

## 2012 LAMB Survey

Domain/Subdomain		<i>Nutrition &amp; Physical Activity / Obesity and Overweight</i>			<i>Nutrition &amp; Physical Activity / Folic Acid Supplementation</i>			<i>Nutrition &amp; Physical Activity / Exercise/Physical Activity</i>		
Indicator Description		Percentage of women having a live birth who are overweight or obese based on body mass index (BMI).			Percentage of women having a live birth who did not take a multivitamin, prenatal vitamin, or a folic acid supplement during the month prior to pregnancy.			Percentage of women having a live birth who did not exercise during pregnancy.		
		%	95% CI		%	95% CI		%	95% CI	
LA County		45.5	43.4	47.6	47.5	45.3	49.7	24.5	22.9	26.2
Race/Ethnicity	White	28.0	25.4	30.7	30.0	27.2	32.8	25.7	22.9	28.4
	Latina	57.1	54.5	59.8	55.8	53.3	58.4	23.7	21.4	25.9
	African-American	56.9	53.5	60.3	54.4	51.1	57.8	31.2	27.9	34.5
	Asian/Pacific Islander	18.0	13.9	22.1	33.8	26.4	41.2	23.2	17.7	28.6
Service Planning Areas	SPA 1 Antelope Valley	55.6	51.2	59.9	56.3	52.0	60.7	31.0	26.9	35.1
	SPA 2 San Fernando	38.8	34.7	42.8	43.6	39.6	47.6	30.0	26.2	33.8
	SPA 3 San Gabriel	42.3	34.7	49.9	46.9	38.3	55.6	20.3	15.6	25.0
	SPA 4 Metro	41.6	36.6	46.5	44.3	39.5	49.0	20.3	16.5	24.2
	SPA 5 West	21.5	17.6	25.5	24.7	20.9	28.6	21.5	17.5	25.4
	SPA 6 South	59.2	54.1	64.3	58.2	53.2	63.2	26.5	22.0	31.1
	SPA 7 East	52.9	48.0	57.9	49.7	44.8	54.5	23.5	19.4	27.6
	SPA 8 South Bay	47.5	43.6	51.4	49.3	45.4	53.1	24.1	20.7	27.4
Supervisory Districts	First District	50.4	44.3	56.5	49.2	43.6	54.9	18.6	15.2	21.9
	Second District	54.0	50.3	57.7	53.7	50.1	57.4	25.5	22.3	28.7
	Third District	35.8	31.8	39.9	42.8	38.8	46.7	27.9	24.0	31.7
	Fourth District	44.1	40.4	47.7	45.6	40.2	51.1	24.2	20.4	28.0
	Fifth District	40.2	35.1	45.4	44.1	38.7	49.5	27.3	23.2	31.3

\*The estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

For more information on LAMB project please visit [www.lalamb.org](http://www.lalamb.org)