

Wash Your Hands

with soap and warm water for 15-20 seconds

Protect yourself. Prevent disease!



Լվացե՛ք Ձեր Ձեռքերը 請洗手 손을 씻읍시다

Nhớ rửa tay Lávese las manos โปรดล้างมือ

Мойте руки ត្រូវលាងដៃរបស់អ្នក اغسل يديك

MAGHUGAS NG KAMAY دست هایتان را بشوید

PHA5.2006

For more information, visit
www.lapublichealth.org



COUNTY OF LOS ANGELES
Public Health

This publication was supported by Grant/Cooperative Agreement Number U90/CCU917012-06 from CDC. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC.