

MON	TUE	WED	THU	FRI	SAT
					1 9:30am – 11:00am CardioSole Beginners Line Dancing Contact Donetta to Register
3 6:00pm – 7:00pm Know the Scams, Don't Be a Victim Click Here to Join or Join by Phone: (323) 776-6996 Passcode: 867 235 204#	4 9:00am – 11:00am CardioSole Intermediate Advanced Line Dancing Contact Donetta to Register 12:30pm – 2:30pm Ticket Relief Court 2:00pm – 3:00pm Recognizing and Responding to an Overdose with Naloxone Click Here To Join or Join by Phone: (323) 776-6996 Passcode: 884 705 091# 5:45pm – 7:15pm CardioSole Beginners Line Dancing Contact Donetta to Register	5 12:00pm – 2:00pm Garden and Nutrition Education Workshop Contact Alejandra to Register 6:00pm – 7:00pm Stress Management (Spanish) Click Here to Join or Join by Phone: (323) 776-6996 Passcode: 516 662 601#	6	7 10:00am – 11:00am Virtual Walking Club (Spanish) Click Here To Join or Join by Phone: (669) 444-9171 Meeting ID: 884 1524 8746# Passcode: 002265# 11:30am – 1:00pm CardioSole Beginners Line Dancing Contact Donetta to Register 2:00pm – 3:00pm Ask a Nurse: Communicable Diseases Prevention Workshop	8
10 6:00pm – 7:00pm Preserving Your Memory Click Here to Join or Join by Phone: (323) 776-6996 Passcode: 867 235 204#	11 9:00am – 11:00am CardioSole Intermediate Advanced Line Dancing Contact Donetta to Register 2:00pm – 3:00pm Understanding the Connection Between Substance Use Disorders and Mental Health Click Here To Join or Join by Phone: (323) 776-6996 Passcode: 265 516 472# 5:45pm – 7:15pm AD4L Soul Dancing Contact Stacy to Register	12 10:00am – 11:30am Garden Workshop – Summer Vegetables Click link to register: https://forms.gle/jCchQSSUCPjFUSC6 2:00pm – 3:00pm Ask a Nurse: West Nile Virus and other Mosquito Borne Diseases Workshop 6:00pm – 7:00pm Grief and Loss (Spanish) Click Here to Join or Join by Phone: (323) 776-6996 Passcode: 516 662 601#	13 10:00am – 12:00pm FREE Food Distribution Walk-up only, first-come first-served, while supplies last	14 10:00am – 11:00am Virtual Walking Club (Spanish) Click Here To Join or Join by Phone: (669) 444-9171 Meeting ID: 884 1524 8746# Passcode: 002265# 11:30am – 1:00pm CardioSole Beginners Line Dancing Contact Donetta to Register	15 12:00pm – 2:00pm Garden Workshop with Cal Fresh Healthy Living Click link to register: https://forms.gle/jCchQSSUCPjFUSC6

MON	TUE	WED	THU	FRI	SAT
<p>17</p> <p>6:00pm – 7:00pm Bullying Click Here to Join or Join by Phone: (323) 776-6996 Passcode: 867 235 204#</p>	<p>18</p> <p>9:00am – 11:00am CardioSole Intermediate Advanced Line Dancing Contact Donetta to Register</p> <p>2:00pm – 3:00pm Your Teen and Substance Use Click Here To Join or Join by Phone: (323) 776-6996 Passcode: 286 761 308#</p> <p>5:45pm – 7:15pm CardioSole Beginners Line Dancing Contact Donetta to Register</p>	<p>19</p> <p>Closed in Observance Juneteenth Day</p> <p>6:00pm – 7:00pm Hoarding (Spanish) Click Here To Join or Join by Phone: (323) 776-6996 Passcode: 516 662 601#</p>	<p>20</p> <p>11:00am – 1:00pm Kinship Academy Monthly Training Contact Mary to Register</p> <p>2:00pm – 3:00pm Recognizing and Responding to an Opioid Overdose with Naloxone Contact Steve to Register</p>	<p>21</p> <p>10:00am – 11:00am Virtual Walking Club (Spanish) Click Here To Join or Join by Phone: (669) 444-9171 Meeting ID: 884 1524 8746# Passcode: 002265#</p> <p>11:30am – 1:00pm CardioSole Beginners Line Dancing Contact Donetta to Register</p> <p>2:00pm – 3:00pm Ask a Nurse: Hepatitis Workshop</p>	<p>22</p> <p>9:30am – 11:00am CardioSole Beginners Line Dancing Contact Donetta to Register</p>
<p>24</p> <p>11:00am – 12:00pm Know the Scams, Don't Be a Victim Click Here to Join</p> <p>6:00pm – 7:00pm Managing your Medication Click Here to Join or Join by Phone: (323) 776-6996 Passcode: 867 235 204#</p>	<p>25</p> <p>9:00am – 11:00am CardioSole Intermediate Advanced Line Dancing Contact Donetta to Register</p> <p>5:45pm – 7:15pm AD4L Soul Dancing Contact Stacy to Register</p>	<p>26</p> <p>9:30am – 11:30am Garden and Nutrition Education Workshop Contact Alejandra to Register</p> <p>2:00pm – 3:00pm Ask a Nurse: Salmonella and Food Safety Workshop</p> <p>6:00pm – 7:00pm Health, Wellness, and Wholeness (Spanish) Click Here to Join or Join by Phone: (323) 776-6996 Passcode: 516 662 601#</p>	<p>27</p> <p>10:00am – 12:00pm FREE Produce Distribution Walk-up only, first-come first-served, while supplies last</p> <p>2:00pm – 3:00pm Recognizing and Responding to an Overdose with Naloxone Click Here To Join or Join by Phone: (323) 776-6996 Passcode: 884 705 091#</p>	<p>28</p> <p>10:00am – 11:00am Virtual Walking Club (Spanish) Click Here To Join or Join by Phone: (669) 444-9171 Meeting ID: 884 1524 8746# Passcode: 002265#</p> <p>12:00pm – 3:00pm New You Resource Fair</p>	<p>29</p> <p>9:30am – 11:00am CardioSole Beginners Line Dancing Contact Donetta to Register</p>

To register, please contact:

- Donetta:** (323) 445-4491 | **CardioSole Line Dancing**
- Stacy:** (323) 804-0918 | **AD4L Soul Line Dancing**
- Mary:** (310) 908-4183 | **Kinship Academy Monthly Training**
- Alejandra:** (213) 554-4500 | **Gardening and Nutrition Class**
- Steve:** scagle@ph.lacounty.gov | **Recognizing and Responding to an Opioid Overdose with Naloxone**



123 W. Manchester Blvd.
Inglewood, CA 90301
<http://publichealth.lacounty.gov/chs/CTCCW.htm>



Programming Hours

Monday: 8:00 AM - 4:00 PM
Tuesday - Wednesday: 8:00 AM - 7:30 PM
Thursday - Friday: 8:00 AM - 4:00 PM
Saturday: 8:00 AM - 3:00 PM
Sunday: Closed



For more information, to partner with the Curtis Tucker Center for Community Wellness, or to be added to our listserv please contact:

CurtisTuckerCCW@ph.lacounty.gov