

How Does Contact Tracing Work?

Contact tracing is a simple, confidential process that has been used by public health departments for decades to slow the spread of infectious diseases and avoid outbreaks. You can do your part by answering a few simple questions when Public Health calls.

If you test positive for COVID-19:

- **Stay home except to get medical care and separate yourself from others until:**

- At least 10 days have passed since your symptoms first appeared, and
- You have had no fever for at least 24 hours, and
- Your symptoms have improved.



- **The public health department will contact you to follow-up. It is important to take this call.**

Public Health will ask:

1. About the places you have been.
2. The people you have been around while you were infectious.

- **The people you tell us about will be contacted but will not be told your name or contact information. They will also be asked to stay home to help prevent others from getting sick.**

If you get a call from Public Health it will show on your phone as **LA PublicHealth** or **1-(833) 641-0305**.



If you have been in contact with someone with COVID-19:

- **Remain home for 14 days after your last contact with the person who had COVID-19.**
- **The Public Health department will call you to follow-up. It is important to take this call.**



Public Health will ask:

1. If you are experiencing any symptoms or if you have been tested.
2. About places that you may have been to.

- **In order to avoid you getting mixed up with another person, please provide them with your complete and correct information.**
- **They may call you more than once to check how you are doing during your 14 days at home.**
- **They will provide you with information on next steps based on your responses.**
- **They will also provide you with information on how to access services like testing for COVID-19 or how to find a doctor if you don't already have one.**

