

# Los Angeles Mommy and Baby (LAMB) Survey

## 2005 Survey Data

By Service Planning Area,  
Supervisorial District,  
and Race/Ethnicity

Los Angeles County Department of Public Health  
Maternal Child and Adolescent Health Programs



Los Angeles Mommy and Baby (LAMB) Survey collected health related information from mothers who gave birth in Los Angeles County. In 2005, over 5,200 mothers responded to the LAMB survey, resulting in a response rate of close to 50%. To get a representative picture of the mothers who gave birth in Los Angeles County in 2005, the data were weighted by SPA and race/ethnicity.

The 2005 LAMB data book presented here covers a wide range of health topics, including:

- Preconception health (health before pregnancy)
- Prenatal care and maternal medical conditions during pregnancy
- Psychosocial conditions during pregnancy
- Behavioral risk factors
- Postpartum care and Infant health

This data book is intended to help local government plan and implement programs and policies to improve health conditions among mothers and babies, as well as to reduce infant mortality and premature births. The data are presented by: Service Planning Area (SPA), Supervisorial District; and Race/Ethnicity.

#### GLOSSARY OF MATERNAL/INFANT HEALTH TERMS

- 1) Unintended pregnancy: just before becoming pregnant, wanting to be pregnant later (i.e. mistimed) or not wanting to be pregnant then or at any time in the future (i.e. unwanted).
  - 2) Preterm Birth: an infant born before 37 weeks gestation.
  - 3) Low Birth Weight: an infant weighing less than 2500 grams or 5 pounds 8 ounces at birth.
  - 4) Meeting the PHS prenatal care guidelines: meeting all the recommendations of the Public Health Service Expert Panel on the Content of Prenatal Care (1989), including having blood pressure measured, urine and blood samples taken, height and weight measured, a pelvic exam, and a health history taken.
  - 5) Depressed during pregnancy: feeling depressed for most of the day for two weeks or longer during pregnancy.
- \* Signifies that the estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

## Pre-pregnancy Health by SPA

	Los Angeles County	SPA 1 - Antelope Valley	SPA 2 - San Fernando	SPA 3 - San Gabriel	SPA 4 - Metro	SPA 5- West	SPA 6 - South	SPA 7 - East	SPA 8 - South Bay/ Harbor
	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)
<b>Access to Health Care Before Pregnancy</b>									
Uninsured	36.7	29.0	34.8	31.6	47.8	13.0	47.8	36.1	33.6
On Medi-Cal	22.1	29.2	16.5	18.3	21.4	7.8	36.4	22.0	20.5
Had Private Insurance	38.2	38.8	45.0	46.8	28.0	75.9	13.5	40.1	42.4
No usual place of care	33.2	32.2	32.6	31.6	36.8	17.7	40.8	29.2	33.1
<b>Risk Taking Behaviors Before Pregnancy</b>									
Not taking a multivitamin	57.8	55.2	51.7	56.3	63.6	34.2	69.1	62.1	53.5
Smoked in the 6 months before pregnancy	9.4	14.3	9.1	10.8	9.0	11.2	7.7	6.3	11.7
<b>Family Planning Practices</b>									
Unintended pregnancy by mother <sup>1</sup>	40.4	45.3	34.0	39.9	41.6	21.5	49.9	43.6	38.3
Using birth control when they became pregnant	25.4	23.8	23.3	25.2	25.2	19.4	30.8	27.4	22.6
Received fertility treatment	6.1	3.1	7.6	7.0	6.5	11.2	5.1	3.8	5.8
<b>Psychosocial Environment</b>									
Did not have enough money for food	10.8	13.2	7.4	9.4	13.8	3.1	16.4	10.9	9.7
Partner did not intend pregnancy	31.0	31.6	27.2	33.7	30.1	15.6	39.9	30.7	29.1
Women who report intimate partner violence	9.9	6.6	3.6	12.0	10.2	5.2	15.9	9.2	11.2
<b>Maternal Health Conditions Before Pregnancy</b>									
Asthma	5.0	9.5	2.3	6.1	5.3	3.4	3.6	5.1	7.3
High blood pressure	2.8	3.6	2.9	1.9	2.4	2.0	4.0	2.8	2.7
Diabetes	3.2	2.9	4.4	2.6	2.0	0.5	4.0	2.9	3.4
Anemia	10.2	14.2	7.6	9.7	11.6	5.5	14.5	9.5	9.4
Periodontal disease	5.2	5.2	7.8	3.9	4.1	6.2	4.8	4.3	5.7
<b>Obstetric History</b>									
Previous preterm birth <sup>2</sup>	8.6	8.9	8.0	7.5	7.9	5.8	12.2	7.5	8.8
Previous low birth weight <sup>3</sup>	6.1	6.9	3.5	5.6	8.1	4.8	7.8	6.2	6.7
Previous cesarean section	17.4	17.0	15.9	18.7	17.2	12.5	19.4	14.3	19.9
Still birth (pregnancy that did not result in a live birth)	1.9	2.7	2.6	1.5	1.2	1.3	3.5	0.6	1.9
Previous miscarriage	16.5	18.5	15.5	18.3	12.3	22.9	15.4	17.5	17.0
Had an elective abortion	15.9	18.0	12.9	16.6	16.7	23.1	16.2	13.3	18.2

