

## **STD Update**

## Sexual Health Resources and Referrals in Los Angeles

County

Monica Munoz, PHN, MPH

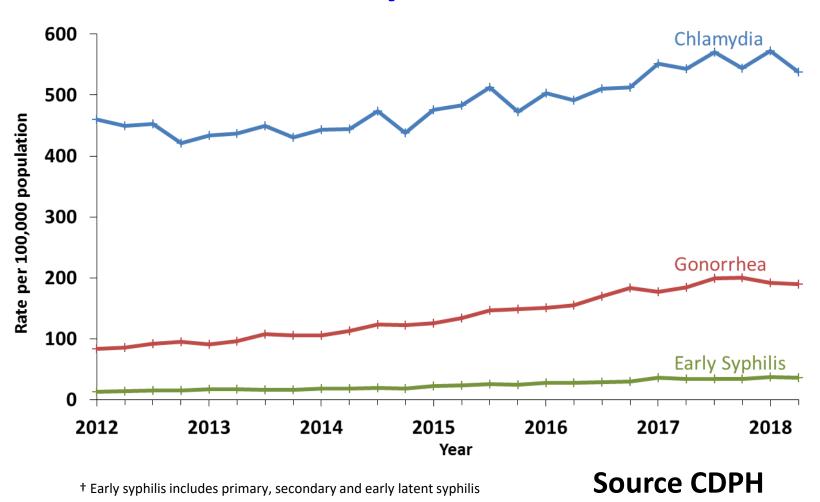
Melissa Papp-Green

**Division of HIV and STD Programs** 

County of Los Angeles Department of Public Health

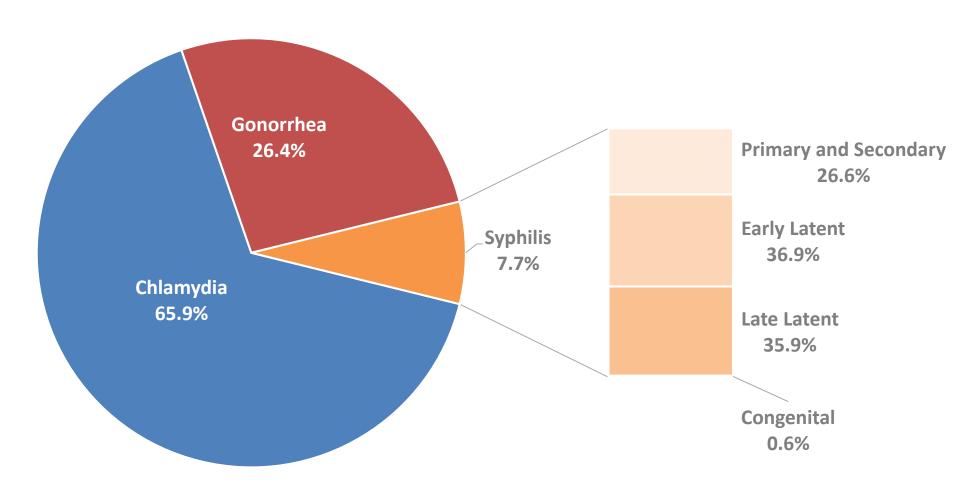


## Chlamydia, Gonorrhea, and Early Syphilis<sup>†</sup> California Rates by Year-Quarter, 2012–2018\*



#### Reported STD Cases, Los Angeles County, 2017<sup>1</sup> N=97,291



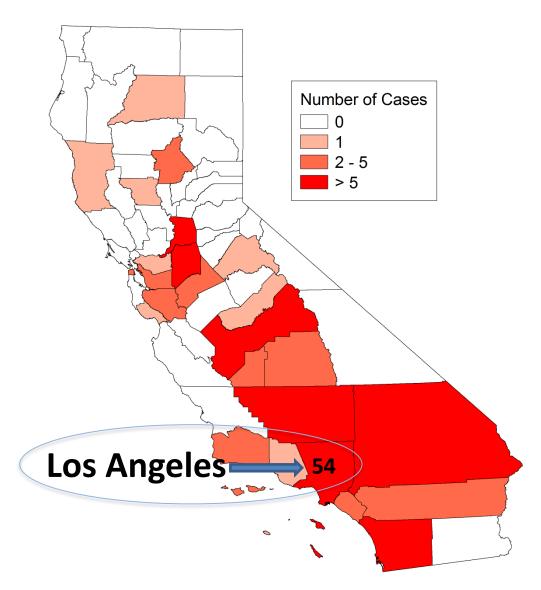


1. Data are provisional due to reporting delay. Data includes Long Beach and Pasadena. Source: Division of HIV and STD Programs

