

Meningococcal Disease Outbreak among Gay and Bisexual Men

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Acute Communicable Disease Control Program: Who We Are & What We Do

- ~70 doctors, nurses, epidemiologists, and health educators
- Key activities
 - Surveillance for reportable infections
 & syndromes
 - Outbreak and case investigations
 - Collaborative prevention programs
 - Emergency and BT preparedness
 - Consultation to healthcare providers
 - Public health research





Meningococcal Disease Background

- Type of infections meningitis, sepsis, pneumonia
- Decreasing incidence currently ~15 cases/yr in LAC
- Institutional outbreaks e.g., colleges
- Outbreaks among men who have sex with men (MSM)
 - Prior outbreaks in LAC (2013-14), NYC, Chicago, Paris, Berlin
 - Increased risk with HIV
 - Associated with multiple partners, smoking, crowding
 - Caused by serogroup C, clonal complex cc11



LAC Meningococcal Disease Outbreak: 2012-14

- Based on knowledge of NYC outbreak and 2 cases among MSM in LAC, data on MSM status routinely collected since October 2012
- From Oct 2012 to Sept 2014, 34 cases reported in LAC
 - 13 (38%) among MSM; 5 (38%) died
 - 10 (77%) of MSM cases serogroup C
 - 4 (31%) with HIV infection
- Vaccination recommendation (4/14) for all persons with HIV and MSM with multiple partners or who identify partners using apps, particularly those who smoke or use drugs



Risk Factors for IMD: MSM & non-MSM males >18 yrs old (10/12 - 3/14)*

	MSM (N=11)	Non-MSM (N=12)	P- value**
Drug Use***	5 (45)	1 (8)	0.06
Smoke cigarettes	4 (36)	4 (33)	0.61
Smoke marijuana	5 (45)	2 (17)	0.15
Shared beverages	4 (36)	5 (42)	0.75
Attended large social gatherings	7 (64)	5 (42)	0.26
Met partners online, at bar, streets	5 (45)		
None	1 (9)	3 (25)	0.94

^{*}Data range reflects documented IMD cases at time of vaccine recommendation

^{**}Fisher's Exact Test right-sided p-value.

^{**}Includes cocaine, crystal meth, crack, and "IV drug use".

^{***}Excludes fatal case with unknown history and another who declined to comment how he met his partners.



2016 Meningococcal Disease Outbreak

- Outbreak recognized after several LAC and Long Beach cases in mid- to late-May
- Investigation begun collaboratively with Long Beach,
 Orange County, and California Department of Public Health
- CDC invited to participate in the investigation in early July



Outbreak Case Definition, 2016

Confirmed

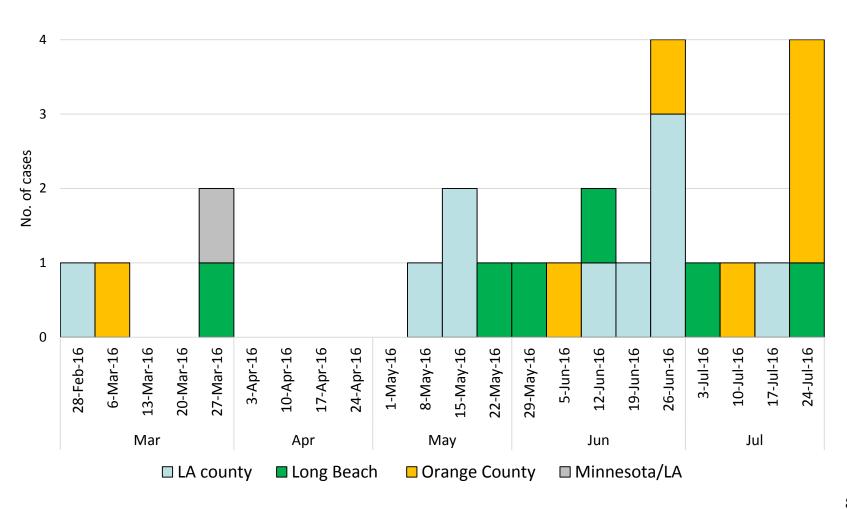
- Invasive meningococcal disease
- Onset since March 1, 2016
- Epidemiological link to LAC, Orange County, or Long Beach
- Caused by Neisseria meningitidis, serogroup C; if sequenced cc11

