

FISH IS **GOOD** FOR YOU WHEN FISH IS **SAFE** TO EAT!

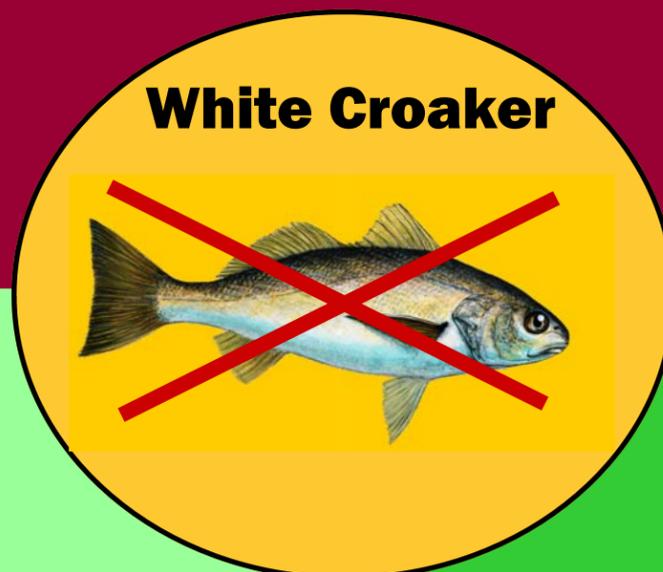
White croaker, also known as kingfish or tomcod, caught from certain areas off the coast of Los Angeles County may contain higher levels of the chemicals DDTs and PCBs. White Croaker with high levels of these chemicals were found in markets.

Here's What you can do

To protect your health

Market Owners

Consumers



To reduce the risk of selling contaminated fish in your market:

- ➔ Buy fish only from approved sources: licensed fish wholesalers, distributors or commercial fishermen
- ➔ Know where your suppliers are catching their fish
- ➔ Keep and file all invoices when fish is purchased

Ask where the fish comes from and be sure that your market owner is aware of local fish contamination issues.

- ➔ Buy fish from market owners who get fish from approved sources
- ➔ Your fish is likely to be safe to eat, if your market owner is buying from approved sources

For more information contact your Local Health Department

Los Angeles County
(213) 738-3220

Orange County
(714) 667-3600

City of Long Beach
(562) 570-4134