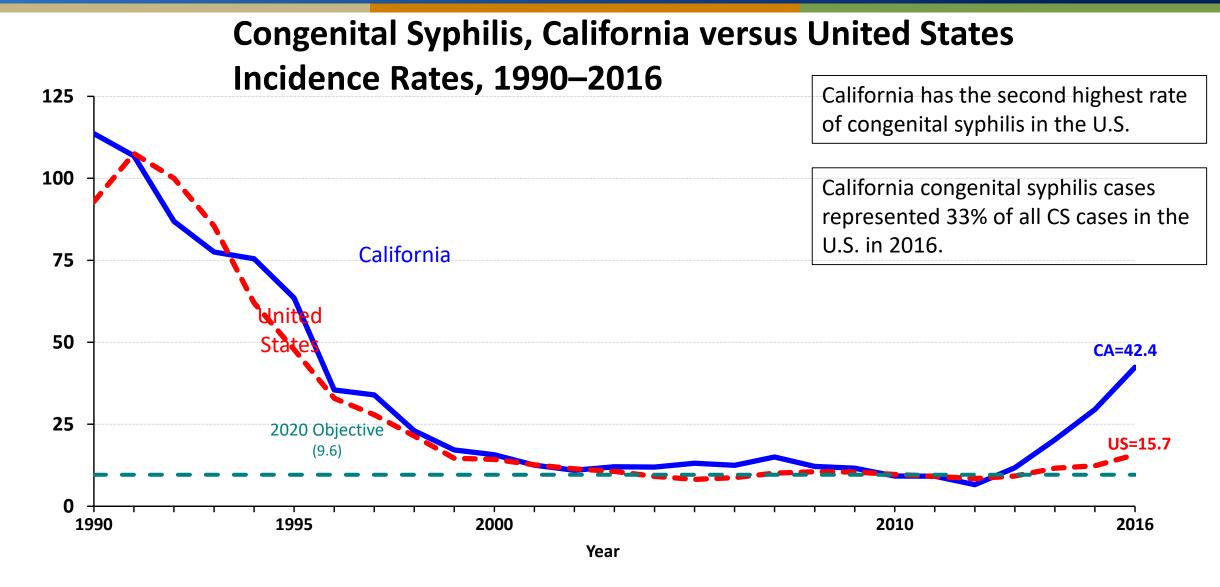
## **Congenital Syphilis**



### **Number of Cases - LAC 2018-PRELIM**







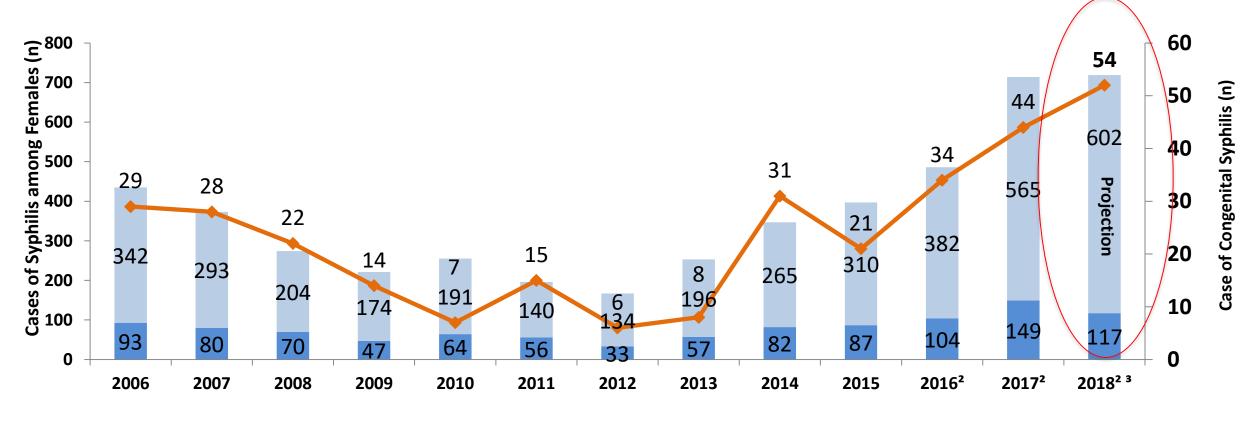
Rate per 100,000 live births

Note: The Modified Kaufman Criteria were used through 1989. The CDC Case Definition (MMWR 1989; 48: 828) was used effective January 1, 1990. California data prior to 1985 include all cases of congenital syphilis, regardless of age.



Congenital Syphilis<sup>3</sup>

## Number of Female Syphilis Cases and Congenital Syphilis Cases, Los Angeles County, 2006-2018<sup>1</sup>



Total Women<sup>4</sup>

Pregnant Women<sup>4</sup> Tota

<sup>1</sup> Data are from STD Casewatch as of 07/17/2018 and excludes cases from Long Beach and Pasadena

