



MISCARRIAGE & INFANT LOSS AWARENESS MONTH

What is a Miscarriage?

A miscarriage occurs when a pregnancy ends on its own before the 20th week.

Common Causes of Miscarriage

- Chromosomal abnormalities
- Hormonal imbalances
- Uterine abnormalities
- Infections



What is Infant Loss?

The death of a baby after birth but within the first year of life.

Causes of Infant Loss

- Premature birth
- Birth defects
- Sudden Infant Death Syndrome (SIDS)
- Complications during delivery



Resources

SIDS 24/7 Grief line:

- 1-800-221-7437

Financial Assistance for burial services:

- <https://thetearsfoundation.org/programs/funeral-assistance/>

Compassionate friends local Chapter finder

- <https://www.compassionatefriends.org/find-support/chapters/chapter-locator>

SIDS Support groups

- <https://rtzhope.org/register>
- https://www.facebook.com/littleangelesofwhitememorial?locale=gl_ES

Postpartum International

- <https://www.postpartum.net/get-help/loss-grief-in-pregnancy-postpartum/>

LA County Department of Mental Health

- <https://dmh.lacounty.gov/resources/grief-loss/>
- LACDMH's 24/7 Help Line: 1-800-854-7771

Little Angels Support Group

- <http://publichealth.lacounty.gov/mch/sids/LittleAngelsSupportGroupFlyer-Final-8.pdf>