## ***Prenatal Care and Maternal Risk Factors during Pregnancy by SPA***

	Los Angeles County	SPA 1 - Antelope Valle	SPA 2 - San Fernando	SPA 3 - San Gabriel	SPA 4 - Metro	SPA 5- West	SPA 6 - South	SPA 7 - East	SPA 8 - South Bay
	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)
<b>Prenatal Care</b>									
Entered prenatal care after 1st trimester	7.3	15.5	4.9	7.6	4.9	4.8	10.4	7.7	6.5
Did not get prenatal care as early as wanted	12.5	23.6	8.0	11.4	16.2	8.1	12.3	15.1	12.4
Traveled 15 miles or more for prenatal care	12.7	24.5	14.6	14.4	8.1	7.8	16.8	9.3	9.3
Did not meet the PHS prenatal care guidelines <sup>4</sup>	28.0	33.0	25.3	28.4	32.9	25.7	26.1	28.9	27.7
Overall dissatisfaction with prenatal care received	10.8	13.3	7.8	8.6	16.9	10.4	11.7	10.4	11.4
Dissatisfied with amount of wait time at prenatal care	28.8	33.8	30.1	23.9	31.5	25.9	34.1	24.5	29.4
Dissatisfied with amount of time spent with doctor/nurse	21.1	25.7	13.4	20.6	22.1	13.4	19.9	28.8	22.0
Dissatisfied with advice given at prenatal care	15.7	27.4	12.8	14.7	14.2	10.6	12.0	22.9	15.6
Dissatisfied with understanding/respect received	7.9	14.2	3.7	5.6	9.2	6.1	8.9	9.1	10.0
<b>Medical Conditions During Pregnancy</b>									
Labor pain 3 weeks before due date	21.5	28.6	22.0	22.8	17.8	17.1	19.9	23.6	21.0
High blood pressure	10.1	13.5	11.0	10.3	9.2	7.0	9.6	9.7	10.4
Gestational diabetes	10.3	8.9	13.4	9.0	11.6	6.3	9.3	9.9	9.7
Vaginal bleeding during pregnancy	14.9	15.2	17.9	13.8	13.3	16.6	12.0	17.3	13.7
Problems with the placenta	4.8	6.0	5.3	5.1	3.0	5.2	2.5	5.8	6.1
Urinary tract infection	14.6	19.7	13.0	13.9	16.0	10.0	14.4	15.5	15.3
Water broke more than 3 weeks early	4.4	6.4	4.0	3.8	4.2	4.1	4.5	4.9	4.5
Incompetent cervix	4.1	3.5	2.9	2.8	4.9	2.5	4.9	4.7	5.3
Sexually transmitted disease	4.2	5.1	3.6	4.8	3.0	3.1	4.9	5.4	3.6
Bacterial vaginosis	4.4	3.7	4.1	3.8	5.2	4.9	5.8	4.8	2.8
Group B Streptococcus	4.3	8.1	5.1	3.6	3.2	8.7	1.2	3.7	6.6
Periodontal disease	9.0	6.8	10.2	7.7	7.2	11.4	9.3	8.8	10.2
<b>Risk Behaviors During Pregnancy</b>									
Smoking	3.0	6.6	1.8	2.5	2.8	0.9	4.1	2.3	4.5
Exposure to secondhand smoke	5.5	8.4	4.2	5.7	3.5	4.2	9.5	4.7	5.1
Using illegal drugs or drugs not prescribed by a doctor	5.7	7.2	6.5	5.9	6.0	2.1	5.4	5.4	5.8
Drinking alcohol	11.9	10.7	13.3	12.1	10.4	31.4	6.2	11.2	13.1
Did not exercise during pregnancy	23.9	23.6	23.4	25.4	27.2	18.8	22.0	26.8	21.0