<sup>&</sup>lt;sup>2</sup>2016-2018 data are provisional due to reporting delay. 2018 projections are based on provisional data. As of 7/31/18, 26 congenital syphilis cases have been reported.

<sup>&</sup>lt;sup>3</sup> Congenital Syphilis includes syphilitic stillbirths

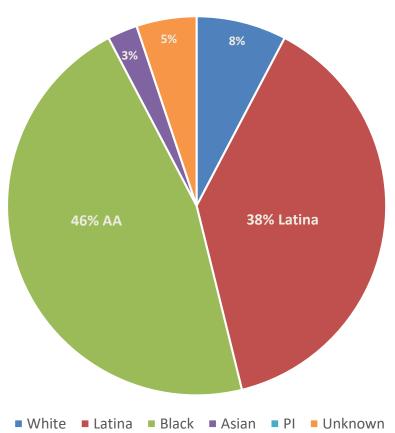
<sup>&</sup>lt;sup>4</sup> Syphilis among females of childbearing age (ages 15-44) including all cases staged as primary, secondary, early latent and late latent Source: Division of HIV and STD Programs



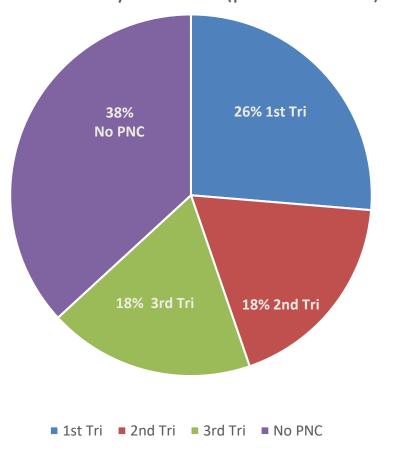
## 2017 Maternal Characteristics (n=40)

Median Age: 27.2 years (range 16-38)





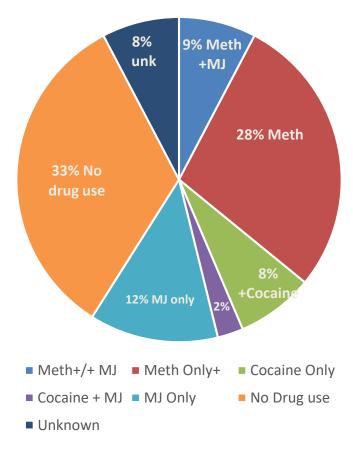
#### Entry into PNC (pre-natal care)



