

WHAT'S GOING ON

SEPTEMBER

AAIMM

SPA 5/6



Who We Are

A **collaborative partnership** between LA County Departments of Public Health, Health Services, Mental Health, First 5LA, birth workers, community members, community-based organizations, health care providers, faith-based organizations, and businesses **united in reducing the rates of African American infant and maternal mortality/morbidity** in the South LA and South Bay community.

What We Do

We work to **elevate the needs of the community** and implement strategies by **addressing the impact of racism**, catalyzing **community action**, and promoting wellness and equitable healthcare strategies for Black families through our four workgroups:

- Family Centered Models of Care
- Community Outreach and Engagement
- Funders Circle
- Integrative Community Solutions

Every African American/Black mother/birthing person and child deserves a joyous pregnancy and healthy birth.

How Can You Get Involved?

We host regional meetings every other month. We encourage you to join us as we work together to end the injustice of Black/African American infant and maternal deaths in South LA and the South Bay.



2025 Bi-Monthly Meeting Dates

January 30, 2025
March 27, 2025
May 29, 2025
July 26, 2025
September 25, 2025
November 20, 2025

Community Baby Showers
Saturday, April 12, 2025
Black Maternal Health Week

Saturday, June 14, 2025
Juneteenth/Father's Day



Note: meeting dates are subject to change



AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE

SOUTH LA / SOUTH BAY COMMUNITY ACTION TEAM

Scan the QR Code with your phone's camera to join our emailing list, today!



For More Information Contact:
SLASBAAIMM@gmail.com



[@blackinfantsandfamiliesla](https://www.instagram.com/blackinfantsandfamiliesla)

www.blackinfantsandfamilies.org



JOIN THE MOVEMENT

South Los Angeles/South Bay African American Infant and Maternal Mortality Community Action Team (SLASB AAIMM CAT)



2025

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ACT NOW TO PROTECT BLACK MOTHERS AND BABIES.

We are uniting to celebrate and support Black mothers, babies, and families by providing culturally rooted care and advocacy, ensuring joyous and safe births for all.

The Los Angeles County African American Infant and Maternal Mortality (AAIMM) Prevention Initiative brings together the Department of Public Health, First 5 LA, the LA County Departments of Health Services and Mental Health, community organizations, healthcare providers, funders, and community members.

Follow us: [@BlackInfantsAndFamiliesLA](#) for more information and to become part of the AAIMM network.
Learn more: [BlackInfantsAndFamilies.org](#)



AFRICAN AMERICAN INFANT
AND MATERNAL MORTALITY
PREVENTION INITIATIVE
[BlackInfantsAndFamilies.org](#)



NURTURING RESILIENCE THROUGH BREASTFEEDING: A POWERFUL ACT OF RESISTANCE

In the face of ongoing challenges, the Los Angeles County African American Infant and Maternal Mortality Prevention (AAIMM) Initiative stands firm in our commitment to Black maternal health.

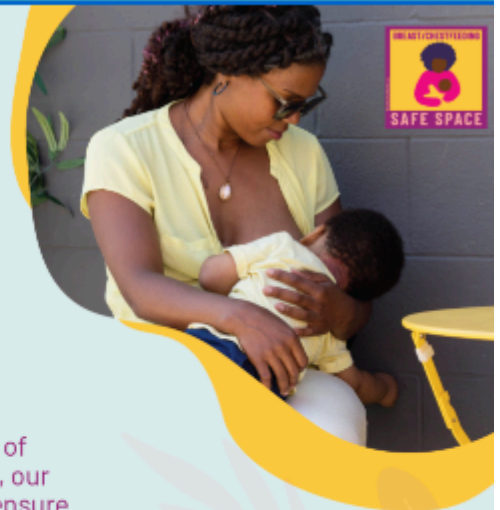
Breastfeeding is a vital act of nourishment AND a form of resistance. It is a reclaiming of control over our bodies, our babies, and our futures. Together, we will continue to ensure that the next generation is nurtured, protected, and empowered.

