

by SERVICE PLANNING AREA

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ACKNOWLEDGEMENTS:

Many thanks to the following programs for their contributions of data and expertise to this report:

LA County Department of Public Health

Division of HIV and STD Programs

Epidemiology Unit

Maternal, Child & Adolescent Health Program

Tuberculosis Control Program

LA County Department of Public Health

Jonathan Fielding, MD, MPH
Director and Health Officer

Cynthia A. Harding, MPH
Chief Deputy Director

Steven Teutsch, MD, MPH
Chief Science Officer

Office of Health Assessment & Epidemiology

Margaret Shih, MD, PhD, Director

Susie Baldwin, MD, MPH, Chief, Health Assessment Unit

Amy S. Lightstone, MPH, MA, Interim Chief, Health Assessment Unit

Health Assessment Unit

Gigi A. Mathew, DrPH

Yan Cui, MD, PhD

Yajun Du, MS

Jerome Blake, MPH



MESSAGE FROM THE DIRECTOR OF PUBLIC HEALTH

The Los Angeles County Department of Public Health is pleased to provide you with the **Key Indicators of Health by Service Planning Area**. This report presents a broad snapshot of health and health-related indicators for the population of Los Angeles County. These indicators include health conditions and health behaviors, as well as important factors in the social and physical environments in which people are born, live, work, and age, as these strongly influence health and contribute substantially to disparities in health outcomes.

The report provides important information that can be used to better understand our individual health and the health of our communities. Creating healthy environments and access to affordable health care are essential components in enabling residents to make healthy choices about nutrition, physical activity, other health behaviors, and service utilization. The indicators in this report provide a foundation for communities, providers, government agencies, businesses, schools, and other organizations to work together to create positive change and to improve the health and well-being of all Los Angeles County residents throughout their lifespans.



Jonathan E. Fielding

Jonathan E. Fielding, MD, MPH
Director and Health Officer



Population Rankings

Populations of LA County, SPAs, and Individual US States by Rank

1. California (37,691,912)	31. Iowa
2. Texas	32. Mississippi
3. New York	33. Arkansas
4. Florida	34. Kansas
5. Illinois	35. Utah
6. Pennsylvania	36. Nevada
7. Ohio	37. SPA-2 San Fernando (2,136,581)
8. Michigan	38. New Mexico
9. LA County (9,866,194)	39. West Virginia
10. Georgia	40. Nebraska
11. North Carolina	41. SPA-3 San Gabriel (1,752,126)
12. New Jersey	42. Idaho
13. Virginia	43. SPA-8 South Bay (1,528,363)
14. Washington	44. Hawaii
15. Massachusetts	45. Maine
16. Indiana	46. New Hampshire
17. Arizona	47. SPA-7 East (1,295,828)
18. Tennessee	48. SPA-4 Metro (1,120,091)
19. Missouri	49. Rhode Island
20. Maryland	50. SPA-6 South (1,009,550)
21. Wisconsin	51. Montana
22. Minnesota	52. Delaware
23. Colorado	53. South Dakota
24. Alabama	54. Alaska
25. South Carolina	55. North Dakota
26. Louisiana	56. SPA-5 West (637,129)
27. Kentucky	57. Vermont
28. Oregon	58. District of Columbia
29. Oklahoma	59. Wyoming
30. Connecticut	60. SPA-1 Antelope Valley (386,526)



INTRODUCTION

Key indicators are standardized measures through which we consider and compare many aspects of health and well-being. In this report, we describe indicators for Los Angeles County's Service Planning Areas (SPAs) and the County overall. When possible, we compare the health measures of Los Angeles County residents with those of the United States population, and with Healthy People 2020^{HP} goals, which represent the health standards our nation is trying to achieve within this decade. Graphs presented, unless otherwise specified, refer to LA County, and highlight certain health indicators and data trends.



USER'S GUIDE

Each SPA is represented by a different color, which is portrayed on the cover map. The **gold** standard for health indicators, reflecting U.S. Healthy People 2020^{HP} goals, is depicted in the first column of the tables. Data for Los Angeles County overall are presented in the **blue** column, while national statistics are portrayed in **pink**. Data for the SPAs are highlighted with notations that show whether a particular SPA fares **better** or **worse** than the other 7 SPAs combined, based on statistical comparisons. In some cases, the indicator for a SPA may appear better or worse than the County data but not be marked as such. In these instances, the indicator for that SPA did not differ from the other SPAs' data based on tests for statistical significance. Testing for significance was not conducted in the Demographics section. Otherwise, when statistical comparisons were not performed, the indicator row is marked with a diamond **◆**.

2011 LOS ANGELES COUNTY HEALTH SURVEY (LACHS) METHODOLOGY CHANGES

What Are the Major Changes?

To maintain the accuracy and representativeness of the data collected, the following two methodology changes were incorporated:

1. Cellular telephones were included

To maintain survey coverage and validity it was necessary to include cell phone users. The percentage of cell phone only households in LA County continues to increase (21.7% in 2010^a). Cell phone only households differ demographically with higher representation among younger age groups, lower socioeconomic status, and certain racial/ethnic groups^b, compared to those living in households with landlines.

2. A more complex weighting procedure

Additional demographic factors were included in the raking procedure used in weighting the data. Including only age, gender, race/ethnicity, and geographic location in the raking procedure might not sufficiently address non-response bias. Research has shown that including more demographic factors in the raking procedure improves survey estimates^c. Additionally, this procedure does not require demographic information for small geographic areas, as was used in the past.



How Will These Changes Affect Estimates?

These changes are similar to those made by the CDC to their 2011 Behavioral Risk Factor Surveillance System (BRFSS), although the weighting methods used in the prior BRFSS and LACHS differ. In 2011, the BRFSS and LACHS weighting methodologies are more similar. The CDC has conducted extensive analyses to assess how these changes affected estimates in the BRFSS^d, finding slightly higher estimates for some high risk health behaviors and certain health conditions (e.g., cigarette smoking and asthma). Changes to estimates for obesity, stroke, and coronary heart disease were found to be minimal. Similar affects on survey estimates might be applicable to the LACHS. The methodology changes make it difficult to compare 2011 LACHS results to survey data from previous cycles. These changes should be thoughtfully considered when interpreting trend data using 2011 LACHS estimates and data from previous survey cycles. Additionally, the methodology changes should be clearly noted when presenting trend data.

a. Blumberg SJ, Luke JV. Wireless substitution: Early release of estimates from the National Health Interview Survey, January–June 2011. National Center for Health Statistics. December 2011. Available from: <http://www.cdc.gov/nchs/nhis.htm>.

b. Lin MW, Battaglia MP, Frankel MR, Osborn L, and Mokdad, AH. Reaching the U.S. cell phone generation: Comparison of cell phone survey results with an ongoing landline telephone survey. *Public Opinion Quarterly* 2007;71:814-39.

c. Battaglia MP, Frankel MR, Link MW. Improving standard poststratification techniques for random-digit-dialing telephone surveys. *Survey Research Methods* 2008;2:11–9.

d. Centers for Disease Control and Prevention. Methodologic Changes in the Behavioral Risk Factor Surveillance System in 2011 and Potential Effects on Prevalence Estimates. *MMWR* 2012;61:410-413. www.cdc.gov/mmwr/pdf/wk/mm6122.pdf.

DEMOGRAPHICS

	National	LA County	Antelope Valley	San Fernando	San Gabriel	Metro	West	South	East	South Bay
			SPA1	SPA2	SPA3	SPA4	SPA5	SPA6	SPA7	SPA8
Gender										
• Percent of population who are male ¹	49.2 ^c	49.1	48.9	49.3	48.8	50.8	48.4	48.6	49.1	48.8
• Percent of population who are female ¹	50.8 ^c	50.9	51.1	50.7	51.2	49.2	51.6	51.4	50.9	51.2
Age Group										
• Percent of population ages 0-5 years ¹	7.9 ^c	8.0	9.4	7.5	7.4	7.2	5.8	10.6	8.9	8.1
• Percent of population ages 6-17 years ¹	16.2 ^c	16.8	21.7	16.2	16.8	13.2	10.4	21.0	19.3	16.9
• Percent of population ages 18-39 years ¹	29.8 ^c	32.8	29.4	31.6	30.3	39.1	36.0	34.6	32.6	31.5
• Percent of population ages 40-64 years ¹	33.2 ^c	31.6	31.3	33.6	33.4	30.2	33.5	26.4	29.3	32.7
• Percent of population ages 65+ years ¹	13.0 ^c	10.7	8.2	11.1	12.1	10.2	14.3	7.4	9.9	10.9
Race										
• Percent of population who are Latino ¹	16.3 ^c	48.1	44.3	39.1	46.4	52.2	15.7	67.7	73.5	39.5
• Percent of population who are white ¹	64.8 ^c	28.9	35.9	45.9	21.6	24.9	65.4	2.0	14.3	29.7
• Percent of population who are African American ¹	12.8 ^c	8.5	15.3	3.4	3.7	4.7	5.8	28.5	2.9	14.8
• Percent of population who are Asian/Pacific Islander ¹	5.2 ^c	14.3	4.0	11.4	28.2	18.0	13.0	1.6	9.0	15.8
• Percent of population who are American Indian/Alaskan Native ¹	0.8 ^c	0.2	0.4	0.2	0.2	0.2	0.2	0.1	0.2	0.2
Foreign Born										
• Percent of adults who were not born in the United States ²	15.9 ^{AC}	45.9	27.3	45.0	51.3	55.1	31.4	50.2	49.6	39.1
• Percent of children who were not born in the United States ²	3.6 ^{AC}	7.2	3.6 [*]	8.5	7.3	10.9	5.1 [*]	5.8	7.1	6.3
Language Used Most Often at Home										
• Percent of adults who mostly speak English at home ²	79.5 ^{AC}	60.7	76.8	66.0	54.6	51.6	83.4	46.5	52.4	68.5
• Percent of adults who mostly speak Spanish at home ²	12.2 ^{AC}	28.8	21.6	23.8	23.8	35.4	6.9	51.7	42.5	23.2
• Percent of adults who mostly speak an Asian language at home ^{2a}	3.4 ^{AC}	8.0	-	3.9	20.4	11.3	3.3 [*]	1.1 [*]	5.0	7.4
• Percent of adults who mostly speak/use some other language at home ^{2a}	4.8 ^{AC}	2.5	0.9 [*]	6.2	1.2 [*]	1.7 [*]	6.4 [*]	-	-	0.9 [*]