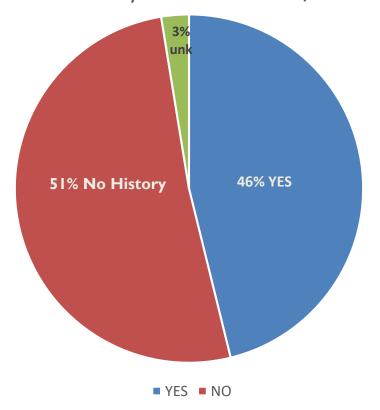


## 2017 Maternal Characteristics (n=40)





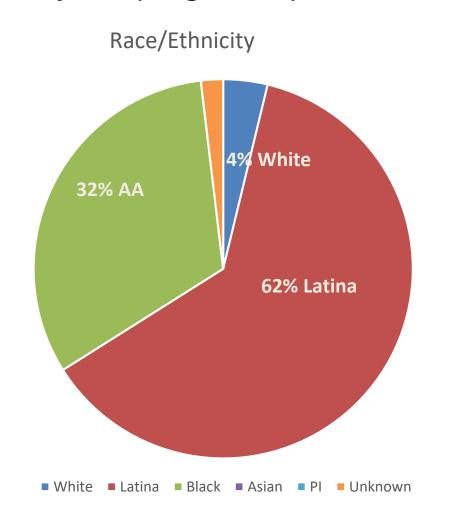
#### History of Incarceration/Arrest

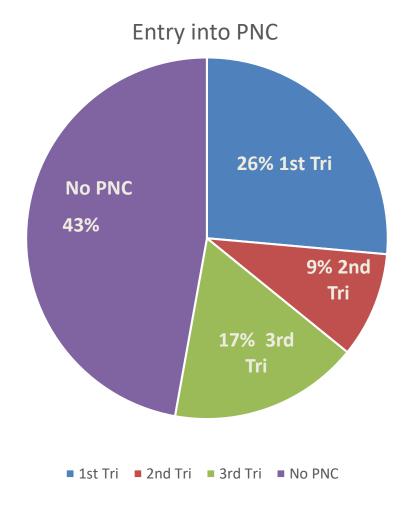




## 2018 Maternal Characteristics (n=54)

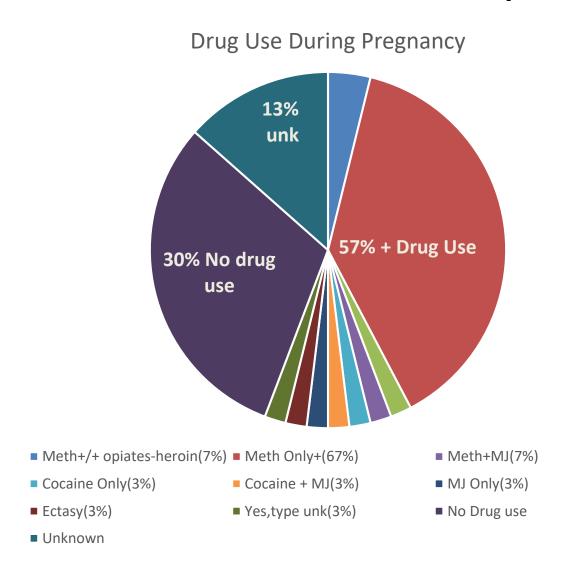
Median Age: 29.2 years (range 16-38)

