

# Get The Facts About Cannabis

## DID YOU KNOW?



### Responsible Cannabis Use

Driving under the influence of cannabis is illegal and increases your risk of getting into an accident. Edibles may have higher concentrations of tetrahydrocannabinol (THC, the active ingredient in cannabis). If you eat too much too fast, you are at higher risk for poisoning.



### What's the Law?

You can use cannabis on private property, but you cannot use, smoke, eat, or vape cannabis in public places and you cannot smoke cannabis or cannabis products in places where it is illegal to smoke tobacco. Property owners may ban the use and possession of cannabis on their privately-owned properties.



### People Who Are Pregnant and Breastfeeding and Cannabis Use

Consuming cannabis can affect the health of your baby and is not recommended for women who are pregnant or breastfeeding, or who plan to become pregnant soon.



### Youth and Cannabis

Cannabis is harmful to teens and young adults as it may lead to physical changes in the brain. Cannabis can harm a young person's memory and ability to learn and pay attention. Cannabis use also increases the risk for anxiety, depression, suicide and schizophrenia, as well as substance use or abuse.

Get more facts at [publichealth.lacounty.gov/cannabis](https://publichealth.lacounty.gov/cannabis) or scan here