## **Psychosocial Risk Factors during Pregnancy by SPA**

	Los Angeles County (%)	SPA 1 - Antelope Valley (%)	SPA 2 - San Fernando (%)	SPA 3 - San Gabriel (%)	SPA 4 - Metro (%)	SPA 5- West (%)	SPA 6 - South (%)	SPA 7 - East (%)	SPA 8 - South Bay/ Harbor (%)
<b>Mental Health During Pregnancy</b>									
Described pregnancy as a hard time	17.5	21.9	14.1	21.1	14.4	17.2	16.7	21.0	16.8
Self reported depression <sup>5</sup>	34.8	33.8	31.9	34.8	37.9	18.1	40.9	37.7	31.5
Lost interest in hobbies/work during pregnancy	29.2	29.8	28.4	28.9	29.8	16.1	28.9	33.4	29.4
Diagnosed with a mental health problem(s)	3.0	4.1	2.4	1.8	1.9	3.0	4.7	3.9	2.7
<b>Social Support</b>									
Unsatisfied with support given by the baby's father	13.5	12.5	8.6	15.3	12.0	8.6	18.5	15.1	13.7
Experienced domestic violence/intimate partner abuse	2.4	2.5	1.5	2.9	2.5	1.7	3.2	3.4	1.8
Would have someone to loan money if needed	60.6	61.7	64.1	57.9	55.1	69.4	57.5	61.4	63.2
Would have someone to help if sick	70.2	71.4	72.2	66.0	67.1	79.5	69.4	71.9	71.4
Would have someone to listen to problems	74.8	76.6	76.7	75.4	70.7	84.1	70.1	76.7	74.8
<b>Social Environment</b>									
Perceived neighborhood as unsafe	18.5	14.5	8.4	11.5	26.8	4.0	40.0	19.9	14.0
<b>Stressful Life Events During Pregnancy</b>									
Family member had to go into the hospital	15.2	16.6	13.5	18.2	14.6	13.6	16.5	13.1	15.4
Divorced/separated from husband/partner	8.8	11.6	4.5	9.7	8.2	4.5	12.6	10.4	8.5
Moved to a new address	23.0	31.6	22.7	27.0	23.0	22.2	20.4	18.8	23.9
Were homeless	5.4	6.0	3.8	5.3	8.5	1.4	8.1	4.0	4.6
Husband/partner lost his/her job	11.5	15.4	7.8	14.1	15.1	5.5	13.8	11.2	8.9
Lost job but wanted to continue working	10.4	8.9	9.4	9.5	13.5	5.4	13.9	7.7	10.8
Argued more than usual with husband/partner	23.4	26.1	21.2	23.2	25.5	15.6	28.4	22.6	21.7
Had a lot of bills that could not be paid	18.7	23.7	14.9	20.9	21.7	8.6	21.5	18.1	18.0
Were in a physical fight	2.8	3.2	1.3	5.3	2.3	1.1	3.8	2.8	1.7
Husband/partner or self went to jail	3.3	5.0	1.5	2.0	1.9	1.2	8.9	2.9	2.9

## **Psychosocial Risk Factors during Pregnancy by SPA**

	Los Angeles County (%)	SPA 1 - Antelope Valley (%)	SPA 2 - San Fernando (%)	SPA 3 - San Gabriel (%)	SPA 4 - Metro (%)	SPA 5- West (%)	SPA 6 - South (%)	SPA 7 - East (%)	SPA 8 - South Bay/ Harbor (%)
<b>Cont'd</b>									
Someone close had drinking or drug problems	9.8	11.1	6.5	8.4	8.8	4.5	12.0	15.9	8.6
Someone close and important died	11.1	13.7	11.4	10.7	10.3	8.4	10.9	11.1	12.0
<b>Reported Ever Experiencing Discrimination</b>									
Any discrimination	33.2	34.4	31.1	33.7	32.8	38.5	30.5	32.1	37.9
At work	16.5	15.2	17.8	12.6	17.1	24.8	12.4	15.3	22.4
When getting medical care	6.5	8.6	7.5	5.1	6.7	4.8	6.1	6.1	7.3
When getting housing	8.4	12.3	5.9	7.0	10.0	6.2	9.3	6.8	11.9
Because of race/color	17.1	20.6	15.5	16.3	16.4	15.1	15.8	17.4	21.4
Because of gender	12.0	13.0	11.4	11.3	13.4	22.7	6.5	13.1	14.5
Because of pregnancy	9.3	10.2	6.1	10.0	11.6	9.2	12.7	7.5	8.9