Marital Status

- Percent of adults who are coupled (married, domestic partnered, not married but living together)²
- Percent of adults who are single (never married, separated, divorced, widowed)²

Disabled

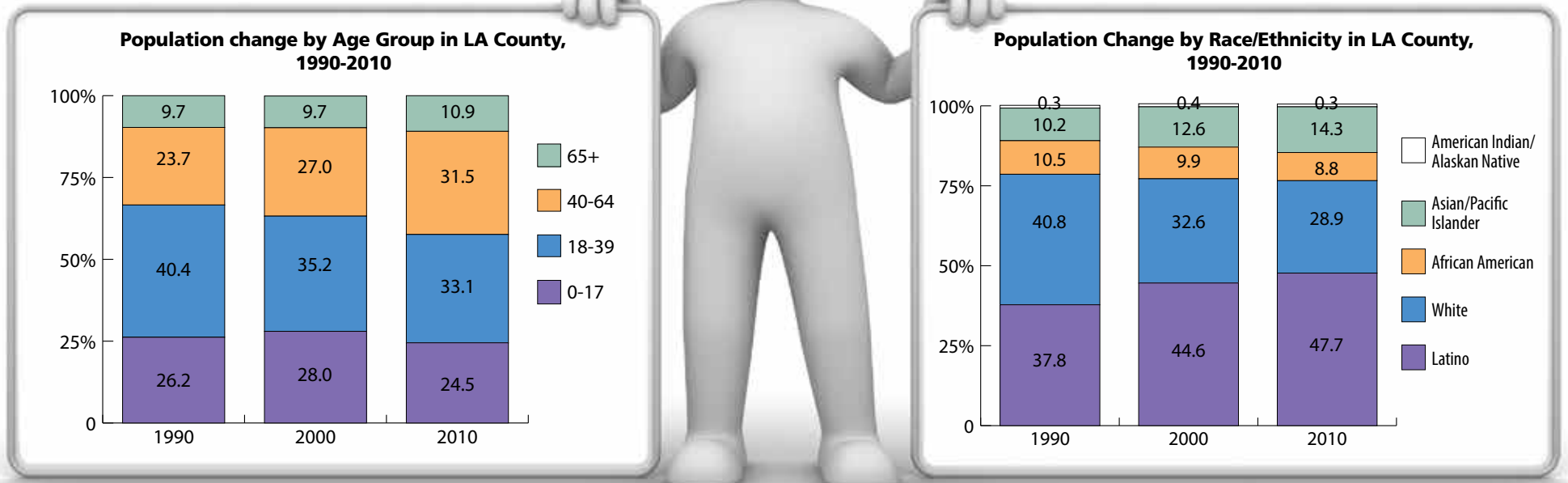
- Percent of adults with a disability^{2b}

Sexual Orientation

- Percent of adults who self-identify as gay, lesbian, or bisexual²
- Percent of adults who self-identify as unsure, do not know²
- Percent of adults who self-identify as heterosexual²

56.0 ^B	57.9	61.0	61.5	63.2	54.2	51.5	55.0	58.0	53.7
43.6 ^B	42.1	39.0	38.5	36.8	45.8	48.5	45.0	42.0	46.3
N/A	19.4	29.7	20.0	16.9	20.7	18.8	16.7	19.6	20.0
N/A	4.1	2.4*	3.5	3.6	6.7	7.6	3.7*	3.2*	3.4
N/A	8.7	4.8*	7.6	8.2	13.1	2.3*	13.6	12.4	5.5
N/A	87.2	92.8	88.9	88.2	80.2	90.1	82.6	84.4	91.1

*The estimate is statistically unstable (relative standard error $\geq 23\%$)
 -For purposes of confidentiality, results with cell sizes less than 5 are not reported



Source: U.S. Census Bureau

Source: U.S. Census Bureau

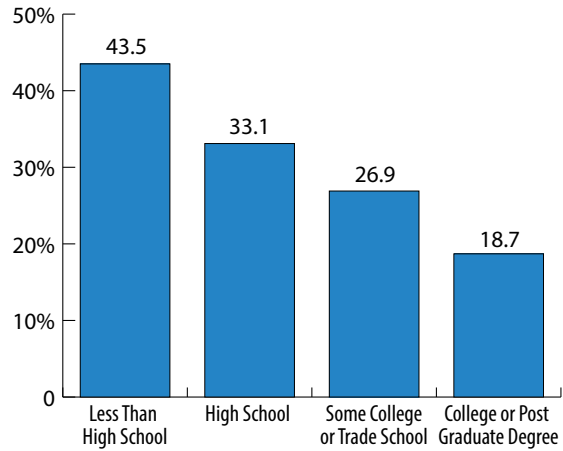
S O C I A L

D E T E R M I N A N T S

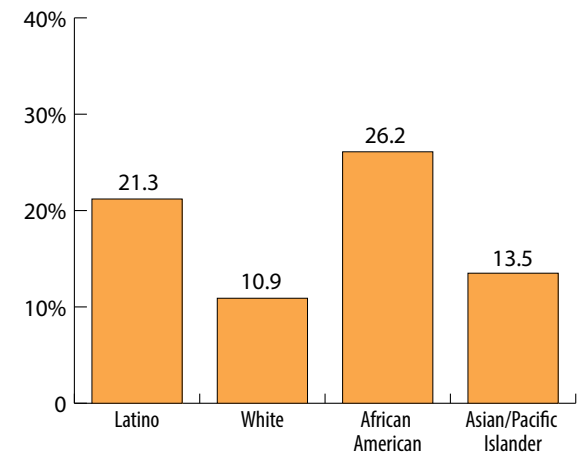
	HP 2020	National	LA County	Antelope Valley	San Fernando	San Gabriel	Metro	West	South	East	South Bay
				SPA1	SPA2	SPA3	SPA4	SPA5	SPA6	SPA7	SPA8
Education											
• Percent of adults with less than a high school education ²	N/A	14.3 ^{AC}	23.2	25.0	19.1	24.1	27.6	6.7*	38.8	27.5	18.9
• Percent of adults who completed high school ²	N/A	28.5 ^{AC}	22.3	22.8	20.3	20.4	22.9	11.9	24.2	28.1	25.6
• Percent of adults who completed some college, trade school, or associate's degree ²	N/A	31.2 ^{AC}	27.9	35.8	29.3	29.1	21.8	25.0	25.5	29.9	28.4
• Percent of adults with a college or post graduate degree ²	N/A	26.0 ^{AC}	26.6	16.3	31.3	26.4	27.6	56.4	11.5	14.5	27.0
Employment Status											
• Percent of adults who are employed ²	N/A	55.3 ^B	56.4	49.1	56.7	54.3	58.3	61.4	51.0	58.6	58.0
• Percent of adults who are unemployed (and looking for work) ²	N/A	8.4 ^B	13.5	16.9	13.3	14.1	15.0	7.8	15.5	13.5	12.8
• Percent of adults not in the labor force (includes retired and disabled and unable to work) ²	N/A	34.4 ^B	30.0	34.1	30.0	31.6	26.6	30.8	33.5	27.9	29.1
• Percent of employed adults who have had to decrease their working hours or had their employer decrease their working hours in the past 2 years ²	N/A	N/A	28.2	24.4	27.2	30.1	28.7	12.9	39.3	30.6	27.3
Poverty											
• Percent of population with household incomes less than 100% Federal Poverty Level (FPL) ³	N/A	15.9 ^{AC}	18.0	21.1	15.0	13.4	25.0	12.9	31.1	15.5	17.2
Housing											
• Percent of households with children ²	N/A	29.8 ^C	37.9	47.9	35.5	37.8	32.2	24.6	49.3	49.6	37.2
• Percent of households who spend more than 30% of their income on housing ⁴	N/A	37.8 ^C	51.4	52.7	53.1	48.0	54.4	47.1	63.0	48.9	48.3
• Percent of adults who were unable to pay their rent or mortgage in past 2 years ²	N/A	N/A	17.2	28.0	16.3	15.2	18.2	7.5	22.5	19.2	17.1
• Percent of adults with household incomes <300% FPL who reported being homeless or not having their own place to live or sleep in the past 5 years ²	N/A	N/A	7.5	7.2*	9.6	5.2	7.3	4.7*	8.7	5.8	8.9
Food											
• Percent of households with incomes <300% FPL who are food insecure ^{2c}	N/A	N/A	30.6	27.8	30.0	27.2	32.9	19.2*	29.9	30.5	36.9
• Percent of households with incomes <300% FPL who are receiving food stamps ²	N/A	N/A	16.8	27.3	12.6	10.3	17.4	16.7*	24.2	17.6	19.3
• Percent of adults who report it is easy to get fresh produce (fruits & vegetables) ²	N/A	N/A	89.7	90.7	90.0	93.0	90.0	95.8	77.9	89.4	89.2

