UNDERSTAND THE BASICS



- PrEP (Pre-Exposure Prophylaxis) is a medication (taken as a pill or an injection) that reduces the risk of getting Human Immunodeficiency Virus (HIV) before an exposure through sex or sharing needles/syringes.
 - Taking PrEP as prescribed can reduce your risk of getting HIV by up to 99%.
 - PrEP does not protect against other Sexually Transmitted Infections (STIs) or pregnancy – condoms are still recommended every time you have sex.

KNOW THE FACTS



- PrEP may be for you.
- You CAN get PrEP for low-cost or free even if you don't have insurance.
- You CAN use PrEP if you are 12-years old or older.

 His DECOMMENDED to continue.
- It is RECOMMENDED to continue using barriers (such as condoms) along with PrEP to prevent pregnancy and other STIs.
- You CAN use PrEP with birth control if you are trying to get pregnant, are pregnant, or breast/chestfeeding.



- PrEP is NOT a cure for HIV.
 - PrEP is NOT a vaccine.
- PrEP does NOT work as soon as you start taking it. It can take 7-10 days to build up in your body and protect you.
- PrEP will NOT protect against other STIs.
- PrEP will NOT prevent pregnancy.

PREP MAY BE FOR YOU!

- Prep can help you prevent getting HIV if you have tested negative for HIV, and are:
 - Sexually active
 - Sharing injection drug equipment
 - Experiencing intimate partner violence



- PrEP has been shown to work for people of all genders and sexualities.
- **PrEP** is an additional prevention tool if your partner is living with HIV.

PREP IS AVAILABLE FOR FREE OR LOW-COST



- Most insurance plans, including Medi-Cal, cover PrEP.
- If you have insurance, you can find a medical provider and information about help paying for the medication at GetPrEPLA.com.
- If you don't have insurance or can't get insurance due to your immigration status, know that you can still Get PrEP for <u>free!</u>

HOW TO GET PREP

Finding a place to get PrEP in Los Angeles County has never been easier! Whether or not you have insurance, a PrEP Center of Excellence can help you get started.

These clinics offer multiple services, including:

- Medical care
- Help to apply for insurance and other programs to pay for PrEP
 Tips for remembering to take your medications
- Referrals to other services to keep you healthy

Check out the map on the back to find the nearest center to you.

Call today to schedule an appointment and ask for the PrEP Navigator!

RESOURCES



GetPrEP LA

Current list of PrEP Centers of Exellence





For information about HIV, STIs, and sexual health





or low-cost PrEP



TAKEMEHOME

Order a FREE HIV self-test kit

WANT TO KNOW MORE?

(www Visit GetPrEPLA.com

Call the automated info line: 1-844-YEA-PREP (1-844-932-7737)

PREP CENTERS OF EXCELLENCE



Long Beach

5427 Whittier Blvd. Los Angeles, CA 90022

APLA Health and Wellness 3743 S. La Brea Ave

Los Angeles, CA 90016

1043 Elm Ave. #302 Long Beach, CA 90813

5901 W. Olympic Blvd. #500 Los Angeles, CA 90036

Charles Drew University 1670 E. 120th St. Los Angeles, CA 90059

City of Long Beach 2525 Grand Avenue, Suite 106,

Long Beach, CA 90815 JWCH

954 N. Vermont Avenue Los Angeles, CA 90029

1845 N Fair Oaks Ave, Pasadena, CA 91103

2151 E. Palmdale Blvd. 9 Palmdale, CA 93550

45104 10th St. W Lancaster, CA 93534 10

Los Angeles LGBT Center 1625 Schrader Blvd. Los Angeles, CA 90028

8745 Santa Monica Blvd 12 West Hollywood, CA 90069

3055 Wilshire Blvd. #360 13 Los Angeles, CA 90010

LAC+USC Medical Center 1640 Marengo St. #300 Los Angeles, CA 90033

Men's Health Foundation 15 92<mark>01 Sunset Bl</mark>vd. #812 West Hollywood, CA 90069

Northeast Valley Health Corporation 16 14624 Sherman Way #600

Van Nuys, CA. 91405 St. John's Family Center 17 808 W. 5th St Los Angeles, CA 90037

St. Mary Medical Center/ Dignity CARE 11045 Atlantic Ave. Suite 1016 Long Beach, CA. 90813

Tarzana Treatment Centers 7101 Baird Ave Reseda, CA 91316

Via Community Healthcare 4755 E. Cesar Chavez Ave. Los Angeles, CA 90022

Watts Healthcare Corporation 10300 Compton Ave. Los Angeles, CA 90002

(323) 869-5490

(323) 329-9900

(562) 247-7752

(323) 329-9376

(323) 205-5422

(562) 964-5369

(866) 733-5924 ext. 5322 (866) 733-5924 ext. 5322

(866) 733-5924 ext. 5322

(866) 733-5924 ext. 5322

(323) 993-8990

(323) 993-8990

(323) 993-8990

(626) 703-7687

(310) 550-1010

(818) 923-9160

(323) 541-1600 ext. 1079

(562) 624-4999

(818) 342-5897

(323) 825-8310

(310) 722-2817

OUR



PrEP is a medication that helps reduce your risk of getting HIV.