Possible

Same as confirmed, but pending or unknown serogroup

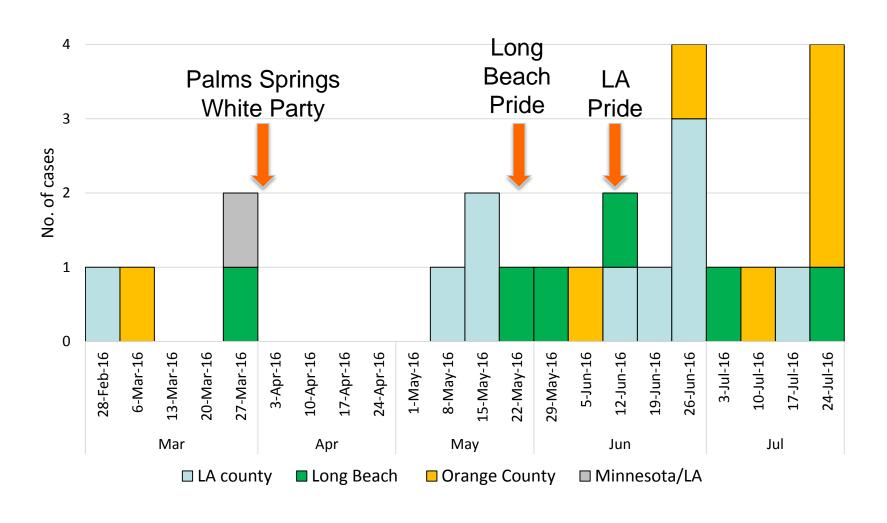


Epidemic Curve





Epidemic Curve with Local Events





Patient Characteristics

- Total cases 24
- Fatal outcome 2 (8%)
- Gender male 22 (92%)
- MSM 19 (79%); HIV positive 2 (8%)
- Age 20-39 years 20 (83%)
- Race/ethnicity White (29%), Latino (46%), Black (13%),
 Asian/Other (13%)

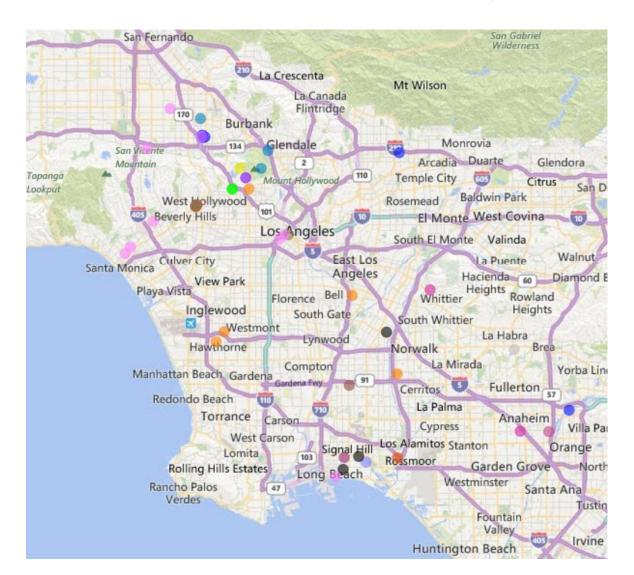


Findings from Case Interviews

- No common geographic location
- No common venues attended
- No common exposures
- No common risk factors



Case Locations – Residence & Activities





Prevention

- Vaccination recommended for
 - All MSM in the affected jurisdictions (and SD)
 - All persons with HIV (national recommendation by ACIP)
- Free vaccine available regardless of health insurance status
- Outreach
 - Information and education via media, LGBT orgs, apps
 - Vaccination through healthcare providers, LGBT orgs, public health clinics, venues



Ongoing Investigations

- Surveillance and investigation of new cases
- Laboratory testing at CDC to identify type cc11
- Outreach to social contacts of cases to identify potential common exposures
- Assessment of meningococcal carriage among gay and bisexual men