*The estimate is statistically unstable (relative standard error ≥ 23%)

Percent of Employed Adults Who Have Had To Decrease Their Working Hours or Their Employer Decreased Their Working Hours in the Past 2 Years by Education, 2011



Percent of Adults Who Have Been Late or Unable to Pay Their Mortgage/Rent in the Past 2 Years by Race/Ethnicity, 2011



PHYSICAL DETERMINANTS

Neighborhood

- Percent of adults who believe their neighborhood is safe from crime²
- Percent of children ages 1-17 years who can easily get to a park, playground, or other safe place to play²
- Percent of adults who report little or no graffiti or vandalism in their neighborhood²
- Percent of adults who report little or no trash and litter in the streets or on properties in their neighborhood²
- Percent of adults who report adequate lighting around buildings and streets in their neighborhood²
- Percent of adults who report that their streets and sidewalks are well-maintained in their neighborhood²

Built Environment

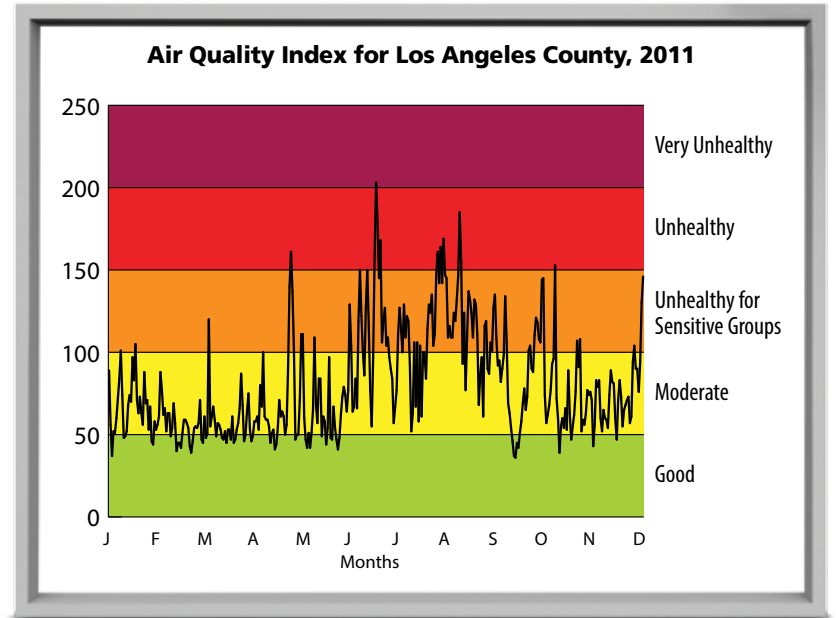
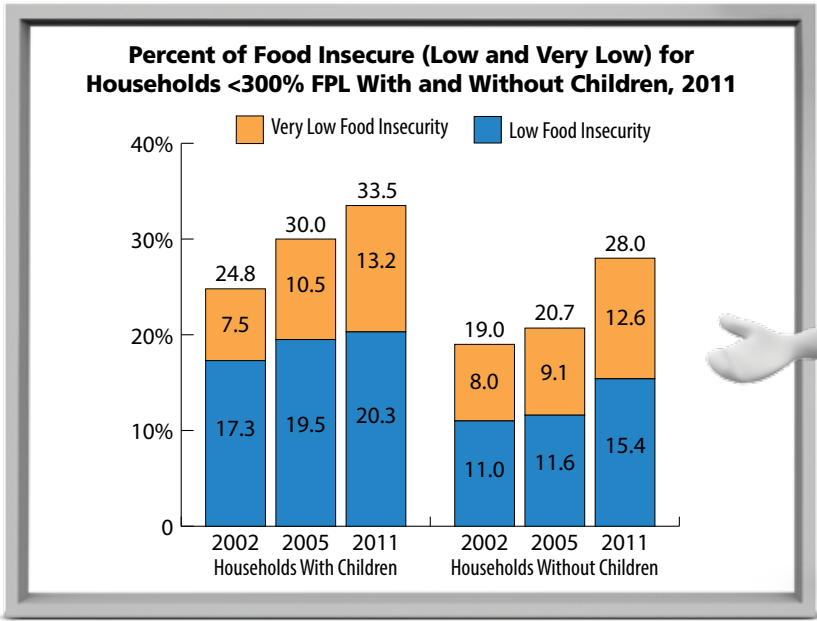
- Percent of adults who use walking paths, parks, playgrounds, or sports fields in their neighborhood²
- Percent of adults whose neighborhoods do not have walking paths, parks, playgrounds, or sports fields²

Air Quality

- Number of days in the year when AQI (Air Quality Index) was unhealthy⁵
- Percent of households with children ages 0-17 years regularly exposed to tobacco smoke at home (one or more days in the past week)²

	HP 2020	National	LA County	Antelope Valley	San Fernando	San Gabriel	Metro	West	South	East	South Bay
				SPA1	SPA2	SPA3	SPA4	SPA5	SPA6	SPA7	SPA8
Percent of adults who believe their neighborhood is safe from crime ²	N/A	N/A	84.3	87.1	85.1	85.3	84.8	98.0	64.4	84.2	86.3
Percent of children ages 1-17 years who can easily get to a park, playground, or other safe place to play ²	N/A	N/A	84.2	86.4	87.5	89.8	87.5	91.6	68.0	88.2	83.7
Percent of adults who report little or no graffiti or vandalism in their neighborhood ²	N/A	N/A	69.2	84.6	74.2	74.2	61.4	82.0	38.5	67.0	73.6
Percent of adults who report little or no trash and litter in the streets or on properties in their neighborhood ²	N/A	N/A	76.1	70.5	81.9	77.5	69.2	93.5	56.6	75.9	76.8
Percent of adults who report adequate lighting around buildings and streets in their neighborhood ²	N/A	N/A	79.2	72.9	71.1	78.4	77.9	86.3	72.1	83.9	91.2
Percent of adults who report that their streets and sidewalks are well-maintained in their neighborhood ²	N/A	N/A	80.4	90.8	79.5	77.7	71.2	82.6	70.2	90.0	86.3
Percent of adults who use walking paths, parks, playgrounds, or sports fields in their neighborhood ²	N/A	N/A	51.5	39.5	48.9	52.6	49.2	59.8	45.6	55.4	54.8
Percent of adults whose neighborhoods do not have walking paths, parks, playgrounds, or sports fields ²	N/A	N/A	14.2	23.9	16.0	11.2	18.8	10.3	16.5	11.4	12.0
Number of days in the year when AQI (Air Quality Index) was unhealthy ⁵	N/A	N/A	95.0	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Percent of households with children ages 0-17 years regularly exposed to tobacco smoke at home (one or more days in the past week) ²	N/A	N/A	16.7	14.8*	15.4	17.2	14.8	12.0*	19.3	22.5	14.5

*The estimate is statistically unstable (relative standard error ≥ 23%)



Source: U.S EPA AirData

PARENTING PRACTICES

School Readiness

- Percent of children ages 0-5 years who are read to daily by a parent or family member²
- Percent of children ages 0-5 years are played music or sung songs to daily by a parent or family member²
- Percent of children ages 0-5 years who are taught letters, words, or numbers daily by a parent or family member²

Television Viewing

- Percent of children ages 6-23 months who watch any television daily^{2d}
- Percent of children ages 2-17 years who watch 3 or more hours of television per day^{2d}

Parental Support

- Percent of children ages 0-5 years whose parents say they can easily find someone to talk to when they need advice about raising their child²

Breastfeeding

- Percent of children ages 0-5 years whose mothers initiated breastfeeding²
- Percent of children ages 6 months-5 years whose mothers breastfeed at least 6 months²

Child Care

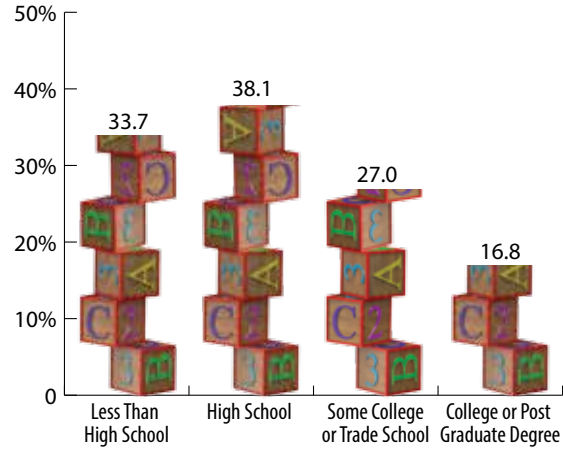
- Percent of children ages 0-5 years for whom parents report difficulty finding child care (excludes 23.4% parents who reported they do not need child care)²

	HP 2020	National	LA County	Antelope Valley	San Fernando	San Gabriel	Metro	West	South	East	South Bay
				SPA1	SPA2	SPA3	SPA4	SPA5	SPA6	SPA7	SPA8
Percent of children ages 0-5 years who are read to daily by a parent or family member ²	52.6	N/A	55.4	46.2	56.2	60.4	65.1	79.3	56.5	41.6	50.6
Percent of children ages 0-5 years are played music or sung songs to daily by a parent or family member ²	N/A	N/A	70.3	54.5	77.3	57.4	73.3	65.5	76.3	70.1	74.0
Percent of children ages 0-5 years who are taught letters, words, or numbers daily by a parent or family member ²	N/A	N/A	63.5	51.0	62.5	65.1	63.9	58.6	67.8	61.2	66.6
Percent of children ages 6-23 months who watch any television daily ^{2d}	N/A	N/A	74.8	57.9	76.1	60.0	85.1	59.6	72.6	78.9	76.1
Percent of children ages 2-17 years who watch 3 or more hours of television per day ^{2d}	N/A	N/A	22.7	31.8	19.3	21.5	17.3	12.4*	29.5	26.0	22.5
Percent of children ages 0-5 years whose parents say they can easily find someone to talk to when they need advice about raising their child ²	N/A	N/A	87.1	90.0	83.2	92.1	80.0	92.6	83.9	88.8	89.9
Percent of children ages 0-5 years whose mothers initiated breastfeeding ²	81.9 ^{HP}	74.6 ^{BF}	87.4	83.5	88.9	80.1	89.8	92.5	86.6	90.2	89.5
Percent of children ages 6 months-5 years whose mothers breastfeed at least 6 months ²	60.6 ^{HP}	44.4 ^{BF}	44.9	47.9*	45.4	40.7	52.5	54.6	43.8	43.5	42.4
Percent of children ages 0-5 years for whom parents report difficulty finding child care (excludes 23.4% parents who reported they do not need child care) ²	N/A	N/A	26.9	17.7*	26.5	25.9	30.4*	24.0	36.7	28.2	19.2

*The estimate is statistically unstable (relative standard error ≥ 23%)

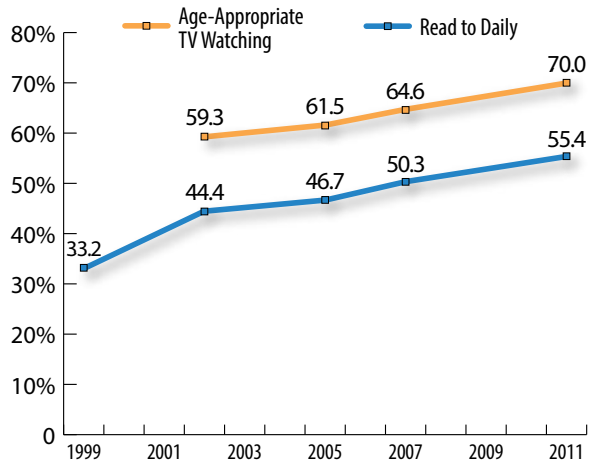


Percent of Children (0-5 years) Whose Primary Caretaker Reported Difficulty Finding Child Care on a Regular Basis[¶] by Education, 2011

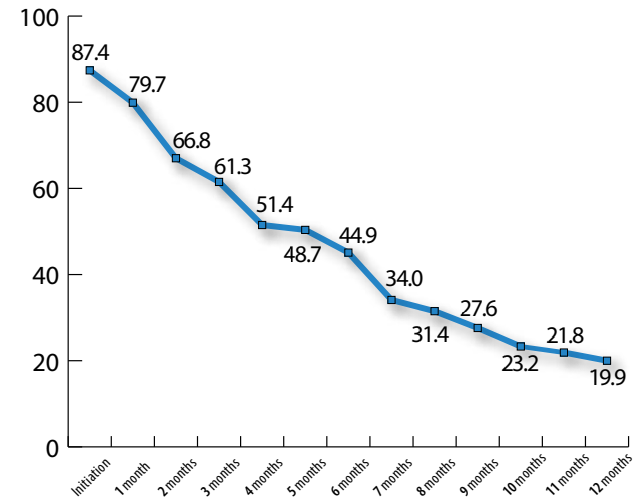


[¶] Excludes 23.4% who reported they do not need child care

Percent of Children (0-5 years) Read to Daily & Percent of Children (6 months-5 years) Age Appropriate TV Watching^{TV}, 2011



Breastfeeding Initiation and Duration, 2011



^{TV} <2 yrs old=0 hrs/day; 2-5 yrs old <3 hrs/day

HEALTH STATUS

Health-Related Quality of Life

- Percent of adults reporting their health to be fair or poor²
- Average number of days in past month adults reported regular daily activities were limited due to poor physical/mental health²
- Average number of unhealthy days (due to poor mental or physical health) in the past month reported by adults^{2e}
- Average number of poor mental health days in the past month reported by adults²
- Percent of adults who receive the social and emotional support they need²

Special Health Care Needs

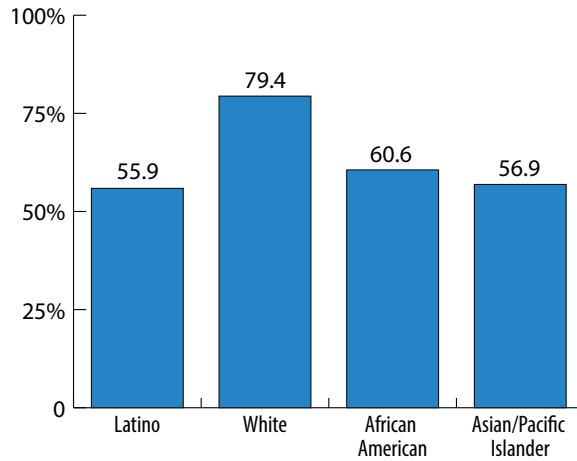
- Percent of children ages 0-17 years who have special health care needs^{2f}
- Percent of children ages 2-17 years ever diagnosed with ADD/ADHD²
- Percent of adults who provided care or assistance during the past month to another adult living with a long-term illness or disability²

*The estimate is statistically unstable (relative standard error ≥ 23%)

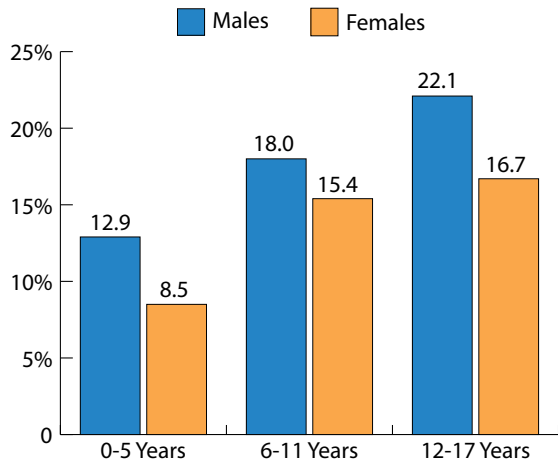
	HP 2020	National	LA County	Antelope Valley	San Fernando	San Gabriel	Metro	West	South	East	South Bay
				SPA1	SPA2	SPA3	SPA4	SPA5	SPA6	SPA7	SPA8
Percent of adults reporting their health to be fair or poor ²	N/A	16.1 ^{B2}	20.7	26.7	18.5	20.1	24.5	7.4	30.5	24.1	17.6
Average number of days in past month adults reported regular daily activities were limited due to poor physical/mental health ²	N/A	2.3 ^{B2}	2.1	2.6	2.5	1.8	2.1	1.7	2.5	2.0	1.7
Average number of unhealthy days (due to poor mental or physical health) in the past month reported by adults ^{2e}	N/A	6.2 ^{B2}	5.4	6.2	5.8	5.2	5.7	4.2	6.1	5.3	5.0
Average number of poor mental health days in the past month reported by adults ²	N/A	3.5 ^{B2}	3.3	3.8	3.6	3.0	3.4	2.0	4.0	3.5	2.9
Percent of adults who receive the social and emotional support they need ²	N/A	N/A	64.0	59.6	63.5	60.8	74.8	83.8	53.9	51.2	68.8
Percent of children ages 0-17 years who have special health care needs ^{2f}	N/A	N/A	15.8	20.8	15.5	14.7	16.6	17.5	12.5	15.2	18.2
Percent of children ages 2-17 years ever diagnosed with ADD/ADHD ²	N/A	8.4 ^{NC}	6.0	7.3	7.4	5.3*	7.2*	4.6	4.2	4.6	7.2
Percent of adults who provided care or assistance during the past month to another adult living with a long-term illness or disability ²	N/A	N/A	20.0	20.4*	17.4	24.1	11.3*	16.6*	16.9*	25.5*	24.0



