



Are You Protected?

Measles cases are occurring across the US and internationally. Getting the MMR vaccine is the best way to protect yourself and your family from getting measles. Staying updated with vaccines also protects those too young to be vaccinated. Learn more at: ph.lacounty.gov/measles.

您有免疫力嗎？

麻疹病例正在美國和國際上發生。接種 MMR（麻疹、腮腺炎、德國麻疹）疫苗是預防自己和家人感染麻疹的最佳方法。及時接種疫苗也可以保護那些因為年齡太小而無法接種疫苗的人。瞭解更多資訊：ph.lacounty.gov/measles。

Highly Contagious

Measles is highly contagious and can spread easily. Most people who have not been immunized against measles will get it if they have contact with the virus. Getting vaccinated is the best way to protect yourself and your family. Learn more at: ph.lacounty.gov/measles.

傳染性極強

麻疹的傳染性極強，所以很容易傳播。大多數沒有接種過麻疹疫苗的人如果接觸到病毒，就會感染麻疹。接種疫苗是保護自己和家人的最佳方法。瞭解更多資訊：ph.lacounty.gov/measles。

Get Immunized

The measles-mumps-rubella (MMR) vaccine is safe and more than 95% effective in preventing measles. Review your immunization record and make sure you are protected against measles. Learn more at: ph.lacounty.gov/measles.

接種疫苗

麻疹-腮腺炎-德國麻疹 (MMR) 疫苗很安全，預防麻疹的有效率超過 95%。查看您的免疫接種紀錄，確保您有麻疹免疫力。瞭解更多資訊：ph.lacounty.gov/measles。

Know the Symptoms

Knowing the symptoms of measles is crucial for early detection. Look out for:

- 🤒 Fever
- Rash
- 🤧 Cough
- 👃 Runny nose
- 👁️ Red, watery eyes

📞 If you have symptoms or have been exposed to measles, call your doctor before going in. To learn more about measles visit: ph.lacounty.gov/measles.

瞭解症狀

瞭解麻疹的症狀對於早期發現至關重要。請留意：

- 🤒 發燒
- 皮疹
- 🤧 咳嗽
- 👃 流鼻水
- 👁️ 眼睛發紅流淚

📞 如果您有症狀或接觸過麻疹，請在去醫生處就診前打電話告知您的醫生。瞭解有關麻疹的更多資訊，請訪問：ph.lacounty.gov/measles.

Measles Stats

Measles is not just a childhood illness—it's a serious disease that can lead to severe complications, especially for children. Getting immunized against measles is the best way to protect yourself and others. Learn more at: ph.lacounty.gov/measles.

麻疹統計

麻疹不僅是一種兒童疾病，它還是一種可導致嚴重併發症的嚴重疾病，尤其是對兒童而言。接種麻疹疫苗是保護自己和他人的最佳方法。了解更多資訊：ph.lacounty.gov/measles。