

WHAT YOU SHOULD KNOW ABOUT INTIMATE CONTACT AND MONKEYPOX

Monkeypox is a rare disease that has recently been reported in California and Los Angeles County.

How is monkeypox spread?

Monkeypox can spread when a person has close contact with a person infected with monkeypox virus or when a person comes in contact with materials (e.g., bedding, towels) that are contaminated with the virus. The monkeypox virus can also spread from animals to people.



The monkeypox virus can spread by:

- Touching monkeypox lesions on a person's skin
- Touching contaminated objects, fabrics (clothing, bedding, towels), and surfaces that have been in contact with someone with monkeypox
- Coming into contact with respiratory droplets or secretions from the eyes, nose and mouth from a person with monkeypox

To prevent the spread of the monkeypox virus, persons should avoid:

- Oral, anal, and vaginal sex, or touching the genitals or anus of someone with monkeypox
- Hugging, massaging, kissing, or talking closely with someone with monkeypox
- Touching shared fabrics, shared surfaces, and objects (e.g. sex toys) used by someone with monkeypox

Signs of monkeypox



Fever & Headaches



Swollen Lymph Nodes



Muscle Aches



Rash, Bumps, Or Blisters

Lower Your Risk of Spreading Monkeypox

If you or your partner have recently been sick, currently feel sick, or have a new or an unexplained rash or sores, avoid physical and intimate contact and see a healthcare provider. Do not share things like sheets, towels, clothing, sex toys, and toothbrushes.



IF YOU THINK YOU MAY HAVE MONKEYPOX, PLEASE CONTACT YOUR HEALTHCARE PROVIDER.

IF YOU DON'T HAVE A PROVIDER OR HEALTH INSURANCE, CALL 2-1-1 OR VISIT A PUBLIC HEALTH SEXUAL HEALTH CLINIC NEAR YOU.

SCAN HERE TO FIND A SEXUAL HEALTH CLINIC

