeypox/

Revised 6/30/2022

County of Los Angeles Public Health