

## 2012 LAMB Survey

Domain/Subdomain		<i>Mental Health / General Mental Distress</i>			<i>Mental Health / Postpartum Depression</i>		
Indicator Description		Percentage of women who delivered a live birth having reporting feeling sad, empty or depressed for most of the day for two weeks or longer during their last/most recent pregnancy <sup>1</sup> .			Percentage of women who delivered a live birth reporting depressive symptoms after pregnancy <sup>2</sup> .		
		%	95% CI		%	95% CI	
<b>LA County</b>		<b>23.6</b>	<b>21.5</b>	<b>25.7</b>	<b>14.1</b>	<b>12.8</b>	<b>15.4</b>
<b>Race/Ethnicity</b>	<b>White</b>	13.4	11.3	15.5	12.5	10.4	14.5
	<b>Latina</b>	27.9	25.5	30.3	15.2	13.3	17.2
	<b>African-American</b>	30.1	26.9	33.3	15.0	12.4	17.5
	<b>Asian/Pacific Islander</b>	16.5*	6.2	26.8	10.2	8.2	12.1
<b>Service Planning Areas</b>	<b>SPA 1</b> Antelope Valley	27.4	23.5	31.2	18.2	14.9	21.5
	<b>SPA 2</b> San Fernando	22.1	18.7	25.5	13.7	10.7	16.7
	<b>SPA 3</b> San Gabriel	19.6	10.8	28.3	15.1	11.8	18.4
	<b>SPA 4</b> Metro	21.9	17.9	25.9	14.0	10.4	17.6
	<b>SPA 5</b> West	12.3	9.3	15.3	9.8	7.3	12.2
	<b>SPA 6</b> South	34.7	29.4	39.9	14.7	10.9	18.6
	<b>SPA 7</b> East	28.0	23.7	32.4	13.7	9.7	17.7
	<b>SPA 8</b> South Bay	20.2	17.1	23.3	13.6	10.8	16.3
<b>Supervisory Districts</b>	<b>First District</b>	23.4	19.4	27.4	14.6	11.5	17.7
	<b>Second District</b>	27.6	23.9	31.3	14.7	12.1	17.4
	<b>Third District</b>	22.4	19.0	25.8	12.9	9.8	16.0
	<b>Fourth District</b>	25.5	18.1	33.0	12.8	10.1	15.5
	<b>Fifth District</b>	18.0	14.9	21.2	15.1	12.4	17.7

\*The estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

<sup>1</sup>Respondents who answered positively to at least one question out of the following ones were coded as "depressed": "For two weeks or longer during your

<sup>2</sup>Question asked: "In the months after your new baby was born would you say that you were...". Respondents who answered "very depressed" and "moderately depressed" were coded as "depressed".

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