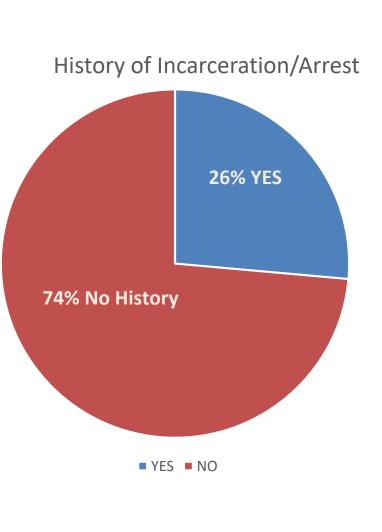






## 2018 Maternal Characteristics (n=54)







## Women Considered High Risk for Syphilis, LAC

- Latina and African American women
- From certain geographic areas(SPA 3, 4 & SPA 6)
- Partner may have other partner(s)
- Access pre-natal care late, not at all, missed visits
- Exchange sex for money/shelter/other things of value
- Drug abuse
- Homelessness
- Serious mental illness



### **Congenital Syphilis & Concerning PH Implications**

Congenital Syphilis has a high mortality rate (8-10%)

 Two mothers identified in 2018-Newly Diagnosed HIV+ and infected with Syphilis during pregnancy

Significant correlation between lack of PNC to Substance Abuse

At least 35% of infants in DCFS/Foster Care System

Congenital Syphilis is preventable with early detection and timely treatment



Mark Ridley-Thoma

#### **KEY MESSAGES**

- Take a thorough sexual history.
- 2. Screen all women of child-bearing age
- 3. Screen all pregnant women for syphilis during the first trimester or at their initial prenatal visit. Re-screen pregnant women for syphilis early in the third trimester (28-32 weeks) and at delivery.
- 4. Stage syphilis correctly in order to treat correctly.

**QUESTIONS CALL CLINICAL NURSING & GUIDANCE** 



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www.publichealth.lacounty.go

September 24, 2018

Dear Colleague,

With full support of the Los Angeles County Board of Supervisors, the Department of Public Health's Division of HIV and STD Programs (DHSP) has launched a public health education campaign to increase provider awareness of congenital syphilis and rising rates of syphilis in women.

- Increases in female syphilis cases led to a dramatic increase of congenital syphilis cases in LA County with a total 34 cases in 2016, and 44 cases to date in 2017.
- Congenital syphilis is a preventable condition that results from untreated syphilis during pregnancy, with potentially severe consequences for infected infants.

This Syphilis in Women Action Kit includes clinical resources for your practice and educational materials for your patients. The kit is structured around these *four* core syphilis prevention practices for women:

- 1. Take a thorough sexual history from all patients as part of routine medical care
- 2. Screen all women of child-bearing age (15-44 years) for syphilis at least once.
- Screen all pregnant women for syphilis during the first trimester or at their initial prenatal visit. Re-screen pregnant women for syphilis early in the third trimester (28-32 weeks) and at delivery.
- Stage syphilis correctly in order to treat correctly. Assess for signs and symptoms of syphilis in last 12 months to determine if early or late syphilis.

For help interpreting test results and guidance on appropriate staging and timely treatment, call the Clinical Guidance & Nursing Unit consultation line at 213-368-7441.

We look forward to partnering with you to implement these new syphilis prevention strategies.

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Mario J. Pérez, MPH Director, Division of HIV and STD Programs Ofe

Leo Moore, MD, MSPHM Acting Medical Director, Division of HIV and STD Programs

(213) 368-7441

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# RESOURCES AVAILABLE FROM LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH AND DEPARTMENT OF HEALTH SERVICES



If you have a pregnant client, who is not in prenatal care or wants to improve their prenatal care, link them to MAMA'S Neighborhood

