

Wash Your Hands

with soap and warm water for 15-20 seconds
Protect yourself. Prevent disease!



Lave sus Manos

con jabón y agua tibia por 15-20 segundos
¡Protéjase a usted mismo. Prevenga enfermedades!

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Nhớ rửa tay ត្រូវលាងដៃរបស់អ្នក โปรดล้างมือ
Мойте руки MAGHUGAS NG KAMAY اغسل يديك
دست هایتان را بشوئید

For more information, visit
www.lapublichealth.org

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