## Postpartum and Infant Health By SPA

	Los Angeles County (%)	SPA 1 - Antelope Valley (%)	SPA 2 - San Fernando (%)	SPA 3 - San Gabriel (%)	SPA 4 - Metro (%)	SPA 5- West (%)	SPA 6 - South (%)	SPA 7 - East (%)	SPA 8 - South Bay (%)
<b>Maternal Postpartum Health</b>									
Had a postpartum check-up	88.2	83.9	93.3	88.1	87.7	94.5	83.8	87.0	87.8
Family planning discussed during check-up	90.9	89.1	93.2	87.7	89.9	92.3	91.2	90.9	91.8
<b>Self-reported Postpartum Depression</b>									
Not at all depressed	48.3	50.9	45.6	49.4	48.3	53.5	46.0	50.7	48.7
A little depressed	35.0	34.2	35.7	39.2	36.0	32.7	32.8	35.6	31.6
Moderately depressed	11.8	10.2	14.3	7.2	11.5	12.2	15.1	8.2	14.8
Very depressed	4.8	4.8	4.3	4.1	4.3	1.7	6.2	5.5	5.0
<b>Infant Health</b>									
Baby put in intensive care unit after delivery	11.5	11.4	11.5	11.9	14.9	12.4	11.5	9.3	10.8
Had a well-baby check-up	96.7	94.6	97.8	97.2	96.7	99.0	97.1	95.3	95.8
<b>Breastfeeding Practice</b>									
Exclusive breastfeeding in the hospital	31.4	37.4	42.1	31.6	31.6	57.7	15.1	26.3	31.1
Breastfeeding & formula in the hospital	46.8	44.7	43.8	46.0	48.4	33.2	52.3	45.2	50.6
Ever exclusive breastfeeding at home	23.0	27.4	30.5	22.0	20.0	42.7	12.3	23.1	21.6
Breastfeeding & formula at home	54.2	46.6	54.4	55.7	62.7	47.1	54.0	47.0	56.9
Any breastfeeding	85.0	84.0	90.3	85.9	88.3	92.5	76.0	80.8	87.5
<b>Baby's Sleep Environment</b>									
Sleeps on his/her side	31.7	31.0	30.9	31.8	37.9	15.9	39.9	26.8	28.9
Sleeps on his/her back	61.9	57.6	62.4	62.7	59.7	78.4	52.5	66.2	64.0
Sleeps on his/her stomach	6.4	11.4	6.6	5.5	2.5	5.7	7.6	7.0	7.1
Ever slept with an adult	77.0	76.5	71.5	76.0	81.3	73.9	83.3	73.5	79.3

## Pre-pregnancy Health by Supervisorial District

	Los Angeles County	First District	Second District	Third District	Fourth District	Fifth District
	(%)	(%)	(%)	(%)	(%)	(%)
<b>Access to Health Care Before Pregnancy</b>						
Uninsured	36.7	44.5	43.7	31.9	25.2	25.2
On Medi-Cal	22.1	25.9	29.2	16.7	19.3	13.9
Had Private Insurance	38.2	26.7	22.2	46.1	51.9	56.4
No usual place of care	33.2	36.6	35.2	29.9	29.4	29.2
<b>Risk Taking Behaviors Before Pregnancy</b>						
Not taking a multivitamin	57.8	66.0	61.7	51.1	53.9	47.4
Smoked in the 6 months before pregnancy	9.4	8.5	9.5	8.0	10.9	12.6
<b>Family Planning Practices</b>						
Unintended pregnancy by mother <sup>1</sup>	40.4	45.3	42.6	32.4	39.9	36.5
Using birth control when they became pregnant	25.4	28.5	26.5	25.7	24.2	21.9
Received fertility treatment	6.1	5.3	4.2	8.5	6.8	6.0
<b>Psychosocial Environment</b>						
Did not have enough money for food	10.8	12.2	12.3	8.8	9.1	10.0
Partner did not intend pregnancy	31.0	33.1	31.8	22.4	31.0	29.0
Women who report intimate partner violence	9.9	12.0	12.3	5.2	10.5	5.3
<b>Maternal Health Conditions Before Pregnancy</b>						
Asthma	5.0	4.1	5.5	2.9	6.4	7.1
High blood pressure	2.8	*3.1	3.1	*2.1	2.4	2.6
Diabetes	3.2	*3.2	2.8	*2.9	*2.9	2.6
Anemia	10.2	12.2	12.0	5.5	9.5	11.1
Periodontal disease	5.2	4.6	4.8	7.0	4.4	5.3
<b>Obstetric History</b>						
Previous preterm birth <sup>2</sup>	8.6	8.1	10.2	6.6	7.8	7.8
Previous low birth weight <sup>3</sup>	6.1	7.5	7.5	4.2	5.4	5.0
Previous cesarean section	17.4	18.4	19.8	15.3	15.9	16.0
Still birth (pregnancy that did not result in a live birth)	1.9	*1.2	*2.6	*1.3	*0.9	2.7
Previous miscarriage	16.5	13.7	16.0	16.6	19.1	19.0
Had an elective abortion	15.9	14.2	19.6	16.1	16.8	16.1



