

Your Foster Child's Health Checkup Will Include:

- ♥ A history of growth, development and health.
- ♥ A head-to-toe physical exam.
- ♥ A record of height and weight.
- ♥ A review of eating and dental habits.
- ♥ Beginning at age 3, hearing and vision testing.
- ♥ Necessary immunizations.
- ♥ Blood and urine tests and a check for tuberculosis, when needed.
- ☀ Answers to your questions and an explanation of the results of the health checkup.
- ☀ If the tests show a need for further treatment, it is important to follow the advice given to you.



Do You Have Questions?

If you have any questions or concerns about the checkup your foster child received,

OR

If you need assistance finding a doctor or dentist in your area who will accept the Medi-Cal plan that your child has, call the CHDP Program at (800) 993-2437

The Child Health and Disability Prevention (CHDP) Program

provides health exams for children to find and treat health problems early in life. These well-child check-ups are given at no cost to you because your child is in the Medi-Cal Program.

Los Angeles County CHDP Program
9320 Telstar Ave, Suite 226
El Monte, CA 91731

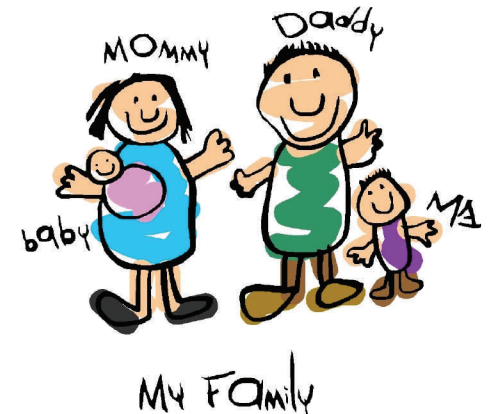
Phone: 1-800-993-2437
Fax: 626-569-9350

April 1, 2004



**County of Los Angeles
Department of Public Health
Children's Medical Services (CMS)
Child Health & Disability Prevention
(CHDP) Program**

Free Health Check-ups for Children in Foster Care



CHDP Foster Care Program

Foster Care Health Check-ups

Foster Children Need Good Health Care



Regular health check-ups are an important part of care you give your foster child. Often foster children have had little

or no health care. They may have more health problems than other children and have problems that you cannot see. A health problem found and treated at an early stage may prevent further complications and decrease medical costs.

Frequent Checkups Are Important



The Medi-Cal program will pay for frequent checkups for children in Foster Care.

Take your child for a checkup at each of the following ages:

Six checkups are needed during the first year of life:

Under 1 month	5-6 months
1-2 months	7-9 months
3-4 months	10-12 months

Two checkups are needed during the second year of life:

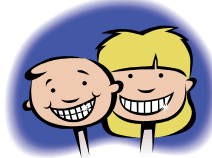
13-15 months	16-23 months
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One checkup is needed every year between the ages of 2 and 19 years.



Let's See That Smile!


Children who are 3 years and older should receive a regular dental checkup once a year.




Call now for an appointment

The child's own doctor is the best person to give the health checkups.

For an appointment, call:

 The child's doctor or dentist (must accept the Medi-Cal plan that your child has).

or

 A nearby clinic or health center.

Remember to bring...

At the time of the appointment, please be sure to bring the following items for your child:

- Immunization (shot) record
- Medi-Cal card
- Health Passport or any available health records.

California Children's Services

For more complex health problems, referrals can be made to **California Children's Services (CCS)**. CCS is a program dedicated to the medical care of children who are at risk for or who have serious, chronic and disabling physical conditions or diseases. The program also provides medical case management and financial assistance for eligible children.

For more information call:
(800) 288-4584