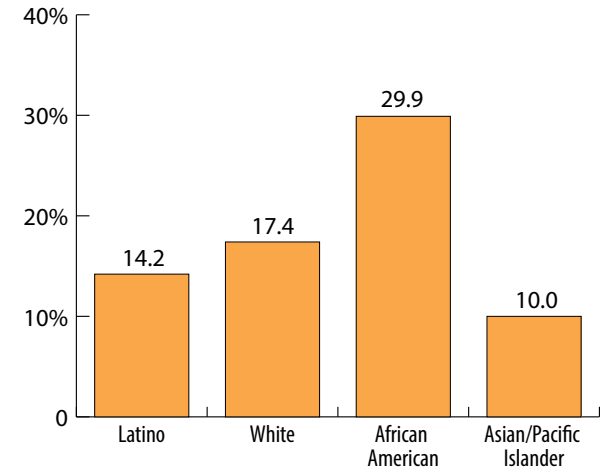
Percent of Adults Who Report Receiving the Social and Emotional Support They Need by Race/Ethnicity, 2011



Percent of Children with Special Health Care Needs by Gender and Age Group, 2011



Percent Children with Special Health Care Needs by Race/Ethnicity, 2011



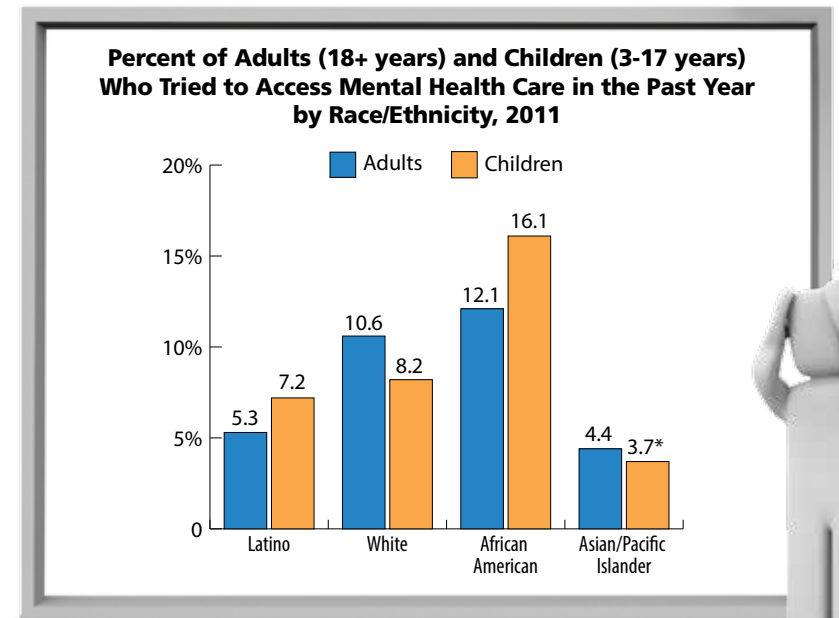
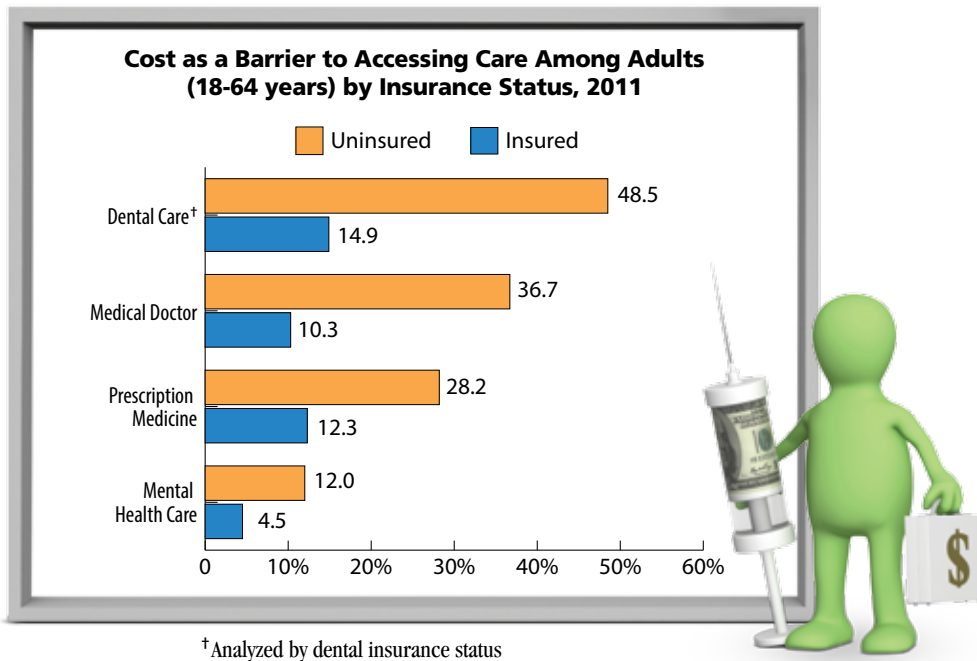
ACCESS TO CARE

	HP 2020	National	LA County	Antelope Valley SPA1	San Fernando SPA2	San Gabriel SPA3	Metro SPA4	West SPA5	South SPA6	East SPA7	South Bay SPA8
Insurance											
• Percent of children ages 0-17 years who are uninsured ²	0.0	7.0 ^{NC}	5.0	2.7*	4.2	4.3*	6.6*	3.0*	8.6*	6.5	2.9*
• Percent of adults ages 18-64 years who are uninsured ²	0.0	21.3 ^{NU}	28.5	19.5	27.0	26.9	35.5	12.7	38.2	32.4	26.7
• Percent of children ages 0-17 years who do not have dental insurance ²	N/A	N/A	21.8	18.0	22.0	22.0	24.3	28.4	24.2	20.8	18.5
• Percent of adults ages 18+ years who do not have dental insurance ²	N/A	N/A	51.8	44.7	49.0	51.0	61.1	39.4	62.9	53.0	49.3
Regular Source of Care											
• Percent of children 0-17 years with no regular source of health care ²	0.0	3.3 ^{NC}	4.8	3.7*	3.8	4.5*	5.2*	4.0*	7.3*	5.1	4.5*
• Percent of adults 18-64 years with no regular source of health care ²	10.6	N/A	23.4	17.6	25.1	22.6	25.4	22.5	29.4	20.0	21.0
Access to Health Care											
• Percent of children ages 0-17 years who have difficulty accessing medical care ²	N/A	N/A	12.3	12.7*	9.6	11.8	12.1	4.5*	17.7	16.4	10.1
• Percent of adults who reported difficulty accessing medical care ²	N/A	N/A	31.7	26.7	28.9	31.9	38.0	17.0	44.6	34.6	28.5
• Percent of children who did not see a doctor when needed in the past year because they could not afford it ²	N/A	1.7 ^{NC}	6.1	5.6*	3.5	6.0*	3.0*	4.9*	9.9*	8.2	6.4
• Percent of adults who did not see a doctor when needed in the past year because they could not afford it ²	N/A	6.5 ^{NA2}	16.0	13.3	16.8	15.1	17.7	12.2	18.7	17.8	14.0
Access to Dental Care											
• Percent of children ages 3-17 years who did not obtain dental care (including check-ups) in the past year because they could not afford it ²	N/A	6.1 ^{NC}	12.6	9.0	9.6	13.9	11.3	8.5	14.9	16.6	12.2
• Percent of adults who did not obtain dental care (including check-ups) in the past year because they could not afford it ²	N/A	N/A	30.3	31.3	29.8	27.7	37.6	19.4	35.0	33.9	27.4
Access to Mental Health Care											
• Percent of children ages 3-17 years who tried to get mental or behavioral health care in the past year ²	N/A	N/A	7.8	11.4	7.7	7.7	8.1	7.0*	5.8*	8.0*	8.3
• Percent of adults who tried to get mental health care in the past year ²	N/A	N/A	7.5	8.3	8.8	6.2	8.4	10.6	6.6	5.8	6.5

Medication

- Percent of adults who did not obtain needed prescription medication in the past year because they could not afford it²

*The estimate is statistically unstable (relative standard error $\geq 23\%$)



*Estimate is statistically unstable (relative standard error $\geq 23\%$)

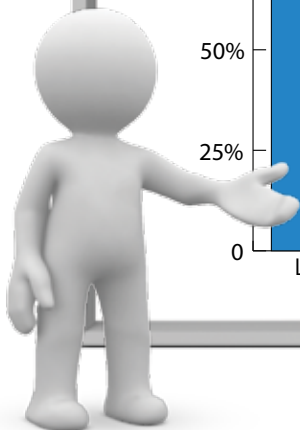
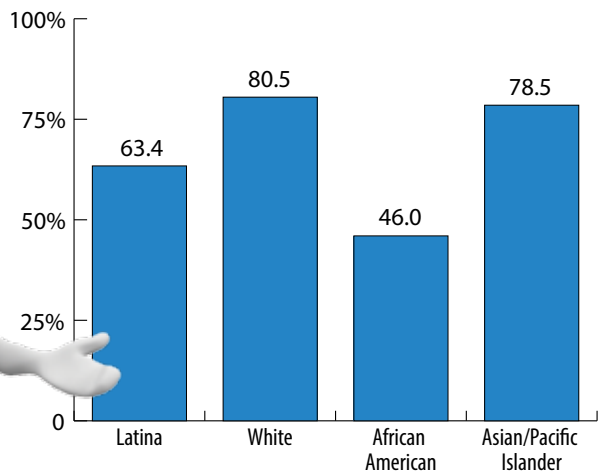