**M**aternity

**A**ssessment

**M**anagement

**Access** and

Service synergy

throughout the

**Neighborhood** for health



#### **MAMA'S Line: 1-844-37-MAMAS**



Medically High-Risk

Perinatal High-Risk

Juvenile Aftercare

Medical-Legal Partnership

Frequently Asked Questions

Newsletters

Contact Us

- Home or community-based care and support visits conducted by a Mobile Care Team (MCT) made up of nurses, counselors and care coordinators
- · Educational guidance on healthy pregnancies, recovery after birth and attachment and development with baby
- Group educational classes to learn about pregnancy, stress reduction, breastfeeding, parenting and baby bonding, and a baby development
- · Linked prenatal care with a doctor at a MAMA'S Clinic and birth planning at a MAMA'S Hospital
- Community referrals to assist with getting WIC, housing, a new job, training or enrolling in school, childcare or preschool, legal support, transportation and other life needs
- Linked connection to advanced health services like psychiatry, substance use support, violence counseling, and high-risk doctors who see pregnant and postpartum mothers that have diabetes and high blood pressure
- · Family planning education, support and contraception, if desired
- · Mothers' meet-up socials to celebrate motherhood and build a family

#### Inclusion Criteria:

- Pregnant
- · Medi-Cal eligible or low-income
- · Experiencing complex, stressful life circumstances

Length of Program: 12-18 months

The average length of stay for MAMA's Neighborhood program is 12-18 months.

For more information, click here or please call 1-844-37-MAMAS, your local clinic, or e-mail mamas@dhs.lacounty.gov. If you would like to refer a patient, or yourself on our secure portal, please click here.





## If you need to get your client into the prenatal care ASAP and they agree to go into MAMA's

## The MAMA's site closets to your area is

Olive View-UCLA Medical Center 14445 Olive View Dr. Sylmar, CA 91342 (747) 210-3137

Bring the pregnant client to OB Triage on the third floor

Call (747) 210-4462 to let them know you are coming



### **MAMA'S Visits PHN Staff**



SPA 4 & 6 (North)	SPA 5, 6 (South), 8	SPA 3 & 7
STEPHANIE FLETES	KAORI FUKUZATO	MARIE KREIMANN
213-298-5215	213-281-1089	213-246-9057
_	6 (North) STEPHANIE FLETES	6 (North) 6 (South), 8  STEPHANIE FLETES KAORI FUKUZATO



## **In-Clinic MAMA'S Staff**



LAC + USC	Olive View	Harbor - UCLA	MLK
OB Lead Nurse:	OB Lead Nurse:	OB lead Nurse:	Lead OB Nurse:
Cheryl Gonzalez	Elizabeth Moreno	Irene Saris	Roxanne Sanchez
323-409-6283 voip	747-210-3137	424-306-7200 voip 310-501-1132 pager	424-338-1227
<b>OB Clerks:</b>	OB Clerks	OB Clerks	OB Clinic Clerk:
323-409-5724	Amanda Lopez	Latrica (Letty)Grier	Delta Williams
	Guille Ortega	424-306-7200 voip	424-338-1230
	747-210-3137	Sabrina Word	
		424-306-7200 voip	
<b>Care Coordinators:</b>	Care Coordinators:	<b>Care Coordinators:</b>	<b>Care Coordinators:</b>
Susana Galvan	Miriam Andrade	Michelle McDonald	Latoya Green
Manuela Almaraz	747-210-3979	424-306-7225 voip	424-338-2267
323-409-3212	Roberto Rodriguez	Angelina Gamont	Nancy Hernandez
	747-210-3457	424-306-7225 voip	424-338-2283
	Franzette Rodela		
	747-210-4915		

