

# CHECK YOUR HAND SANITIZER!



**Do not use products on this**  
**FDA list**

On 9/1/20, the FDA advised consumers not to use 174 products made by 50 companies. Please view the FDA list for the latest information as it is updated often.

## **The list includes products that may:**

- Contain methanol (wood alcohol) or 1-propanol which can cause serious health problems such as blindness, nerve damage, and even death.
- Be contaminated with germs.
- Not contain enough alcohol to work properly.

## **Hand Sanitizer Safety Tips**

- Do not swallow hand sanitizer
- Keep hand sanitizers out of the reach of children and supervise their use.
- Avoid products that say “FDA-approved” on the label – there are no hand sanitizers approved by the FDA.
- Seek immediate medical attention if you have swallowed hand sanitizer or are experiencing symptoms after repeated use of these products on your skin. Symptoms include headache, blurred vision or blindness, nausea, vomiting, abdominal pain, confusion, loss of coordination, decreased alertness, slowed pulse and breathing, skin or eye irritation.
- Contact your poison center 1-800-222-1222 for advice.



The FDA list of products to avoid can be found at:

[www.fda.gov/drugs/drug-safety-and-availability/fda-updates-hand-sanitizers-consumers-should-not-use](http://www.fda.gov/drugs/drug-safety-and-availability/fda-updates-hand-sanitizers-consumers-should-not-use)