

# WHAT YOU SHOULD KNOW ABOUT MONKEYPOX

Monkeypox is a contagious disease caused by the monkeypox virus. Anyone who has been in close, personal contact with someone who has monkeypox is at risk.

**Symptoms usually start 5-21 days after exposure**

## KEY SYMPTOM

### RASH



The rash may:

- Look like bumps, pimples, blisters, sores, or scabs
- Be anywhere on the body including on the genitals, anus, mouth, hands, and face
- Be in just one area or may spread over the body
- Be itchy or painful (especially if inside the mouth or anus)

### FLU-LIKE SYMPTOMS

## OTHER SYMPTOMS



Fever/chills



Exhaustion,  
muscle aches  
and headache



Swollen lymph  
nodes

- Flu-like symptoms can appear 1-4 days before or after the rash starts
- Not everyone will get these symptoms

## HOW MONKEYPOX IS SPREAD

Monkeypox is known to spread by close, intimate and/or prolonged contact, including:

- Direct skin-to-skin contact with the rash, scabs, or sores during sex and other intimate contact such as kissing, massage, and cuddling.
- Contact with objects and fabrics (such as clothing, bedding, towels or sex toys) that have been used by someone with monkeypox and haven't been cleaned.
- Contact with respiratory secretions. This can happen during prolonged, close, face-to-face contact or intimate contact.

A person with monkeypox can spread it to others from the time symptoms start until the rash has healed, scabs have fallen off, and there is a new layer of skin. This usually takes 2 to 4 weeks.

A pregnant person with monkeypox can spread the virus to their fetus.

**Monkeypox is NOT spread** through casual conversations or by walking by someone who has it.

**VACCINATION** is available for people at higher risk, including people who have been exposed to monkeypox.

**ANTIVIRAL TREATMENT** is available for people who have, or who are at risk of, severe monkeypox.

For more information talk to your doctor or visit [ph.lacounty.gov/Monkeypox](http://ph.lacounty.gov/Monkeypox).

**CONTACT YOUR DOCTOR** right away if you have a new, unexplained, rash or lesions. This is especially important if you were exposed to someone with or suspected to have monkeypox.

## IF YOU DON'T HAVE A DOCTOR:

- Call Public Health at 1-833-540-0473 (8am - 8:30pm daily), or
- Visit a [Public Health Sexual Health Clinic](#) near you.



Scan QR code to find a location