PREVENTIVE SERVICES

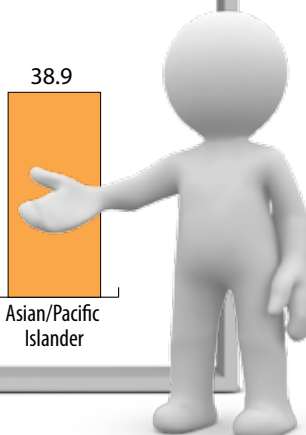
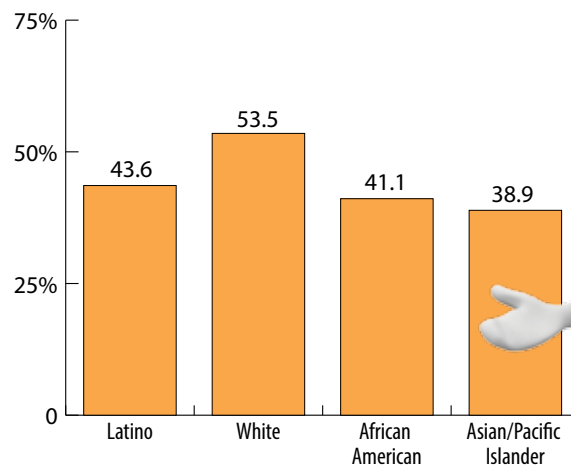
	HP 2020	National	LA County	Antelope Valley SPA1	San Fernando SPA2	San Gabriel SPA3	Metro SPA4	West SPA5	South SPA6	East SPA7	South Bay SPA8
Adult Health											
• Percent of men ages 45 years or older and women 55 years or older who take aspirin daily or every other day for their heart ²	N/A	N/A	33.8	35.2	36.1	33.2	33.5	35.8	30.9	32.8	32.4
• Percent of women 65 years or older who have ever been screened for osteoporosis ²	N/A	N/A	72.9	71.8	81.6	75.9	69.8	74.6	44.3	70.7	73.0
Women's Health											
• Percent of all live births where mother received prenatal care during the 1st trimester ⁶	77.9	N/A	81.6	66.7	88.3	83.4	78.9	85.2	77.1	82.4	79.6
• Percent of women ages 18-65 years who had a Pap smear within the past 3 years ²	93.0	83.0 ^{CS}	82.8	80.1	84.0	78.6	82.0	83.5	87.4	83.3	83.3
• Percent of women ages 50-74 years who had a mammogram within the past 2 years ²	81.1	72.4 ^{CS}	79.8	76.4	82.8	79.2	75.5	82.5	82.8	81.1	76.0
Colorectal Cancer Screening											
• Percent of adults ages 50-74 years who have been screened for colon cancer (blood stool test in past year OR sigmoidoscopy in the past 5 years OR colonoscopy in the past 10 years) ⁷	70.5	58.6 ^{CS}	65.3	71.0	65.0	65.6	64.5	72.3	57.8	57.2	69.7
Immunizations											
• Percent of girls 13-17 years vaccinated (at least one dose) for human papillomavirus (HPV) ²	N/A	53.0 ^I	44.6	61.5	43.2	57.1	51.9	61.5	29.2	38.7	37.2
• Percent of adults 18-64 years vaccinated for influenza in the past year ²	80.0	N/A	28.7	31.2	31.5	29.5	28.5	31.0	22.7	26.2	28.1
• Percent of adults 65 years or older vaccinated for influenza in the past year ²	90.0	61.3 ^B	64.2	61.7	65.4	68.9	60.4	70.1	51.7	61.7	63.9
• Percent of adults ages 65 years or older ever vaccinated for pneumonia ²	90.0	70.0 ^B	61.3	58.2	64.3	57.9	61.0	64.1	53.9	62.4	62.9



Percent of Women (65+ years) Screened for Osteoporosis by Race/Ethnicity, 2011



Percent of Girls (13-17 years) Who Have Had an HPV Vaccination by Race/Ethnicity, 2011



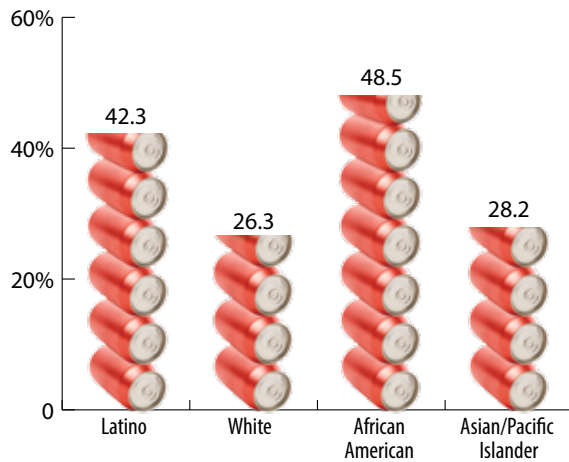
Physical Activity

- Percent of adults who obtain recommended amount of aerobic exercise each week (≥ 150 minutes/wk of moderate exercise, or ≥ 75 minutes/wk of vigorous exercise)²
- Percent of adults who obtain recommended amount of muscle-strengthening each week (at least 2 days/wk)²
- Percent of adults who meet the recommended amount aerobic and muscle-strengthening each week²
- Percent of adults who are inactive (do not participate in any aerobic activity)²
- Percent of children ages 6-17 years who obtain recommended amount of exercise each week (≥ 60 minutes, daily)²
- Percent of children ages 6-17 years who are inactive²

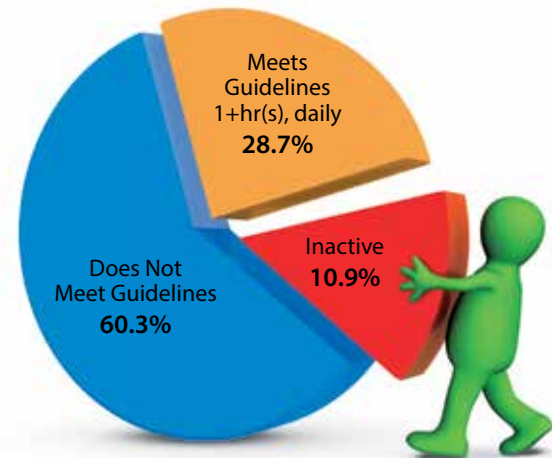
*The estimate is statistically unstable (relative standard error $\geq 23\%$)

47.9	N/A	61.8	58.3	61.3	58.4	63.9	66.5	61.0	61.1	64.2
24.1	N/A	37.1	39.8	36.3	33.8	38.6	44.1	35.0	36.2	39.3
20.1	N/A	29.7	31.2	28.4	26.1	31.3	37.4	28.1	29.9	31.7
N/A	N/A	12.0	15.9	12.8	12.7	10.6	8.8	12.0	11.6	12.3
N/A	N/A	28.7	30.6	29.6	21.5	27.8	22.6	32.0	33.4	30.1
N/A	N/A	10.9	8.7	11.0	15.0	10.9	6.6*	12.4	10.0	8.0*

Percent of Children Who Drink at Least One Soda or Sugar Sweetened Beverage a Day by Race/Ethnicity, 2011



