



Daniel Trigo

Service Planning Area 7

Placement Location: Whittier Public Health Center

Daniel Trigo is a senior high school student at the Applied Technology Center (ATC) in Montebello, CA. During the past four years, Daniel has studied in Health-Sciences Career and Technical Education classes and has learned about mental health and how it affects the human body. Part of his work this year includes his major senior Capstone project, where he is researching tobacco addiction among minority populations in hopes to create new ways in teaching about tobacco advertising's subtle messages. His next goal will be to graduate college with a Bachelor's degree in Psychology so that he can practice Clinical Psychology.

Outside of the classroom, he has also participated in other programs that have made an impact in his community in Montebello. He was an Energy Ambassador in the Montebello Unified School District Energy Ambassador Program throughout 2018 and helped consult with Montebello and Bell Gardens residents on reducing energy usage to help the environment. He is also involved in clubs at the ATC, such as his school's chapter National Alliance on Mental Illness, in which he has made efforts to break the stigma of mental health among his peers. Now, he is part of the Youth Advisory Council and hopes to show his community that anyone can make a difference when it comes to supporting each other's health.