## **Maternal Medical Conditions and Prenatal Care by Supervisorial District**

	Los Angeles County	First District	Second District	Third District	Fourth District	Fifth District
	(%)	(%)	(%)	(%)	(%)	(%)
<b>Prenatal Care</b>						
Entered prenatal care after 1st trimester	7.8	7.1	9.5	5.1	7.3	9.7
Did not get prenatal care as early as wanted	12.5	16.5	12.9	7.5	12.1	16.0
Traveled 15 miles or more for prenatal care	12.7	10.5	14.2	10.1	9.6	20.5
Did not meet the PHS prenatal care guidelines <sup>4</sup>	28.8	30.6	28.3	25.9	28.1	30.5
Overall dissatisfaction with prenatal care received	10.8	11.5	12.3	9.3	11.4	10.8
Dissatisfied with amount of wait time at prenatal care	28.8	27.3	32.1	29.0	28.4	27.5
Dissatisfied with amount of time spent with doctor/nurse	21.1	26.6	22.0	12.5	23.0	18.8
Dissatisfied with advice given at prenatal care	15.7	18.6	15.1	14.0	15.9	19.3
Dissatisfied with understanding/respect received	7.9	*7.3	9.1	*7.3	11.2	7.6
<b>Medical Conditions During Pregnancy</b>						
Labor pain 3 weeks before due date	21.5	22.4	21.2	19.5	19.3	23.1
High blood pressure	10.1	8.4	8.7	9.6	11.3	11.8
Gestational diabetes	10.3	10.1	9.4	12.1	8.9	9.3
Vaginal bleeding during pregnancy	14.9	14.9	13.7	15.3	13.5	16.1
Problems with the placenta	4.8	4.4	4.3	3.5	4.8	6.3
Urinary tract infection	14.6	16.6	15.0	13.4	13.6	15.0
Water broke more than 3 weeks early	4.4	3.8	4.8	4.0	4.2	5.5
Incompetent cervix	4.1	5.3	5.7	*3.2	*2.8	2.9
Sexually transmitted disease	4.2	4.3	5.0	3.2	3.1	5.1
Bacterial vaginosis	4.4	4.7	4.5	4.5	2.6	4.1
Group B Streptococcus	4.4	*1.2	3.5	4.7	6.4	7.9
Periodontal disease	8.8	7.9	9.5	10.9	8.4	7.5
<b>Risk Behaviors During Pregnancy</b>						
Smoking	3.0	*1.8	3.6	*1.3	4.0	4.6
Exposure to secondhand smoke	5.5	4.5	6.9	*3.7	5.2	5.6
Using illegal drugs or drugs not prescribed by a doctor	5.7	5.1	5.7	4.7	6.3	6.4
Drinking alcohol	11.9	7.1	9.5	18.9	15.4	14.8
Did not exercise during pregnancy	23.9	27.5	21.8	22.9	22.7	22.6

## ***Psychosocial and Behavioral Risk Factors during Pregnancy by Supervisorial District***

	Los Angeles County	First District	Second District	Third District	Fourth District	Fifth District
	(%)	(%)	(%)	(%)	(%)	(%)
<b>Mental Health During Pregnancy</b>						
Described pregnancy as a hard time	17.5	18.1	17.5	14.1	16.7	20.0
Self reported depression <sup>5</sup>	34.8	40.7	37.1	31.4	29.6	28.8
Lost interest in hobbies/work during pregnancy	29.2	34.1	30.2	26.5	27.8	24.7
Diagnosed with a mental health problem(s)	3.0	*2.7	3.4	*2.1	*1.9	3.4
<b>Social Support</b>						
Was single/didn't have a live-in partner	26.4	28.9	30.3	26.5	20.3	23.6
Unsatisfied with support given by the baby's father	13.5	15.6	15.3	8.2	12.0	9.8
Experienced domestic violence/intimate partner abuse	2.5	*2.5	2.8	*2.4	*2.7	*2.3
Would have someone to loan money if needed	60.6	54.8	56.9	64.1	68.0	63.2
Would have someone to help if sick	70.2	66.2	67.8	73.8	76.7	72.5
Would have someone to listen to problems	74.8	70.8	71.8	79.3	79.8	78.1
<b>Social Environment</b>						
Perceived neighborhood as unsafe	18.5	26.3	27.7	9.0	11.1	8.7
<b>Stressful Life Events During Pregnancy</b>						
Family member had to go into the hospital	15.2	15.3	14.3	15.0	15.1	16.8
Divorced/separated from husband/partner	8.8	11.5	10.7	*3.8	7.4	8.3
Moved to a new address	23.0	22.4	22.3	21.8	24.5	27.7
Were homeless	5.4	8.2	7.0	*3.9	*2.5	4.0
Husband/partner lost his/her job	11.5	15.3	11.1	8.6	10.2	11.4
Lost job but wanted to continue working	10.4	11.0	13.9	6.0	7.1	8.7
Argued more than usual with husband/partner	23.4	24.7	24.5	22.4	21.9	21.3
Had a lot of bills that could not be paid	18.7	22.4	18.8	15.3	16.3	18.2
Were in a physical fight	2.8	*3.1	3.5	*1.9	*1.6	2.2
Husband/partner or self went to jail	3.3	*1.8	5.3	*2.3	3.4	3.6

