

Water Safety Tips

1. Learn to swim because swimming is great!

2. Always ask for permission to go into a pool or any type of water.

3. When you see a drain, Stay away!

BONUS TIP: Tie up long hair.

4. Never swim by yourself.



Learn CPR Today!

Below are a list of organizations that provide CPR classes.

Los Angeles County Libraries
(Free-Drop-In Hands Only CPR)

<https://tinyurl.com/library-cpr>

Critical Care Training Center (Free)

<https://acls123.com/Free-CPR/>

American Heart Association

<https://cpr.heart.org/en/>

American Red Cross

<https://tinyurl.com/redcrosscprclass>

Learn to Swim! Take swimming lessons at:

- Local parks and recreation centers
- YMCA

For more information, contact the **Environmental Health Division, Recreational Waters Program** at (626) 430-5360 or rhealth@ph.lacounty.gov.



COUNTY OF LOS ANGELES
Public Health