## MAMA'S Assessment of Prenatal Risk: Focus on Allostatic Load





Risk Factor	Scale and Tools	Rationale	Operational definition of high risk
Behavioral health			
Drug Use	Indirect Screen & Urine Toxicology (with consent)	Illicit and prescription drug abuse/use or alcohol use	considerable: historical drug or alcohol abuse (DSM-IV criteria) severe: occasional use of illicit substances or frequent alcohol use extreme: active daily use
Tobacco Use	5 A's of tobacco	Tobacco use/abuse	considerable: occasional social severe: daily use extreme: >1 cigarette/day
Interpersonal violence	AAS	Abuse Assessment Screen for IPV	any item endorsement
Social health			
Social support	Multi-dimensional Social Support Scale	Measure of availability and adequacy of social support	considerable: >60 severe: 25-60 extreme: <25
Housing instability	HHS Housing assessment tool	Assessment of housing security and threat of homelessness	considerable: Stably Housed severe: Precariously Housed extreme: literally/ imminent risk of homelessness
Food insecurity	U.S. Adult Food Security Survey Module	Assesses access to purchase of cost conscious nutritious foods	considerable: 0-1 high security severe: 2-4 low security extreme: 5-6 very low security
Mental health			
Perceived Stress	PSS	Measure of the degree to which situations in one's life are perceived as stressful	considerable: 11-16 severe: 5-10 extreme: 0-4
Generalized Anxiety	GAD-7	generalized anxiety	Low: <5 Med: 5 - 10 High: ≥ 10
Post Traumatic Stress	PAC-PTSD	PTSD screening	any item endorsement
Depression	CESD	Depression diagnostic severity measure	Low: <5 Med: 5 - 10 High: ≥ 10





#### **Collaborative Care Teams**

#### **Care Coordinator**

Point person for access/contact/navigation



#### **Collaborative Care**

 Multidisciplinary approach (CC, PHN, SW, OB, Health Ed, Nutritionist)

#### **Unit Based Teams**

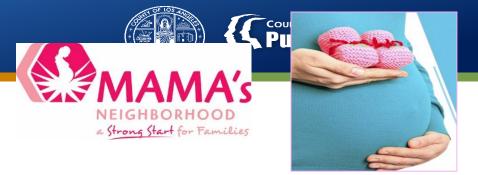
All working together to find solutions/provide support

#### **Neighborhood Network**

Provider is one piece in broad landscape of care







#### 1st OB Visit

- Meet with CC for perinatal intake
- Offer services/support to help with pregnancy and post partum
- Connect with supportive services within DHS & neighborhood community partners
  - Food, housing, transportation, counseling, education
- Clinician Visit within 2wks

#### Follow Up Visits

- By phone & during prenatal apt
- Reassessment of referrals
- Assess new problems or challenges

#### Prenatal Resiliency Classes

- Information on all aspects of pregnancy, labor
   & delivery, nutrition, yoga, tour of the hospital
- Nurse there to answer questions
- Can bring partner, friend or family member
- Receive free good for baby diapers, clothes, toys, possibly car seats and strollers

#### **Collaborative Care Meetings**

- Monthly/Biweekly
- Discussion of high risk patients to unify care with all care team members



#### MAMA'S Visits Services: Risk Levels 2 & 3

### **Home/Field Visitation Services**

WHO:	<ul> <li>Unable to come in and/or harder to reach: <ul> <li>Homeless/Group homes/Shelters/Complex barriers/SPMI/Jail/SUD</li> </ul> </li> <li>Preg &amp; PP: <ul> <li>Substance abuse, Housing &amp; Food insecurity, Low social support,</li> <li>Domestic/Sexual violence, Depression/Anxiety, Severe psychiatric mental illness (SPMI), Incarcerated</li> </ul> </li> </ul>
WHAT:	<ul> <li>Postnatal focus on mother and infant development: physical, mental and social health</li> <li>Co-management of care by a CC, PHN &amp; PSW social worker</li> <li>PHN: nursing care management, navigation into clinical services, Progesterone inj, chronic disease mgmt, education</li> <li>PSW: In home/field psychotherapy</li> <li>CC: In home/field assessments, care planning, referral and resource giving, support and relationship building, health education</li> </ul>