## ***Psychosocial and Behavioral Risk Factors during Pregnancy by Race/Ethnicity***

	<b>Los Angeles County</b>	<b>First District</b>	<b>Second District</b>	<b>Third District</b>	<b>Fourth District</b>	<b>Fifth District</b>
	(%)	(%)	(%)	(%)	(%)	(%)
<b>Cont'd</b>						
Someone close had drinking or drug problems	9.8	10.8	10.0	6.7	10.6	9.6
Someone close and important died	11.1	10.2	10.9	11.5	11.2	11.7
<b>Reported Ever Experiencing Discrimination</b>						
Any discrimination	33.2	32.4	32.9	31.1	36.1	32.4
At work	16.5	14.4	15.8	19.2	17.4	15.4
When getting medical care	6.5	6.7	6.7	6.6	5.7	6.6
When getting housing	8.4	8.5	8.6	6.8	10.7	8.2
Because of race/color	17.1	16.1	19.1	14.1	19.1	16.9
Because of gender	12.0	11.0	10.4	12.0	15.2	13.7
Because of pregnancy	9.3	11.0	11.1	7.0	8.1	8.0

## ***Postpartum Health By Supervisorial District***

	Los Angeles County	First District	Second District	Third District	Fourth District	Fifth District
	(%)	(%)	(%)	(%)	(%)	(%)
<b>Maternal Postpartum Health</b>						
Had a postpartum check-up	88.2	84.5	87.8	91.7	90.0	87.9
Family planning discussed during check-up	90.9	90.7	91.5	92.6	91.0	89.2
<b>Self-reported Postpartum Depression</b>						
Not at all depressed	48.3	54.1	46.0	47.3	46.8	48.8
A little depressed	35.0	33.1	34.8	35.1	36.2	36.2
Moderately depressed	11.8	7.9	14.4	13.6	12.7	10.8
Very depressed	4.8	5.0	4.8	*4.1	4.2	4.2
<b>Infant Health</b>						
Baby put in intensive care unit after delivery	11.5	11.3	12.0	12.3	10.5	11.6
Had a well-baby check-up	96.7	95.8	95.4	98.2	97.5	96.5
<b>Breastfeeding Practice</b>						
Exclusive breastfeeding in the hospital	31.4	25.6	26.3	44.7	35.0	40.7
Breastfeeding & formula in the hospital	46.8	48.4	47.8	42.1	46.7	44.3
Ever exclusive breastfeeding at home	23.0	18.6	20.7	30.5	26.1	30.8
Breastfeeding & formula at home	54.2	55.3	54.1	54.9	51.8	50.5
Any breastfeeding	85.0	83.7	82.4	90.8	86.3	87.9
<b>Baby's Sleep Environment</b>						
Sleeps on his/her side	31.7	35.8	37.3	28.9	21.5	27.5
Sleeps on his/her back	61.9	60.4	56.4	65.8	70.7	63.6
Sleeps on his/her stomach	6.4	*3.8	6.3	5.3	7.8	8.9
Ever slept with an adult	77.0	77.3	83.1	73.2	74.5	73.8