Find breastfeeding resources and support at:

[BlackInfantsAndFamilies.org](#) | [@BlackInfantsAndFamiliesLA](#) | [fb.com/BlackInfantsAndFamilies](#)



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[BlackInfantsAndFamilies.org](#)



WHAT'S GOING ON

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Safe Travels Start Here

Car Seat Checkup Event

**Because Safety Starts
with a Secure Car Seat
Join Us for a Free
Check-Up!**



**Sign-Up
Scan the QR Code**



**Saturday,
September 13, 2025
10:00 A.M. - 1:00 P.M.**

**CDU/MLK
Center for Public Health
1731 E. 120th St.
Los Angeles, CA 90059**

**For more information:
Vanessa Hernandez-Zermeno
(323) 406-3033**

vhernandezermeno@ph.lacounty.gov



Funding for this program was provided by a grant from the California Office of Traffic Safety,
through the National Highway Traffic Safety Administration



Los Viajes Seguros Comienzan Aquí

Evento de Revisión de Asientos de Seguridad para Niños

**Porque la seguridad
comienza con un asiento
bien instalado
¡Acompáñanos para una
revisión gratuita!**



**Sábado,
13 de septiembre del 2025
10:00 A.M. - 1:00 P.M.**

**CDU/MLK
Center for Public Health
1731 E. 120th St.
Los Angeles, CA 90059**

**Para registrarse,
Escanear el código QR**



**Para más información
Vanessa Hernandez-Zermeno
(323) 406-3033**

vhernandezermeno@ph.lacounty.gov



Funding for this program was provided by a grant from the California Office of Traffic Safety,
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▶▶ West Central Family MHC Wellness Event & Resource Fair

Wednesday, September 10, 2025
11 AM – 2 PM

West Central Mental Health Center
3609 S. 10th Avenue, 1st Floor, Los Angeles, CA 90018
(Parking is available in Structure or Street)

Join us as we host a grand opening of our new clinic location with an afternoon of wellness and fun. We will have music, food, activities, and community resource vendors available. Come and meet West Central Family MHC staff and learn about the Specialty Mental Health Services that we provide in the clinic and in the surrounding community.

For more information, please contact us at kgreenrussell@dmh.lacounty.gov.



▶▶ West Central Family MHC Evento de Bienestar y Feria de Recursos

Miércoles, 10 de septiembre de 2025
11 AM – 2 PM

West Central Mental Health Center
3609 S. 10th Avenue, 1er piso, Los Angeles, CA 90018
(Estacionamiento está disponible en la estructura o en la calle)

Únase a nosotros para celebrar la gran inauguración de nuestra nueva ubicación con una tarde de bienestar y diversión. Tendremos música, comida, actividades, y promotores de recursos comunitarios. Venga a conocer al personal de West Central Family MHC y conozca los servicios especializados en salud mental que brindamos en la clínica y en la comunidad.

Para más información, póngase en contacto con nosotros en kgreenrussell@dmh.lacounty.gov.



Los Angeles County Department of Mental Health Service Area 6 Stakeholder, Community Engagement, and Activity Calendar September 2025

