

## 2005 LAMB survey

Domain/Subdomain		<i>Mental Health / General Mental Distress</i>			<i>Mental Health / Postpartum Depression</i>		
Indicator Description		Percentage of women who delivered a live birth having reporting feeling sad, empty or depressed for most of the day for two weeks or longer during their last/most recent pregnancy <sup>1</sup> .			Percentage of women who delivered a live birth reporting depressive symptoms after pregnancy <sup>2</sup> .		
		%	95% CI		%	95% CI	
<b>LA County</b>		39.8	37.8	41.9	16.5	14.7	18.3
<b>Race/Ethnicity</b>	White	22.2	19.4	25.0	12.9	10.4	15.4
	Latina	45.6	42.6	48.7	18.3	15.5	21.1
	African-American	49.1	45.6	52.6	15.9	12.9	18.9
	Asian/Pacific Islander	28.3	24.8	31.7	12.5	9.4	15.6
<b>Service Planning Areas</b>	SPA 1 Antelope Valley	41.1	36.3	46.0	14.7	10.8	18.6
	SPA 2 San Fernando	38.1	33.3	42.8	18.7	14.1	23.4
	SPA 3 San Gabriel	37.6	32.2	42.9	11.3	7.6	15.1
	SPA 4 Metro	42.2	36.5	47.9	15.6	10.7	20.5
	SPA 5 West	21.6	17.9	25.4	14.7	10.8	18.6
	SPA 6 South	46.1	39.9	52.3	21.0	14.8	27.1
	SPA 7 East	43.5	37.3	49.6	13.8	9.1	18.6
	SPA 8 South Bay	38.3	33.7	43.0	19.2	14.6	23.9
<b>Supervisory Districts</b>	First District	45.5	40.5	50.6	12.5	8.8	16.1
	Second District	43.0	38.8	47.3	20.1	15.8	24.5
	Third District	37.5	32.6	42.5	17.9	13.2	22.7
	Fourth District	36.4	32.1	40.8	16.6	12.8	20.4
	Fifth District	33.6	29.5	37.7	15.3	11.5	19.1

<sup>1</sup> Respondents who answered positively to at least one question out of the following ones were coded as "depressed": "For two weeks or longer during your last pregnancy, did you - 1. feel sad, empty or depressed for most of the day, 2. lose interest in most things like work, hobbies and other things you usually enjoyed?".

<sup>2</sup>Question asked: "In the months after your new baby was born would you say that you were...". Respondents who answered "very depressed" and "moderately depressed" were coded as "depressed".

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