## *Pre-pregnancy Health by Race/Ethnicity*

	Los Angeles County (%)	Latina (%)	White (%)	African-American (%)	Asian Pacific Islander (%)
<b>Access to Health Care Before Pregnancy</b>					
Uninsured	36.7	47.9	10.0	15.3	17.6
On Medi-Cal	22.1	25.3	8.1	36.9	10.4
Had Private Insurance	38.2	24.5	76.9	44.8	67.6
No usual place of care	33.2	39.2	19.0	20.6	23.8
<b>Risk Taking Behaviors Before Pregnancy</b>					
Not taking a multivitamin	57.8	65.5	33.3	57.2	44.0
Smoked in the 6 months before pregnancy	9.4	7.1	15.2	18.4	8.6
<b>Family Planning Practices</b>					
Unintended pregnancy by mother <sup>1</sup>	40.4	43.8	22.9	56.7	32.4
Using birth control when they became pregnant	25.4	27.8	13.8	24.9	27.9
Received fertility treatment	6.1	4.7	11.2	5.1	8.6
<b>Psychosocial Environment</b>					
Did not have enough money for food	10.8	12.2	6.0	17.0	4.0
Partner did not intend pregnancy	31.0	33.9	20.4	35.2	25.9
Women who report intimate partner violence	9.9	11.8	3.9	10.5	4.8
<b>Maternal Health Conditions Before Pregnancy</b>					
Asthma	5.0	3.7	6.9	14.4	3.6
High blood pressure	2.8	2.6	2.1	7.2	1.7
Diabetes	3.2	4.0	0.6	2.0	2.9
Anemia	10.2	10.2	6.4	21.7	7.7
Periodontal disease	5.2	6.0	3.4	3.1	4.6
<b>Obstetric History</b>					
Previous preterm birth <sup>2</sup>	8.6	9.2	6.6	11.6	4.9
Previous low birth weight <sup>3</sup>	6.1	6.5	4.6	8.7	4.2
Previous cesarean section	17.4	18.6	13.7	21.2	11.9
Still birth (pregnancy that did not result in a live birth)	1.9	1.8	1.8	4.0	1.5
Previous miscarriage	16.5	12.6	26.0	26.1	19.9
Had an elective abortion	15.9	11.7	19.9	41.2	18.0

## ***Prenatal Care and Maternal Risk Factors during Pregnancy by Race/Ethnicity***

	Los Angeles County	Latina	White	African-American	Asian Pacific Islander
	(%)	(%)	(%)	(%)	(%)
<b>Prenatal Care</b>					
Entered prenatal care after 1st trimester	7.3	7.3	5.4	12.0	6.5
Did not get prenatal care as early as wanted	12.5	12.9	9.5	16.1	11.5
Traveled 15 miles or more for prenatal care	12.7	12.1	13.6	15.0	14.0
Did not meet the PHS prenatal care guidelines <sup>4</sup>	28.0	28.0	29.8	21.1	30.3
Overall dissatisfaction with prenatal care received	10.8	11.4	7.1	11.5	12.5
Dissatisfied with amount of wait time at prenatal care	28.8	30.1	24.3	26.9	27.5
Dissatisfied with amount of time spent with doctor/nurse	21.1	23.0	12.4	18.8	22.3
Dissatisfied with advice given at prenatal care	15.7	17.0	10.7	12.8	17.1
Dissatisfied with understanding/respect received	7.9	8.0	5.4	10.9	7.0
<b>Medical Conditions During Pregnancy</b>					
Labor pain 3 weeks before due date	21.5	21.4	22.5	30.8	12.9
High blood pressure	10.1	9.5	11.2	16.5	7.3
Gestational diabetes	10.3	10.5	7.2	9.0	14.7
Vaginal bleeding during pregnancy	14.9	14.1	17.8	14.9	15.6
Problems with the placenta	4.8	4.6	5.4	5.7	4.6
Urinary tract infection	14.6	16.4	10.6	14.0	8.4
Water broke more than 3 weeks early	4.4	3.9	5.5	5.7	5.3
Incompetent cervix	4.1	5.2	1.9	2.0	1.4
Sexually transmitted disease	4.2	3.9	4.8	8.7	2.2
Bacterial vaginosis	4.4	4.3	3.4	7.0	4.6
Group B Streptococcus	4.3	1.7	11.9	7.3	7.7
Periodontal disease	9.0	10.3	6.4	7.0	5.9
<b>Risk Behaviors During Pregnancy</b>					
Smoking	3.0	2.0	4.7	9.5	2.1
Exposure to secondhand smoke	5.5	4.4	5.9	15.2	5.6
Using illegal drugs or drugs not prescribed by a doctor	5.7	6.2	5.4	6.7	2.5
Drinking alcohol	11.9	8.2	29.0	9.8	11.1
Did not exercise during pregnancy	23.9	23.9	20.9	28.0	26.0