For Approved CAF
Participants Only: All
stipend CAF meetings are
identified by **.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY/SATURDAY
**Asian Pacific Islander UsCC 4th Monday, Sept 22 nd 2 pm - 4 pm For information, email APIUsCC@dmh.lacounty.gov	**MHSA Community Planning 2 nd Tuesday, Sept 9 th 9:30 am - 12:30 pm Los Angeles County's MHSA Community Planning Team Meeting In-Person at St. Anne's Conference Center 155 N Occidental Blvd Los Angeles, CA 90026 For information, email communitystakeholder@dmh.lacounty.gov **Latino UsCC 3 rd Tuesday, Sept 16 th 2 pm - 4 pm For information, email LatinoUsCC@dmh.lacounty.gov	** American Indian/ Alaskan Native UsCC 1 st Wednesday, Sept 3 rd 2 pm - 4 pm For information, email AIANUsCC@dmh.lacounty.gov West Central Mental Health Grand Opening Community Resource Fair Wednesday, Sept 10 th 11 am to 3 pm 3609 S. 10 th Ave. Los Angeles, CA 90018 For more information, email kgreenrussell@dmh.lacounty.gov **Access for All UsCC 2 nd Wednesday, Sept 10 th 10 am - 12 pm For information, email amatpsda@dmh.lacounty.gov **Cultural Competency Committee Meeting 2 nd Wednesday, Sept 10 th 1:30 pm - 3:30 pm For information, email DMHCC@dmh.lacounty.gov **Eastern European/ Middle Eastern UsCC Last Wednesday, Sept 24 th 2 pm - 4 pm For information, email EEMEUsCC@dmh.lacounty.gov	Faith-Based Advocacy Council 1 st Thursday, Sept 4 th 10 am - 12 pm For information, email CVFierro@dmh.lacounty.gov **Black and African Heritage UsCC 1 st Thursday, Sept 4 th 10 am - 12 pm For information, email BAHUsCC@dmh.lacounty.gov **LGBTQIA2-S UsCC 1 st Thursday, Sept 4 th 2 pm - 4 pm For information, email LGBTQIA2SUsCC@dmh.lacounty.gov South L.A. Health Neighborhood 2 nd Thursday, Sept 11 th 11 am - 12:30 pm For information, email Kthompson@dmh.lacounty.gov **Behavioral Health Full Commission Meeting 2 nd Thursday, Sept 11 th 11:00 am - 1:30 pm For information, email MHCommission@dmh.lacounty.gov **Service Area 6 Leadership Team Meeting (SALT6) 3 rd Thursday, Sept 18 th 10 am - 12 pm For information, email SALT6@dmh.lacounty.gov	SS6 Clergy Breakfast 3 rd Friday, every other month Sept 19 th 10 am - 12 pm For information, email Kthompson@dmh.lacounty.gov **MHSA Community Planning Friday, Sept 26 th 9:30 am - 12:30 pm Los Angeles County's MHSA Community Planning Team Meeting For information, email communitystakeholder@dmh.lacounty.gov

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The September Doula Mingle is more than an event, it's a space where our community's collective knowledge and support shine. When doulas, advocates, and partners come together, *each one teaches one* and we all leave stronger than we came.

Join us at **The Gathering Spot LA** on **September 23rd, 2025** to connect with **Community Doula Champions**, birth workers, advocates, and Managed Care Plan representatives from across Los Angeles and southern California. Whether you're just starting your doula journey or have years of experience, this is your opportunity to learn, share, and find solidarity.

REGISTER NOW

At the Mingle, you'll have the chance to:

- Socialize and build connections with doulas and birth advocates
- Access our **Tech Support Room** for NPI, PAVE Portal, and billing help
- Meet with Managed Care Plan representatives for contracting and family resourcing information
- Share your own expertise and learn from peers in a welcoming, collaborative environment

Register now to secure your spot: bit.ly/doulamingleform



WHAT'S GOING ON

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At BreastfeedLA, we believe that community solutions are the most powerful ones. That's why we are so proud to celebrate the launch of [The Restoration Project \(TRP\)](#), founded by our dear friend [Kimberly Seals Allers](#).

The Restoration Project is an innovative national infant feeding security network created to ensure that babies who lose their mothers to pregnancy-related deaths are not left without the vital nutrition of human milk.

In partnership with the Human Milk Banking Association of North America (HMBANA), TRP provides a rapid response system that delivers a 7-day supply of donor human milk to families in crisis, while also building a nationwide network to collect and distribute milk to those in need.

This kind of thoughtful, community-centered response is exactly what our families deserve. It makes sure that no door is left open for formula companies to market themselves as "saviors" in these moments of grief. Instead, it affirms the power of human milk and the strength of collective care.

While we hope that no family in our community ever has to face such circumstances, we are deeply grateful to Kimberly and HMBANA for creating a solution rooted in love, justice, and compassion. Their leadership reminds us that together, we can restore hope for families when they need it most.

With gratitude,

A. Palmer



Our Post-Summit Report captures the key conversations and next steps from last fall's Equity Summit. Rooted in a community-centered lens, it offers a roadmap for advancing equity and reducing disparities in infant feeding.

