SHIGELLOSIS

CRUDE DATA		Figure 91
Number of Cases	848	Shigellosis
Annual Incidence ^a		Incidence Rates by Year
LA County	9.4	LAC and US, 1988-1997
California	5.1	40 Cases per 100,000
United States	8.6	35
Age at Onset		30
Mean	19	20
Median	8	15
Range	<1-89 yrs	
Case Fatality		
LA County	0.1%	88 89 90 91 92 93 94 95 96 97
United States	N/A	Year

^aCases per 100,000 population.

ETIOLOGY

Shigella is a gram-negative bacillus with four serogroups: S. dysenteriae (group A), S. flexneri (group B), S. boydii (group C), and S. sonnei (group D).

DISEASE ABSTRACT

In 1997, there was a decrease in incidence of shigellosis, reaching a five-year low (Figure 91). *Shigella flexneri* and *S. sonnei* were most

prevalent (Figure 92). There were five shigellosis outbreaks reported in 1997. One outbreak occurred at a private party; two took place at developmentally disabled facilities; and the remaining two occurred in child day-care situations.

STRATIFIED DATA

Trends: The incidence of reported shigellosis in 1997 decreased to its lowest rate in five years. Compared to the previous year, the rate decreased by 26%. Reasons for the decline in reported incidence are unknown. Shigellosis incidence rates continue to be highest among the young, with more than one-half of all cases occurring in those under fifteen and



approximately one-third under the age of five.

Seasonality: The typical seasonal increase in shigellosis during the summer and early fall, with peak incidence in August, continued in 1997 (Figure 93).

Age: Seventy-eight percent of cases occurred among persons under 35, and 55% were in children under 15. The highest rate, 45.7 per 100,000 population, was seen among 1- to 4-year-olds, and represents a decrease of 19% from 1996. The rates of shigellosis declined in all age groups (Figure 94).

Sex: The male-to-female ratio was 1:1.1.

Race/Ethnicity: In 1997, the incidence of

shigellosis continued to be highest among Hispanics (12.26 per 100,000 population). The rates decreased 56% in Blacks, 29% in Hispanics, and 21% in Whites. The rates among Asians remained low and relatively stable (Figure 95).

Location: The highest rates of shigellosis in 1997 were in the Southeast (18.86 per 100,000), San Antonio (14.07 per 100,000 population), and Central (14.04 per 100,000) Health Districts (Map 12).

COMMENTS

Potential Sources: Among cases, the most frequently reported exposure was international travel





(18%), followed by exposure to an ill individual in the household (14%). Other reported exposures included participation in an outdoor activity (e.g., hiking, camping, fishing, swimming) (10%), contact with an ill individual outside the household (5%), travel within the United States (5%), contact with a daycare center (5%), and drinking untreated water (4%).

Transmission Risks: Individuals in sensitive occupations (e.g., foodhandling, taking care of others) or sensitive situations (e.g. daycare) may pose a transmission risk to the community. In 1997, 11% of cases had a sensitive occupation/situation. An additional 8% of cases had household contacts in sensitive occupations/situations. Thirty-six percent of the contacts in sensitive occupations/situations had gastrointestinal symptoms. Cases and symptomatic contacts in sensitive occupations are routinely removed from work or the situation until they are cleared.



MAP 12. Shigellosis (Age-Adjusted Rate) Rates by Health District, Los Angeles County, 1997*