## **Psychosocial and Behavioral Risk Factors during Pregnancy by Race/Ethnicity**

	Los Angeles County	Latina	White	African-American	Asian Pacific Islander
	(%)	(%)	(%)	(%)	(%)
<b>Mental Health During Pregnancy</b>					
Described pregnancy as a hard time	17.5	16.5	19.3	25.1	16.0
Self reported depression <sup>5</sup>	34.8	40.3	18.1	38.4	21.0
Lost interest in hobbies/work during pregnancy	29.2	32.2	16.7	38.1	21.3
Diagnosed with a mental health problem(s)	3.0	2.5	4.2	4.9	2.5
<b>Social Support</b>					
Unsatisfied with support given by the baby's father	13.5	13.9	8.6	26.7	9.0
Experienced domestic violence/intimate partner abuse	2.5	2.7	1.0	4.8	1.8
Would have someone to loan money if needed	60.6	57.1	78.0	62.4	55.5
Would have someone to help if sick	70.2	66.2	83.4	76.9	72.6
Would have someone to listen to problems	74.8	71.0	87.4	78.4	77.7
<b>Social Environment</b>					
Perceived neighborhood as unsafe	18.5	22.3	4.8	27.8	8.0
<b>Stressful Life Events During Pregnancy</b>					
Family member had to go into the hospital	15.2	14.6	17.3	21.3	11.6
Divorced/separated from husband/partner	8.8	9.7	4.6	16.7	3.3
Moved to a new address	23.0	22.6	22.4	26.3	24.4
Were homeless	5.4	6.6	2.2	8.0	0.4
Husband/partner lost his/her job	11.5	12.7	7.9	14.3	6.8
Lost job but wanted to continue working	10.4	11.8	4.3	15.0	7.0
Argued more than usual with husband/partner	23.4	24.4	17.1	34.8	17.7
Had a lot of bills that could not be paid	18.7	19.6	14.2	33.0	9.0
Were in a physical fight	2.8	3.1	1.1	4.3	2.1
Husband/partner or self went to jail	3.3	2.9	2.5	10.8	1.5

## ***Psychosocial and Behavioral Risk Factors during Pregnancy by Race/Ethnicity***

	Los Angeles County (%)	Latina (%)	White (%)	African-American (%)	Asian Pacific Islander (%)
<b>Cont'd</b>					
Someone close had drinking or drug problems	9.8	9.9	10.2	14.5	4.2
Someone close and important died	11.1	10.8	9.7	19.9	8.4
<b>Reported Ever Experiencing Discrimination</b>					
Any discrimination	33.2	31.2	32.6	42.4	40.9
At work	16.5	14.2	20.5	21.8	21.9
When getting medical care	6.5	6.2	5.9	8.7	7.7
When getting housing	8.4	7.5	7.5	17.7	8.5
Because of race/color	17.1	16.3	8.6	31.6	25.2
Because of gender	12.0	8.9	20.6	17.4	16.0
Because of pregnancy	9.3	9.6	8.3	12.5	6.5



## *Postpartum Health By Race/Ethnicity*

	Los Angeles County	Latina	White	African-American	Asian Pacific Islander
	(%)	(%)	(%)	(%)	(%)
<b>Maternal Postpartum Health</b>					
Had a postpartum check-up	88.2	86.9	93.4	85.9	90.9
Family planning discussed during check-up	90.9	91.7	91.7	90.1	84.6
<b>Self-reported Postpartum Depression</b>					
Not at all depressed	48.3	47.3	51.1	51.5	48.7
A little depressed	35.0	34.4	36.2	32.8	39.4
Moderately depressed	11.8	12.9	10.0	9.6	9.0
Very depressed	4.8	5.4	2.6	6.2	2.9
<b>Infant Health</b>					
Baby put in intensive care unit after delivery	11.5	11.0	10.7	16.8	12.4
Had a well-baby check-up	96.7	95.6	98.9	97.9	99.6
<b>Breastfeeding Practice</b>					
Exclusive breastfeeding in the hospital	31.4	26.5	54.9	26.8	30.6
Breastfeeding & formula in the hospital	46.8	49.8	32.8	42.8	52.4
Ever exclusive breastfeeding at home	23.0	20.4	36.6	14.2	25.8
Breastfeeding & formula at home	54.2	54.3	48.6	52.1	64.2
Any breastfeeding	85.0	84.1	89.7	73.8	92.5
<b>Baby's Sleep Environment</b>					
Sleeps on his/her side	31.7	37.3	14.9	28.8	23.1
Sleeps on his/her back	61.9	58.6	77.2	49.7	68.4
Sleeps on his/her stomach	6.4	4.1	7.8	21.5	8.6
Ever slept with an adult	77.0	79.0	60.1	88.3	81.9

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