[VIEW OUR POST SUMMIT REPORT](#)

**BOOBS
BREWS
& 90'S
GROOVES**

**23
OCTOBER**

5:00PM PST

Chloe's at Golden Road, Atwater Village
5410 W San Fernando Rd
Los Angeles, CA 90039

BreastfeedLA
<https://bit.ly/BFLABIRTHDAY>

[GET YOUR TICKET TODAY!](#)

WHAT'S GOING ON

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MLK Community Healing and Trauma Prevention Center
Free Workshop Schedule

September 2025

11833 S. Wilmington Ave., Los Angeles 90059

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AZTEC DANCE <i>Healing through dance</i> Every Monday 5:30 PM – 7:00 PM <i>In-person, CER Room</i> <i>*Except, 09/01/25</i>	MINDFUL WALKS <i>Mindful walks to bring focus and calm</i> Every Tuesday 9:00 AM – 9:30 AM <i>In-person, Meet in front of MLK</i>	MINDFUL WALKS <i>Mindful walks to bring focus and calm</i> Every Wednesday 9:00 AM – 9:30 AM <i>In-person, Meet in front of MLK</i>	AZTEC DANCE <i>Healing through dance</i> Every Thursday 5:30 PM – 7:00 PM <i>In-person, CER Room</i>	HEALING THROUGH ART <i>Promotes healing, wellness, and change within through art and creativity</i> September 5th & 19th 11:00 AM – 12:30PM <i>In-person, CER</i>	TRAIN OF THOUGHT <i>Scholastic chess tournament grades K-12</i> September 6th 10:00 AM – 2:00 PM <i>In-person, CER Room</i>
MINDFUL YOGA <i>A self-care practice that connects the body, mind, and breath</i> Every Monday 10:00 AM – 11:00 AM <i>In-person, CER Room</i> <i>*Except, 09/01/25</i>	MINDFUL MEDITATION Every Tuesday 1:15 PM – 1:45 PM <i>In-person, Healing Room</i>	NEW CHALLENGES <i>Mental health support group with licensed clinicians</i> Every Wednesday 2:30 PM – 4:00 PM <i>In-person, Healing Room</i>	CAFECITO CHATS <i>Join us as we discuss mental health topics and enjoy a cup of coffee</i> September 18th 10:00 AM – 11:00 AM <i>In-person, Healing Room</i>	FOUNDATIONS OF TRAUMA INFORMED CARE: STRESS & ITS IMPACT <i>Discussing the impact of trauma on the brain, development behavior, and the meaning behind the behavior</i> September 12th 11:00 AM – 12:30PM <i>In-person, CER</i>	
		Family Math Storytime <i>Literacy and early math skills</i> September 3rd 5:00 PM – 6:00 PM <i>In-person, CER Room</i>	TASTY THURSDAY <i>FREE produce giveaway</i> September 4th and 18th 12:00 PM <i>*Until supplies last</i> <i>In-person, CER Room</i>		
		PAINT & SIP <i>Canvas painting</i> September 10th 4:30 PM – 7:00 PM <i>In-person, CER Room</i>			
		Having Her Say: Black Mother's Narrative <i>Focus group</i> September 17th 11:00 AM to 12:30 PM <i>In-person, CER Room</i>			
		HEALING HORIZONS <i>Provide trauma informed workshop for Willowbrook community members</i> September 17th 5:00 PM – 7:00 PM <i>In-person, CER Room</i>			



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FAMILY CENTERED MODELS OF CARE WORKGROUP

Strengthening the Village

WORKGROUP GOAL

To reduce the incidence of Black maternal and infant deaths in South LA/South Bay (SPA 6/8) by strengthening the village of support to and around mother and baby.

FOCUS AREAS:

- Collaborate with LA County Perinatal and Early Childhood Home Visitation Consortium
- Support Fatherhood Engagement (Expectant Fathers and Black Daddy Dialogue)
- Collaborate with BreastfeedLA to support, promote, educate, and empower Black Breast/Chestfeeding
- Support Breastfeeding throughout SPA 6/8 and LA County