Weekly Physical Activity Status of Children (6-17 years), 2011



HEALTH OUTCOMES

	HP 2020	National	LA County	Antelope Valley SPA1	San Fernando SPA2	San Gabriel SPA3	Metro SPA4	West SPA5	South SPA6	East SPA7	South Bay SPA8
Overweight & Obesity											
• Percent of children in grades 5, 7, & 9 who are obese (BMI above the 95th percentile) ⁹	N/A	N/A	22.4	20.3	19.8	20.8	26.7	15.3	29.0	25.7	20.7
• Percent of adults who are obese (BMI ≥ 30.0) ²	30.5 ^{HP}	28.3 ^{NA}	23.6	34.8	21.1	23.9	20.1	9.8	32.7	30.1	22.7
• Percent of adults who are overweight (25.0 ≤ BMI < 30.0) ²	N/A	34.5 ^{NA}	37.1	36.1	36.4	35.0	33.2	33.5	37.3	40.1	42.8
Diabetes											
• Percent of adults ever diagnosed with diabetes ²	N/A	9.0 ^{NA}	9.5	10.7	9.3	7.7	7.3	5.5	10.1	15.1	9.8
• Diabetes death rate (age-adjusted per 100,000 population) ¹⁰	N/A	20.8 ^{MH}	20.2	40.6	15.7	19.8	18.1	9.3	34.1	27.5	18.3
Cardiovascular Disease											
• Percent of adults ever diagnosed with hypertension ²	26.9	25.5 ^{NA}	24.0	29.0	23.9	25.4	20.4	17.1	28.4	24.4	24.5
• Percent of adults ever diagnosed with high cholesterol ²	N/A	N/A	25.6	26.4	28.4	23.9	24.1	24.8	22.9	25.4	26.5
• Coronary heart disease death rate (age-adjusted per 100,000 population) ¹⁰	100.8	123.7 ^{MC}	128.6	182.7	129.9	118.1	118.5	101.2	178.2	122.3	130.8
• Stroke death rate (age-adjusted per 100,000 population) ¹⁰	33.8	39.1 ^{MH}	33.7	37.3	32.2	36.0	28.9	28.2	45.5	33.7	33.4
• Stroke death rate for African-Americans (age-adjusted per 100,000 population) ¹⁰	33.8	53.0 ^{MC}	49.6	**	91.5	60.6	47.2	**	55.1	**	41.7
Reproductive Health											
• Rate of births (per 1,000 live births) to teens ages 15-19 years ⁶	N/A	34.2 ^{BH}	28.1	33.9	18.9	22.4	35.5	6.0	51.1	30.9	25.7
• Percent of low weight (<2,500 grams) births (per 100 live births) ⁶	7.8	8.2 ^{BH}	7.1	8.3	7.1	6.4	7.1	6.8	8.1	6.6	7.1
• Percent of low weight (<2,500 grams) African American births (per 100 live births) ⁶	7.8	13.5 ^{BH}	11.8	11.7	10.5	10.5	11.7	9.4	13.4	12.0	10.6
• Infant death rate (per 1,000 live births) ⁶	6.0	6.2 ^{MH}	4.6	5.8	4.4	4.1	5.0	3.2	6.1	3.7	4.7
• African American infant death rate (per 1,000 live births) ⁶	6.0	11.6 ^{MH}	9.8	9.0	6.8	***	14.4	***	9.5	***	11.2
Musculoskeletal											
• Percent of adults diagnosed with arthritis ²	N/A	23.3 ^{NA}	17.4	24.0	16.4	20.1	16.0	17.7	15.7	18.2	15.7
• Percent of women 65 years or older diagnosed with osteoporosis ²	N/A	N/A	26.7	24.7*	27.3	27.3	32.3	24.9	21.6*	30.0	22.1

Injury

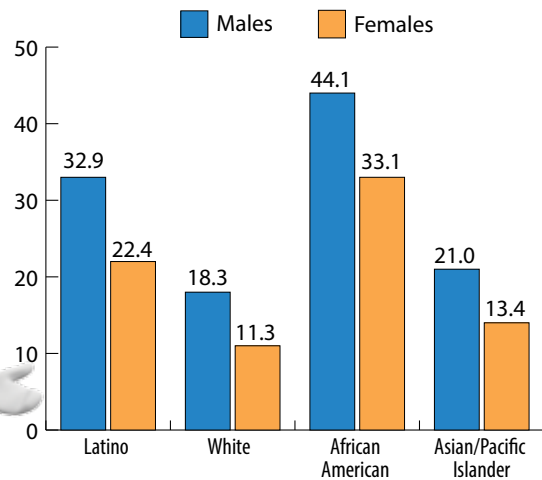
- Suicide rate (age-adjusted per 100,000 population)¹⁰
- Homicide rate among adolescents and young adults ages 15-34 years (per 100,000 population)¹⁰
- Death rate attributed to motor vehicle crashes (age-adjusted per 100,000 population)¹⁰
- Unintentional injury death rate among children ages 1-17 years (per 100,000 population)¹⁰
- Rate of unintentional drug-related (includes alcohol) death (age-adjusted per 100,000 population)¹⁰

10.2	12.1 ^{MH}	7.5	8.6	8.3	6.7	7.8	10.6	3.5	7.1	6.8
N/A	10.6 ^{MC}	15.0	**	6.8	8.3	10.7	**	38.8	14.8	22.6
12.4	11.3 ^{MH}	6.5	13.2	6.4	5.7	5.3	4.3	9.6	6.3	5.5
N/A	7.0 ^{MC}	3.0	**	**	**	**	**	**	**	**
N/A	10.4 ^{MC}	6.5	7.9	6.3	4.8	6.8	5.7	8.0	5.3	6.5

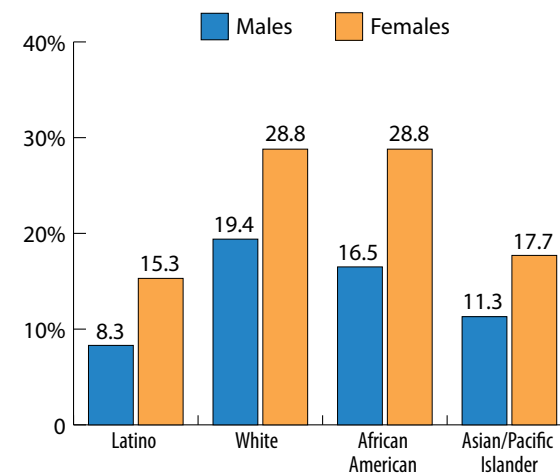
*The estimate is statistically unstable (relative standard error ≥ 23%)
 ** If <20 deaths a reliable rate can not be calculated
 *** If <5 births a reliable rate can not be calculated



Diabetes Death Rate (age-adjusted per 100,000 population) by Gender and Race/Ethnicity, 2009



Percent of Adults Diagnosed with Arthritis by Gender and Race/Ethnicity, 2011



HEALTH OUTCOMES

Mental Health

- Percent of adults ever diagnosed with depression²
- Percent of adults with current depression²
- Percent of adults at risk for major depression²
- Percent of adults ever diagnosed with anxiety²
- Percent adults with current anxiety²
- Alzheimer's disease death rate (age-adjusted per 100,000 population)¹⁰

Communicable Diseases

- Incidence of HIV/AIDS (annual new cases per 100,000 population) among adolescents and adults (ages 13+ years)^{11a}
- HIV infection-related mortality rate (age-adjusted per 100,000 population)¹⁰
- Incidence of primary and secondary Syphilis (annual new cases per 100,000 population)^{11b}
- Incidence of Chlamydia (annual new cases per 100,000 population)^{11b}
- Incidence of Gonorrhea (annual new cases per 100,000 population)^{11b}
- Incidence of Tuberculosis annual new cases per 100,000 population)¹²

Respiratory Disease

- Percent of children ages 0-17 years with current asthma (ever diagnosed with asthma and reported still have asthma and/or had an asthma attack in the past year)²
- Pneumonia/Influenza mortality rate (age-adjusted per 100,000 population)¹⁰
- COPD/Emphysema mortality rate (age-adjusted per 100,000 population)¹⁰

	HP 2020	National	LA County	Antelope Valley SPA1	San Fernando SPA2	San Gabriel SPA3	Metro SPA4	West SPA5	South SPA6	East SPA7	South Bay SPA8
Percent of adults ever diagnosed with depression ²	N/A	17.5 ^B	12.2	14.6	13.9	10.6	13.4	13.4	10.8	11.7	10.7
Percent of adults with current depression ²	N/A	N/A	8.3	12.6	8.9	6.4	9.3	10.3	8.0	7.6	7.7
Percent of adults at risk for major depression ²	N/A	N/A	10.4	11.9	12.0	8.5	11.6	5.8*	13.3	10.5	9.3
Percent of adults ever diagnosed with anxiety ²	N/A	N/A	11.3	15.9	12.5	9.1	12.0	13.7	10.1	11.4	10.2
Percent adults with current anxiety ²	N/A	N/A	6.4	6.6	7.2	5.3	7.4	7.6	6.9	5.6	5.5
Alzheimer's disease death rate (age-adjusted per 100,000 population) ¹⁰	N/A	25.1 ^{MH}	21.0	30.6	25.7	19.8	13.3	24.0	18.3	21.0	20.1
Incidence of HIV/AIDS (annual new cases per 100,000 population) among adolescents and adults (ages 13+ years) ^{11a}	13.0	19.7 ^A	24.9	15.4	13.2	9.4	79.0	18.1	32.3	15.5	26.3
HIV infection-related mortality rate (age-adjusted per 100,000 population) ¹⁰	3.3	2.6 ^{MH}	3.0	**	1.4	1.7	6.4	**	7.1	1.8	3.5
Incidence of primary and secondary Syphilis (annual new cases per 100,000 population) ^{11b}	N/A	4.5 ^S	8.1	2.1	6.1	2.2	27.1	7.2	10.5	4.9	4.7
Incidence of Chlamydia (annual new cases per 100,000 population) ^{11b}	N/A	457.6 ^S	512.9	538.6	320.5	353.2	587.7	277.5	999.5	488.0	504.9
Incidence of Gonorrhea (annual new cases per 100,000 population) ^{11b}	N/A	104.2 ^S	103.4	73.0	57.9	40.2	204.7	72.8	231.9	58.4	109.2
Incidence of Tuberculosis annual new cases per 100,000 population) ¹²	1.0	3.4 ^T	7.3	5.2	5.5	8.1	12.8	3.6	8.1	7.6	5.8
Percent of children ages 0-17 years with current asthma (ever diagnosed with asthma and reported still have asthma and/or had an asthma attack in the past year) ²	N/A	N/A	9.0	12.2*	9.1	7.8	4.3*	4.8	9.4	9.9	11.5
Pneumonia/Influenza mortality rate (age-adjusted per 100,000 population) ¹⁰	N/A	15.1 ^{MH}	21.3	23.0	19.3	20.9	21.0	19.0	24.6	21.5	23.6
COPD/Emphysema mortality rate (age-adjusted per 100,000 population) ¹⁰	N/A	40.6 ^{MC}	30.3	78.8	27.3	33.3	21.3	22.3	31.3	30.7	32.4

