



# COVID-19 Booster Vaccines

## Boost your protection!

### BOOST YOUR PROTECTION AGAINST SEVERE COVID-19

- The updated (bivalent) Pfizer and Moderna COVID-19 vaccines protect against the original COVID virus and more recent Omicron variants.
- Getting an updated booster dose strengthens your immunity against the variants we are seeing right now and expect to see this winter. This gives you better protection from the worst outcomes of COVID-19.



### IF IT HAS BEEN AT LEAST 2 MONTHS SINCE YOUR LAST DOSE, GET AN UPDATED BOOSTER DOSE NOW



**Everyone ages 5 years and older** should get an updated booster even if they have already gotten one or more doses of an original booster. The updated booster is due at least 2 months after a final primary series dose or an original booster dose.

It is **especially important** for people ages 65 and older to get a booster.

- Side effects after booster doses are like those after the primary doses. Most side effects are mild to moderate and last a day or 2.
- Children ages 6 months through 4 years cannot get a booster yet. But if they have not been vaccinated, they should get their primary vaccine series now.
- A Novavax booster dose is available for people ages 18 and older who can't get a Pfizer or Moderna vaccine and have not had a booster dose before. It is given 6 months after completing a primary vaccine series.
- You can **get a flu vaccine at the same time** as a COVID vaccine!

### BOOSTERS ARE RECOMMENDED EVEN IF YOU ALREADY HAD COVID

- **Getting vaccinated provides added protection.**
- Wait until you're out of isolation to get the booster. You can also consider waiting 3 months from when your symptoms started or when you first had a positive test (if you didn't have symptoms). You are unlikely to get COVID again during the 3 months. And a longer time between infection and vaccination may also result in a better immune response.



### VACCINES ARE FREE - YOU DO NOT NEED INSURANCE

- You will not be asked about your immigration status.

Visit [VaccinateLACounty.com](https://www.vaccinatelacounty.com) or call **1-833-540-0473** to learn more.



COUNTY OF LOS ANGELES  
**Public Health**

Booster Facts (English) 11-17-22