JOIN US

Every 1st Wednesday of the month from 12PM-1:30PM

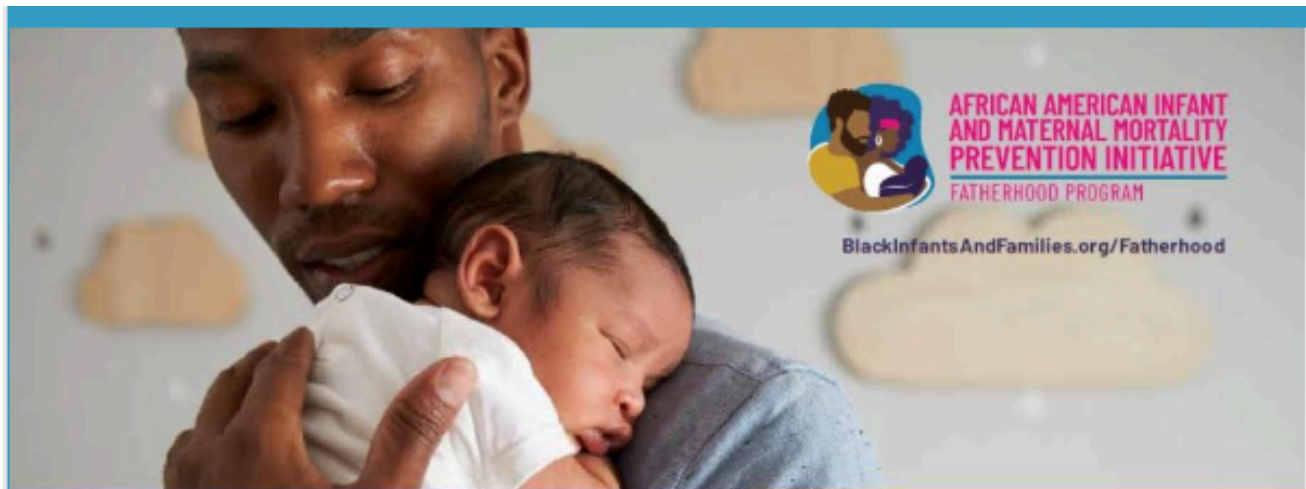
Scan the QR Code to Join Virtually

Contact Us! | Debrina Campbell,
dcampbell2@ph.lacounty.gov



AFRICAN AMERICAN INFANT
AND MATERNAL MORTALITY
PREVENTION INITIATIVE
SOUTH LA / SOUTH BAY COMMUNITY ACTION TEAM

WHAT'S GOING ON



EXPECTING FATHERS GROUP

DADS, GET READY FOR FATHERHOOD!

Sign up for the Expecting Fathers Group for Black Dads. Become empowered to advocate for yourself and your partner. Our community of support will help you access the tools you need.

To learn about upcoming dates and sign up for our **FREE Zoom workshops**, please email: DPH-AAIMMFatherhood@ph.lacounty.gov.



FATHERS, SCAN TO ENROLL

Or text **DAD** to 323-745-2771
to learn more about our
Fatherhood Program.

CHOOSE YOUR SESSION TIME:

Tuesdays
@ 6:30 PM

OR

Thursdays
@ 9:30AM

SESSION DATES AND TOPICS:

Feb. 18th	Prenatal Support & Birth Plan. AAIMM info!
Feb. 25th	Labor and delivery
Mar. 4th	Postpartum support. Postpartum depression.
Mar. 11th	Infant care/ Safe Sleeping/ Breastfeeding
Mar. 18th	Resources/ Recap/ Gift!



**BLACK DADS MATTER.
LET'S HELP EACH OTHER IN OUR FATHERHOOD JOURNEY.**

Funded by the California Department of Public Health Perinatal Equity Initiative via the Los Angeles County Department of Public Health Division of Maternal, Child and Adolescent Health.

WHAT'S GOING ON

THE CALIFORNIA Abundant BIRTHPROJECT

CELEBRATE YOUR BIRTH JOURNEY

Apply for the chance to receive a monthly cash gift during pregnancy and postpartum.

NO STRINGS ATTACHED.

ELIGIBILITY

- Live in Alameda, Contra Costa, Los Angeles, or Riverside counties
- Be 8-27 weeks pregnant at the time of the Abundance Drawing
- Meet income requirements*
- Meet one of the top five risk factors for preterm birth, including:
 - Identifying as Black
 - Have had a previous preterm birth
 - Have preexisting hypertension
 - Have preexisting diabetes
 - Have sickle cell anemia (SCA)



For more information, required documents, and to apply, visit

ABUNDANTBIRTHPROJECT.ORG



County of Los Angeles
Public Health

The California Abundant Birth Project is designed to provide monthly cash gifts to eligible participants in order to support women/birthing people that are at highest risk of disparate pregnancy/birthing outcomes.

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BLACK DADDY DIALOGUE

Black Infants & Families
LOS ANGELES

OUR GOAL

Changing the Narrative of African American/Black Fathers and Families

WHAT WE DO

- Assistance for Black father/figures who support pregnant women or children 0-5 years old
- Loss/grief support services
- Feeding the mind, body and spirit of fathers to support the African American/Black mother

CONTACT US



LeHenry Solomon
Fathersforabrighterfuture@gmail.com



Phone: (424) 223-2133

OUR AUDIENCE



Fathers/father figures of all ages raising African American/Black children are welcome!