Cancer

- Lung cancer death rate (age-adjusted per 100,000 population)¹⁰
- Breast cancer death rate among females (age-adjusted per 100,000 females)¹⁰
- Cervical cancer death rate (age-adjusted per 100,000 females)¹⁰
- Colorectal cancer death rate (age-adjusted per 100,000 population)¹⁰

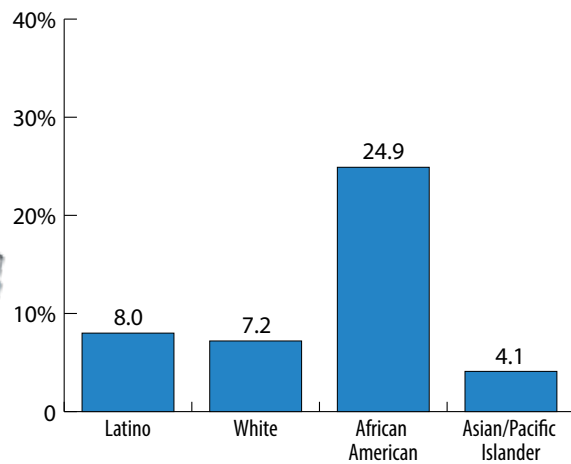
All Cause Mortality

- (age-adjusted per 100,000 population)¹⁰

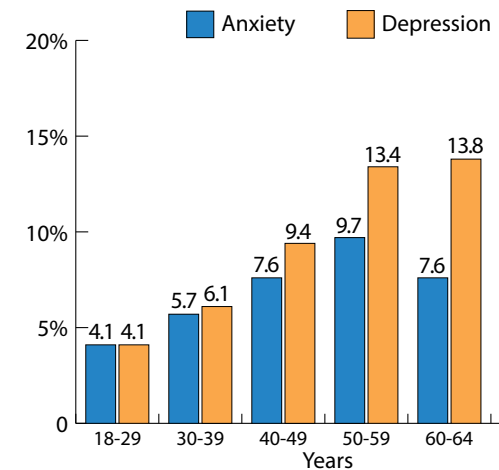
45.5	47.6 ^{MH}	31.3	43.1	32.0	30.9	23.6	28.2	39.9	25.9	36.1
20.6	12.4 ^{MH}	21.3	22.2	19.2	21.8	14.6	22.2	28.5	23.0	23.3
2.2	1.2 ^{MH}	2.7	**	**	2.2	**	**	5.8	3.3	3.3
14.5	15.8 ^{MH}	14.3	19.6	13.5	13.8	12.8	12.9	19.8	12.8	15.3
N/A	747.0 ^{MH}	583.5	815.2	559.3	553.2	505.4	486.5	754.0	590.0	610.9

* The estimate is statistically unstable (relative standard error $\geq 23\%$)
 ** If <20 deaths a reliable rate can not be calculated

Percent Children with Asthma by Race/Ethnicity, 2011



Percent of Adults With Current Anxiety and Depression by Age Group, 2011



LOCAL DATA SOURCES & NOTES

- 1** U.S. Census Bureau, Summary File 1, 2010. Tables PCT12, P19. National Center for Health Statistics. Estimates of the April 1, 2010 resident population of the United States, by county, single-year of age (0, 1, 2, . . . , 85 years and over), bridged race, Hispanic origin, and sex. Prepared under a collaborative arrangement with the U.S. Census Bureau.
- 2** 2011 Los Angeles County Health Survey; Office of Health Assessment and Epidemiology, Los Angeles County Department of Public Health. Estimates are based on self-reported data by a random sample of 8,036 Los Angeles County adults and 6,013 parents/guardians/primary caretakers of children, representative of the population in Los Angeles County.
 - a.** For language used most often at home, Asian includes: Burmese, Cambodian, Cantonese, Chinese unspecified, Filipino, Indian languages, Indonesian, Japanese, Korean, Mandarin, Tagalog, Taiwanese, Thai, Vietnamese; Other includes: European (Albanian, Armenian, Dutch, French, German, Hungarian, Italian, Norwegian, Polish, Portuguese, Russian, Serbian, Swedish), Middle Eastern (Arabic, Farsi/Persian, Hebrew), African (Ethiopian, Nigerian), and Other (American Indian, Chinatec, Creole).
 - b.** Disability was defined as a positive response to any of the following questions: Are you limited in any way in any activities because of a physical, mental or emotional problem?; Do you now have any health problem that requires you to use special equipment, such as a cane, wheelchair, a special bed or special telephone?; Do you consider yourself a person with a disability?
 - c.** Food Insecurity is a scaled variable based on a series of five questions. [REFERENCE: SJ Blumberg, K Bialostosky, WL Hamilton, and RR Briefel The effectiveness of a short form of the Household Food Security Scale. *Am J Public Health* 1999 89: 1231-1234].
 - d.** American Academy of Pediatrics: AAP policy statement: Children, Adolescents, and Television (RE0043). *PEDIATRICS*. February 2001; 107:2 (423-426) www.aap.org/policy/re0043.html.
 - e.** Unhealthy days refers to a composite of the number of reported poor physical and/or mental health days in the past month. [REFERENCE: Centers for Disease Control and Prevention. *Measuring Healthy Days*. Atlanta, Georgia: CDC, November 2000. <http://www.cdc.gov/hrqol/pdfs/mhd.pdf>; <http://www.cdc.gov/hrqol/methods.htm>].
 - f.** Children with Special Health Care Needs (CSHCN) Screening Tool from the FACCT - Foundation for Accountability. The CSHCN screener has three "definitional domains." These are: (1) Dependency on prescription medications; (2) Service use above that considered usual or routine; and (3) Functional limitations. The definitional domains are not mutually exclusive categories. A child meeting the CSHCN screener criteria for having a chronic condition may qualify for one or more definitional domains. [REFERENCE: <http://www.facct.org/cahmiweb/chronic/Screening/lwiscreen.htm>].
- 3** Data source: July 1, 2011 Population and Poverty Estimates, prepared for Urban Research, LA County ISD, released 10/15/2012.
- 4** American Community Survey. 2006-2010 American Community Survey 5-Year Estimates; Household Income by Gross Rent/Monthly Owner Costs as Percentage of Household Income in the Past 12 Months.
- 5** EPA calculates AQI for five major air pollutants regulated by the Clean Air Act: ground-level ozone, particulate matter, carbon monoxide, sulfur dioxide, and nitrogen dioxide. 2011 data. [<http://www.airnow.gov/index.cfm?action=aqibasics.aqi>; http://www.epa.gov/airdata/ad_rep_aqi.html].
 - 6** Los Angeles County Department of Public Health, Maternal, Child & Adolescent Health Program; 2010 birth and 2010 death record data (for infant mortality) and 2011 birth data obtained from the California Department of Public Health, Center for Health Statistics, OHIR Vital Statistics Section.
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- 9** Los Angeles County public school children, grades 5, 7, and 9. Prepared by the Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, Epidemiology Unit; Data obtained from the 2010 California Physical Fitness testing Program, California Department of Education.
- 10** Los Angeles County Department of Public Health (DPH), Office of Health Assessment and Epidemiology, Linked 2009 California DPH Death Statistical Master File for Los Angeles County Residents.
- 11** Los Angeles County Department of Public Health, Division of HIV and STD Prevention.
 - a.** Enhanced HIV/AIDS Reporting System (EHARS), HIV Epidemiology, Los Angeles County 2010 data as of 12/31/2012. Data are provisional due to reporting delay.
 - b.** Sexually Transmitted Disease Casewatch System, Los Angeles County 2011 data; Excludes cases from Long Beach and Pasadena. Additional data note: Not all chlamydia cases were geocoded to a SPA, resulting in slightly underestimated rates for some SPAs. For example, although the incidence rate for SPA 8 appears lower than that for LAC, using the known geocoded data, it was significantly higher compared to the other 7 SPAs combined.
- 12** Los Angeles County Department of Public Health, Tuberculosis Control Program, 2011 data. TB cases in Pasadena and Long Beach are not included because these two cities have their own TB Control Programs.



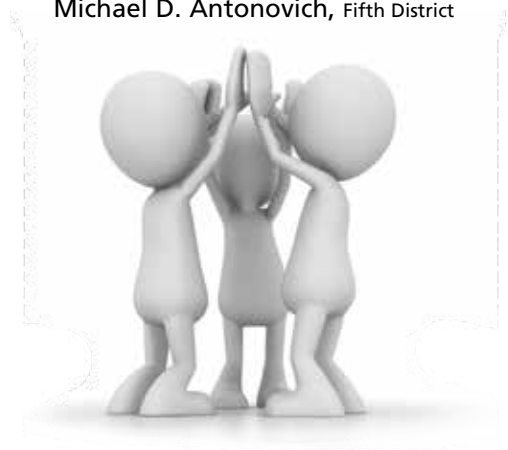
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Suggested Citation:
Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Key Indicators of Health by Service Planning Area*; March 2013.



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