#### How to Refer Patients into MAMA's

http://dhs.lacounty.gov/wps/portal/dhs/wpc/

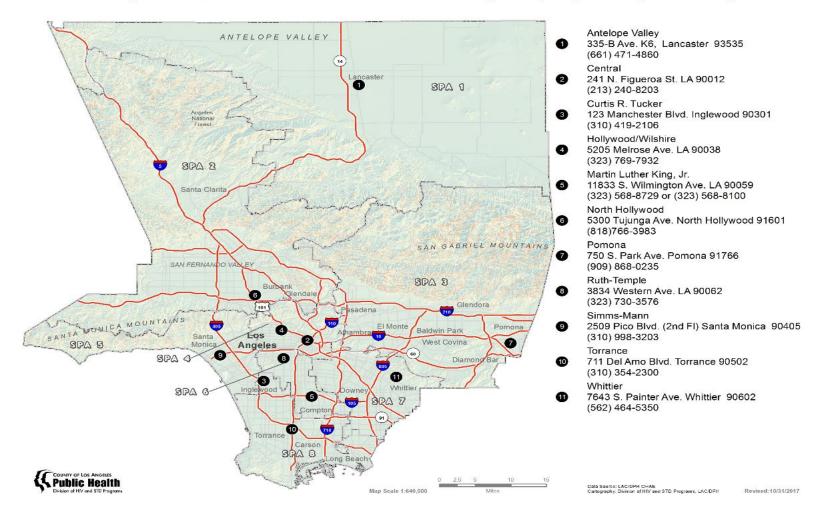




#### 11 STD CLINICS IN LOS ANGELES COUNTY



#### LA County DPH Public Health Centers and Service Planning Area (SPA), Los Angeles County, 2017



http://publichealth.lacounty.gov/dhsp/ STDClinicSchedule/2017 DHS PublicH ealthClinic.jpg

SPA 2 Clinic: North Hollywood Center, 5300 Tujunga Ave, North Hollywood, CA 91601. (818) 766-3983



## https://getprotectedla.com/ 1-800-758-0880





If you need to find a client or the partner of a client diagnosed with an STD or HIV or exposed to STDs and HIV call:

Partner Services Line (213) 639-6231



For HIV positive clients who don't have a doctor or aren't getting medication for HIV call:

Linkage and Re-engagement Program (LRP) provider line: (213) 639-4288



# For clients who may have HIV positive partners, connect them to PrEP resources:



http://getprepla.com/



## **Clinical Nursing and Guidance Unit Line**



Got questions about STDs?



(213) 368-7441

The Los Angeles County Department of Public Health is here to help you.

Call the Clinical Nursing and Guidance Unit for:

- Clinical Consultations
- Assistance with mandatory case reporting
- Countywide record searches: syphilis test results and treatment

Mon-Fri 8am-5pm. Messages returned by the next business

day. **213-368-7441** 

publichealth.lacounty.gov/dhsp/InfoForProviders.htm



#### Resources

- DHSP website: <a href="http://publichealth.lacounty.gov/dhsp">http://publichealth.lacounty.gov/dhsp</a>
- Syphilis in Women: <a href="http://publichealth.lacounty.gov/dhsp/SyphilisInWomen-ActionKit.htm">http://publichealth.lacounty.gov/dhsp/SyphilisInWomen-ActionKit.htm</a>
- PrEP information: www.getPrEPLA.com
- Condom Information: www.lacondom.com
- Home Test Kits: <a href="https://www.dontthinkknow.org/">https://www.dontthinkknow.org/</a>
- Public Health Centers: <a href="http://publichealth.lacounty.gov/chs/phcenters.htm">http://publichealth.lacounty.gov/chs/phcenters.htm</a>
- Pocket Guide to youth-friendly Sexual Health Services: <a href="https://www.pocketguidela.org/">https://www.pocketguidela.org/</a>
- Planned Parenthood Los Angeles: <a href="https://www.plannedparenthood.org/planned-parenthood-los-angeles">https://www.plannedparenthood.org/planned-parenthood-los-angeles</a>
- <u>Planned Parenthood Pasadena San Gabriel Valley:</u> <u>https://www.plannedparenthood.org/planned-parenthood-pasadena-san-gabriel-valley</u>



## Thank you for your attention

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