VIRTUAL MEETINGS EVERY 2ND WEDNESDAY AT 6:30PM



January 8, 2025

April 9, 2025

February 12, 2025

May 14, 2025

March 12, 2025

June 11, 2025

JOIN US



Zoom Link: <https://tinyurl.com/SLASBBDD>

Call or text DAD to (323) 745-2771 to learn about our Fatherhood Program

Note: dates and times are subject to change



AFRICAN AMERICAN INFANT
AND MATERNAL MORTALITY
PREVENTION INITIATIVE
BlackInfantsAndFamilies.org

Supported by the South LA/South Bay African American Infant and Maternal Mortality Community Action Team

WHAT'S GOING ON



LIBERATION LACTATION LOUNGE

FOR US BY US

INDIVIDUALIZED SUPPORT

Join our FREE lactation clinic, a safe haven exclusively staffed by passionate Black Lactation Consultants (IBCLC) and Lactation Educator Specialists (LES). We are here to help you achieve your infant feeding goals!

VIRTUAL AND IN-PERSON

By appointment only. No insurance required, and completely free. We offer support with:

- Breastfeeding Challenges
- Painful Latch
- Pumping
- Prenatal Lactation Education Classes
- Milk Supply
- ...And More!

TITTIES 'N TEA

A virtual and in-person support group of prenatal and breast/cheestfeeding Black birthing people uplifting each other and building community. Come sip on some tea while getting the tea on lactation and more.

- Wednesdays 2:30pm-4:30pm
- RSVP weekly at tinyurl.com/tittiesnteas

CONTACT:
 323-210-8505
joberson@breastfeedla.org
 657 E. Albertoni St., Suite 108, Canan, CA 90746
www.breastfeedla.org

Logos: BreastfeedLA, motherhood, VILLAGE FUND, babycenter

This project is funded in part by L.A. Care Health Plan and will benefit low-income and uninsured residents of Los Angeles County. Support is also provided by The Village Fund (African American Infant and Maternal Mortality Prevention Initiative).



black infant health
Empowering Pregnant and Mothering Black Women

Orange County

blackinfanthealth.org

Parenting or Pregnant?

Black Infant Health (BIH) aims to improve health among Black/African American mothers and babies by empowering pregnant and mothering Black/African American women to make healthy choices for a brighter future.

SERVICES

- IN-PERSON SESSIONS** for prenatal (10 sessions) & postpartum (10 sessions)
- LIFE COACHING** and case management
- REFERRALS** for family and healthcare needs
- SUPPORT SERVICES** provided by an integrated team of professionals including a public health nurse and mental health professional
- CLASSES** in breastfeeding, nutrition, and parent education
- BIRTHING INFORMATION** and connections to vital care

ELIGIBILITY

- 16 years or older
- Identify as Black/African American
- Currently pregnant or up to 6 months postpartum

GET IN TOUCH:
bihoc@breastfeedla.org
 or call: 714-834-7747

Logos: cchealth CARE AGENCY, BreastfeedLA 11/2/24, FIRST5 ORANGE COUNTY



Care First Community Investment (CFCI) African American Infant & Maternal Mortality Prevention Initiative (AAIMM) Doula Programs

Pregnancy and Infant Loss Support Group

We welcome parents and family members to join a 10-week Pregnancy and Infant loss support group, providing a secure and empathetic setting where you can openly discuss your experiences of loss with others who are navigating similar challenges.

Location: Provided after confirmed registration (Inglewood: Manchester and La Brea area)
Date: Wednesdays May 7, 2025
Time: 6PM
 *Refreshments available

Registration:
tinyurl.com/cfciaaimmsupportgroup

Logos: AFRICAN AMERICAN INFANT AND MATERNAL MORTALITY PREVENTION INITIATIVE, COUNTY OF LOS ANGELES Public Health



EDD

Moms-to-be, the EDD's free, interactive webinars allow you to learn more about Disability Insurance and Paid Family Leave from the comfort of your own computer.

Learn more at edd.ca.gov/en/disability/Events_Calendar/.